

Detailed Agenda

SATURDAY, SEPTEMBER 13

8:30 AM - 5:00 PM

Executive Board Meeting
Kentucky - Lower Level A (Hyatt)

SUNDAY, SEPTEMBER 14

8:30 AM - 12:00 PM

Executive Board Meeting
Kentucky - Lower Level A (Hyatt)

1:00 PM - 4:00 PM

Registration Subcommittee Meeting
Woodford - Mezzanine Level (Hyatt)

4:30 PM - 7:00 PM

Registration/Silent Auction Drop Off
Bluegrass Prefunction - Third Level (Lexington Center)

MONDAY, SEPTEMBER 15

7:00 AM - 7:00 PM

Registration Opens/Silent Auction Drop Off
Bluegrass Prefunction - Third Level (Lexington Center)

8:00 AM - 11:30 AM

Pre-Conference Workshop
Current Science and Practice in Home Food Preservation
Presenter: Elizabeth Andress
Patterson B/C - Lower Level B (Hyatt)

8:00 AM - 11:30 AM

Pre-Conference Workshop
Better, Safe and Sustainable Living with New Product
Innovations for the Home
Presenter: Nancy Bock
Scott/Woodford - Mezzanine Level (Hyatt)

11:30 AM - 12:30 PM

Exhibits Committee Meeting
Jessamine - Mezzanine Level (Hyatt)

11:30 AM - 12:30 PM

Arrangements Committee Meeting
Franklin - Mezzanine Level (Hyatt)

1:00 PM - 3:30 PM

General Session
See page 13 for session details.
Bluegrass Ballroom - Third Level (Lexington Center)

3:45 PM

Load buses for Welcome Event
High Street in front of Hyatt/Lexington Center

4:30 PM - 9:00 PM

Welcome Event - Kentucky Horse Park

9:30 PM - 10:30 PM

Silent Auction Drop Off/Awards Logistics Meeting
Jessamine - Mezzanine Level (Hyatt)



In-depth Session Bus Loading/Departing Times

Tuesday, September 16

Session	Board	Depart	Host	Host E-mail
A Simple Life at Shaker Village	7:25 AM	7:40 AM	Christy Nuetzman	christy.nuetzman@uky.edu
Bluegrass Trust Historic Homes Walking Tour	8:30 AM	8:45 AM	Nancy Kelley	nancy.kelley2@uky.edu
Boone Tavern Hotel & Berea College	7:35 AM	7:50 AM	Luci Hockersmith	luci.hockersmith@uky.edu
BYOT - Bring Your Own Technology	Patterson C - Lower Level A (Hyatt)	Patterson C - Lower Level A (Hyatt)	Jody Rosen Atkins	jody@neafcs.org
Campus Butcher Shop	8:15 AM	8:30 AM	Kenna Knight	kknight@uky.edu
Evans Orchard	8:10 AM	8:25 AM	Connie Minch	constance.minch@uky.edu
Good Food in an Urban Desert	8:00 AM	8:15 AM	Lynn Blankenship	lynn.blankenship@uky.edu
KY Artisan Center	7:45 AM	8:00 AM	Glenna Wooten	gwooten@uky.edu
KY Textiles	7:50 AM	8:05 AM	Jennifer Klee	jbklee@uky.edu
Lexington Farmers' Market	9:00 AM	9:15 AM	Steve Musen	steve.musen@uky.edu
Old Friends Retirement Home	8:05 AM	8:20 AM	Jane Proctor	jproctor@uky.edu
Sanders Brown Center on Aging	7:30 AM	7:45 AM	Jill Harris	jbharris@uky.edu
Social Marketing & FCS Extension	8:15 AM	8:30 AM	Teresa Montgomery	teresa.montgomery@uky.edu
The Children's Garden	8:15 AM	8:30 AM	Dayna Parrett	dayna.parrett@uky.edu
The Woolery	7:30 AM	7:45 AM	Mary Hixson	mhixson@uky.edu
Toyota	7:25 AM	7:40 AM	Shelia Fawbush	sfawbush@uky.edu
UK South Farm	8:45 AM	9:00 AM	Sara B. Martin	sbogle@uky.edu
Weisenberger Mills & Woodford Reserve	8:00 AM	8:15 AM	Leslie Workman	leslie.workman@uky.edu



Detailed Agenda

TUESDAY, SEPTEMBER 16

6:00 AM

Wellness Activity - Strengthen & Stretch by Rita Stewart
Kentucky - Lower Level A (Hyatt)

7:00 AM - 5:00 PM

Registration Opens
Bluegrass Prefunction - Third Level (Lexington Center)

12:30 PM - 5:00 PM

Exhibitor Move In
Bluegrass Prefunction - Third Level (Lexington Center)

7:30 AM - 12:00 PM

In-depth Sessions
Buses for all in-depth sessions being held off-site will load from High Street bus lane. Check page 15 for bus loading times.

The on-site in-depth session, Bring Your Own Technology, will be held in Patterson B - Lower Level A (Hyatt).

Tickets for in-depth sessions were purchased during online registration before your arrival at the Annual Session. Tickets are required to attend the In-Depth Session for which you registered. Tickets are non-refundable, but you may work with other conference attendees to trade or sell your In-Depth Session ticket directly. In-Depth Session Hosts cannot make alternate arrangements for you.

12:00 PM - 1:00 PM

Lunch on Your Own

1:00 PM - 2:00 PM

CONCURRENT SESSIONS #1

Administrative/Leadership

Tough Work, Understanding and Serving People in Poverty While Caring for Yourself

*Presenter(s): Kathy Michelich
Room: Patterson A - Lower Level B (Hyatt)*

The need to address an increase in poverty in communities brought together Extension, the faith-based community, and non-profits. The resulting volunteer/staff curriculum has strengthened local partnerships and enhanced service delivery.

Aging

Generative Grandparents: Helping Middle-Age and Older Adults Reach their Developmental Potential

*Presenter(s): James Bates, Kathy Oliver
Room: Patterson B - Lower Level B (Hyatt)*

Generativity is an important developmental stage in adulthood that can be developed in the context of intergenerational family relationships. Ideas for building generativity into programs will be discussed.

Child Development

Relax: Alternatives to Anger for Parents and Caregivers - Developmental Stages of Control

*Presenter(s): Holly Tiret, Gail Innes, Suzanne Pish, Carolyn Penniman, Terry Clark-Jones
Room: Patterson C - Lower Level B (Hyatt)*

During this workshop we will discuss anger and strong emotion in infants, toddlers, and preschoolers, learn developmental stages of children's self-control and how to assist children at each stage.

Financial Management

An Exploration into Culturally Relevant Family Resource Management Education

Presenter(s): Rebecca Hagen Jokela, Jennifer Garbow, Antonio Alba Meraz

Room: Patterson D - Lower Level B (Hyatt)

An exploration of family resource management education through American Indian and Latino cultures. The team conducted participant interviews, resulting in a qualitative analysis of findings, Research Brief, and curriculum revision.

Food Safety

K-5th Grade Food Safety Educational Program Discovery Neighborhood

Presenter(s): Carol Schwarz, Cami Wells, Carol Larvik, Sarah Purcell, Patricia Jones, Julie Albrecht, Michelle Krehbiel, Amanda Robine, Sarah Wilson

Room: Thoroughbred 1 - Third Level (Lexington Center)

Discovery Neighborhood is a six-lesson food safety program designed for K-5 grade youth. The program uses a colorful discussion mat (30"x 36") and interactive lessons based on the FightBac!™ messages.

Health

Multi-level Dissemination of Results from a Community-Based Nutrition and Physical Activity Survey of Diverse, Low-Income Parents of Pre-Schoolers

Presenter(s): Carol Smathers

Room: Thoroughbred 2 - Third Level (Lexington Center)

This presentation describes research dissemination approaches tailored to specific audiences and promoting change across socio-ecological model levels following a large-scale nutrition and activity survey of diverse, low-income parents of preschoolers.

Human Development

Marriage Survival "It's a Jungle Out There"

Presenter(s): Naomi Brower, Carolyn Washburn, Darlene Christensen

Room: Thoroughbred 3 - Third Level (Lexington Center)

During this workshop session, participants will preview and receive information on the Marriage Survival curriculum including viewing multimedia presentations, handouts, and participating in hands-on learning activities and games.

Nutrition

Nourish and Exercise Your Muscles Program Promotes Lifetime Fitness

Presenter(s): Julie Garden-Robinson

Room: Thoroughbred 4 - Third Level (Lexington Center)

"Nourish and Exercise Your Muscles" is a train-the-trainer program including a PowerPoint, script and evaluation tools. It has improved participants' knowledge and intended behavior related to nutrition and fitness.

Detailed Agenda

TUESDAY, SEPTEMBER 16 (cont'd.)

Parenting

Integrating FCS and University Active Parenting Education - State and County Perspectives

Presenter(s): Brenda Miller, Laura Hubbs-Tait, Lani Vasconcellos, Jan Maples, Julie Starr Staiger, Amanda Morris

Room: Thoroughbred 5 - Third Level (Lexington Center)

Implementation of Active Parenting curricula to meet parent, county, and university needs with evaluations by FCS educators, parents, and students reported. Attendee skills include adapting styles to group needs.

Technology

How to Set Up, Promote, and Evaluate Group Pinterest Account for Impact

Presenter(s): Alice Henneman

Room: Thoroughbred 6 - Third Level (Lexington Center)

Pinterest was the second most searched social network in 2013. Learn to: create a share "group" Pinterest account, pin in engaging ways, promote "pins" and evaluate impact with Google Analytics.

4-H Youth Development

4-H Project Runway: Going Green

Presenter(s): Katie Johnson, Cynthia Shuster

Room: Thoroughbred 7 - Third Level (Lexington Center)

Youth need formal/informal education in STEM (science, technology, engineering and math). Sewing is great for the scientific method and the engineering design process; requiring problem solving, analytical thinking and creativity.

Technology

What Does it Take to Design an Interactive Online Extension Course

Presenter(s): Suzanne Driessen

Room: Thoroughbred 8 - Third Level (Lexington Center)

This session reviews an instructional design process to develop online courses. Learn how to create a course design document, storyboards, interactive activities and apply quality assurance standards for online education.

Award

Program Excellence Through Research Award Winner - Increasing Fruit and Vegetable Consumption in 3rd Graders

Presenter(s): Barbara Struempfer

Room: Scott/Woodford - Mezzanine Level (Hyatt)

Findings from this research demonstrated fruit and vegetable consumption increases in youth participating in an Extension childhood obesity prevention program, supporting the use of Extension education to manage body weight.

2:45 PM - 5:00 PM

First Timer's Event (off site)

2:15 PM - 3:15 PM

CONCURRENT SESSIONS #2

Administrative/Leadership

Improving SNAP-ED Management in Extension

Presenter(s): Cheryl Spires, Carol Chandler, Elizabeth Smith

Room: Patterson A - Lower Level B (Hyatt)

In response to funding, a regional SNAP-Ed management model was implemented. This structure improved communication, consistency and fiscal management. The goal is to share information for replication in other states.

Child Development

School Readiness for Hispanic Immigrant Children

Presenter(s): Teresa Witkoske, Maria Tineo, Janice Dougan, Carmen Derusha, Joy Dougan, Kathy Murrat, Dream Love, Janet Reed, Claudia Houchen, Mary Ann Lienhart-Cross, Janeen Longfellow, Edith Sutton, Jennifer Dobbs-Oates, Angie Abbott, Maria Turpin, Silvia Perera Mora

Room: Patterson B - Lower Level B (Hyatt)

Hispanic families are increasing rapidly in the United States. Are your communities prepared to assist with school readiness challenges? An innovative, interdisciplinary team researched this early learning issue.

Financial Management

Women and Money: Unique Issues

Presenter(s): Diann Douglas, Kathy Brandt, Martie Gillen, Lyda Spence, Brenda Williams

Room: Patterson C - Lower Level B (Hyatt)

Women face unique financial issues over a lifetime. Florida Extension faculty developed a program series to help women build financial skills to improve their economic well-being.

Health

Effectiveness of a Six-week Strength Training and Nutrition Program

Presenter(s): Martha Raidl, Marnie Spencer, Laura Sant, Carol Hampton, Reah Lanting, Audrey Liddil, Marsha Lockard, Joey Peutz, Grace Wittman, Sharlene Woffinden

Room: Patterson D - Lower Level B (Hyatt)

Women who attended a six-week (12 class) strength training and nutrition education program significantly improved arm and leg strength and ate more fruits, vegetables, whole grains, and low-fat dairy.

Nutrition

Food Talk

Presenter(s): Rhea Bentley, Lisa Jordan, Edda Cotto-Rivera, Vonsuela Baker, Brooke Walker, Judy Hibbs, Angela Hairston, Ramona Adams, Vanessa da Silva, Rebecca Creasey, Tiffany Williams

Room: Thoroughbred 1 - Third Level (Lexington Center)

Food Talk is a curriculum developed by Georgia EFNEP. The curriculum is based on the Health Belief Model. The curriculum includes six sessions with an accompanying food demonstration.

Technology

Online and Onsite Benefits and Limitations of Delivery Method - Co-Parenting for Successful Kids

Presenter(s): Gail Brand, Maureen Burson

Room: Thoroughbred 3 - Third Level (Lexington Center)

Professionals will learn about benefits and limitations for parents experiencing custody and divorce of converting the research based onsite Co-Parenting for Successful Kids from an onsite to an online class.

Detailed Agenda

TUESDAY, SEPTEMBER 16 (cont'd.)

4-H Youth Development

Healthy Me, Healthy Community

Presenter(s): Barbara Brody

Room: Thoroughbred 4 - Third Level (Lexington Center)

4-H and Family and Community Health Faculty teamed to conduct a healthy lifestyles day camp. Youth participated in hands-on inquiry based learning that focused on nutrition, gardening and physical activity.

Housing

Living Better through Home Energy Management

Presenter(s): Linda Comb, Beverly K. Miller

Room: Thoroughbred 5 - Third Level (Lexington Center)

Home energy management is about more than saving money. This program focuses on creating healthier, more comfortable homes, understanding the home as a system, and reducing home energy environmental impacts.

Clean and Healthy Families and Communities Award Winner

First Graders and Handwashing

Presenter(s): Ethel Schneweis

Room: Thoroughbred 6 - Third Level (Lexington Center)

The importance of handwashing was provided to first graders by two presentations. One at the beginning of school and the second after Christmas -- when colds /flu are more in the community.

Food Safety

From Garden to Table: An Interdisciplinary Approach to Food Preservation and Food Safety

Presenter(s): Cynthia Shuster, Katie Johnson

Room: Thoroughbred 7 - Third Level (Lexington Center)

For years, Educators have taught Food Preservation workshops with limited attendance and/or willingness to change preservation practices. "From Garden to Table" is a successful interdisciplinary approach to food preservation/food safety.

Food Safety

Pathway to Food Safety

Presenter(s): Linnette Goard, Patricia Brinkman, Katharine Shumaker

Room: Thoroughbred 2 - Third Level (Lexington Center)

This session will introduce The Pathway to Food Safety training program, designed to provide tools to train grocery store employees and managers on the fundamentals of safe food handling.

Textiles and Clothing

It's 'Sew' Important!

Presenter(s): Mary Hixson, Marjorie Baker, Mary Averbek, Jennifer Klee, Nell Jordan, Elaine Boer

Room: Thoroughbred 8 - Third Level (Lexington Center)

Extension professionals and Master Volunteers conduct sewing classes; sparking interest with creative needlework, trendy accessories and upcycling projects. Over 32,348 youth and adults have participated over the last 10 years.

Food Safety Award Winner

Enhancing the Safety of Locally Grown Produce on the Farm and at the Market

Presenter(s): Judy Harrison

Room: Scott/Woodford - Mezzanine Level (Hyatt)

This multi-state program teaches farmers and farmers market managers best practices to keep produce safe on the farm and at the market and helps consumers reduce risk of foodborne illness.

3:30 PM - 4:30 PM

CONCURRENT SESSIONS #3

Administrative/Leadership

Facilitating Community Groups and Processes

Presenter(s): Christine Kniep

Room: Patterson A - Lower Level B (Hyatt)

Facilitating groups to do learning, evaluation, negotiation, mediation and planning involves different skills, techniques and tools. Methods to generate ideas, organize information and aid in decision making will be presented.

Food Safety

Farm to Table: Food Safety for Entrepreneurs

Presenter(s): Debra Botzek-Linn

Room: Patterson B - Lower Level B (Hyatt)

Farm to Table: Food Safety for Entrepreneurs workshops and webinars meet food safety educational needs of food entrepreneurs and vendors created by state 'Pickle Bill' legislation.

Textiles and Clothing

STEAM (Science, Techonology, Engineering, Art, and Math) Clothing

Presenter(s): Diane Vigna

Room: Patterson C - Lower Level B (Hyatt)

A new 4-H clothing curriculum integrates STEM (Science, Technology, Engineering, & Math) topics with Art! Youth consider the area of textiles and clothing from exciting new perspectives.

Food Safety

Safe and Successful Food Demonstrations without a Kitchen

Presenter(s): Joyce McGarry

Room: Patterson D - Lower Level B (Hyatt)

Food demonstrations are a great delivery method for nutrition education programming. Food safety awareness is always essential, but especially when kitchen facilities are not available.

Health

The Qualitative Study Factors Associated with Minorities in Organ Donation

Presenter(s): Jennifer Cannon

Room: Thoroughbred 1 - Third Level (Lexington Center)

The purpose of this study was to explore what factors affect organ donation decision making for people from ethnic minority groups. Findings from this study provide foundation for future research.

Health

Million Hearts: Improving Cardiovascular Health

Presenter(s): Patricia Brinkman, Kate Gawlik, Michelle Treber, Lisa Barlage, Jamie Seger, Elizabeth Smith

Room: Thoroughbred 2 - Third Level (Lexington Center)

Come explore curriculum written to promote the Million Hearts Initiative helping people reduce their cardiovascular risk factors. Partnering with a health agency provided blood screenings and evaluation of lifestyle modifications.

Nutrition

Focus on the "Stars": Cooking Healthy for the Holidays

Presenter(s): Barbara Ames

Room: Thoroughbred 3 - Third Level (Lexington Center)

"Healthy" and "Holidays" don't usually appear in the same sentence involving food. But, that doesn't have to be. By focusing on the "stars", enjoy fabulous foods AND a healthy lifestyle.

Detailed Agenda

TUESDAY, SEPTEMBER 16 (cont'd.)

Technology

Engaging Early Educators in Obesity Prevention Strategies Through Online, On-Demand Technology

Presenter(s): Jill Cox, Claudia Mincemoyer

Room: Thoroughbred 4 - Third Level (Lexington Center)

Using online, On-Demand technology, Penn State Better Kid Care developed childhood obesity prevention training for child care providers based on the Let's Move! Child Care Initiative Goals.

Aging

New & Simplified CPR Program: Hands Only CPR

Presenter(s): Allison Goshorn

Room: Thoroughbred 5 - Third Level (Lexington Center)

Twenty-five percent of deaths are attributed to CVD. "Hands-Only CPR" is effective and can triple the chance of survival. Learn the technique, build confidence and prepare to sponsor a local session.

Social Networking Award Winner

UGA GreenWay – Connecting FACS Extension with Online Communities

Presenter(s): Pamela Turner

Room: Thoroughbred 6 - Third Level (Lexington Center)

UGA GreenWay is about helping people live greener and healthier lives by connecting them to trustworthy sources of information. We promote healthy homes, healthy families and healthy communities.

Life Member

Life After Retirement

Presenter(s): Candice Carrie, Beverly Keil, State Representative Rita Smart

Room: Thoroughbred 7 - Third Level (Lexington Center)

A panel of NEAFCS members/life member retirees will share "life after retirement" from small business ownership to second career options to volunteering for continued personal and professional growth.

JCEP Professional of the Year Award Winner

Presenter(s): Mary Ann Lienhart-Cross (IN)

Room: Thoroughbred 6 - Third Level (Lexington Center)

Mary Ann's work is grounded with stakeholders, is innovative and impactful. The partnerships she develops are critically important and create leverage for Purdue Extension.

Special Presentation

100 years of Cooperative Extension: Family and Consumer Sciences Role from the Past to Present

Presenter(s): Jan Scholl, Carol Schlitt

Room: Kentucky - Lower Level (Hyatt)

Celebrate our Centennial! Learn how FCS educators have been studied and what we studied these past 100 years! What are some early technologies that can be used by FCS educators today? How can you leave your legacy? Come away with resources and information about historical fellowships. Find out what has been provided on the NEAFCS website, the Cornell University archives, and the National Ag Library. Learn steps you can take to study topics of your choice. Audience participation encouraged.

Mary Wells Diversity Award - Regional Winners

Room: Scott/Woodford - Mezzanine Level (Hyatt)

Central Region

An Exploration into Culturally Relevant Family Resource Management Education

Presenter(s): Jennifer Garbow

A team of Extension Educators interviewed American Indian and Latino families, based on the data from the interviews the team revised and wrote new culturally appropriate education to reflect new understandings of the diverse audiences.

Eastern Region

Master Food Educator Volunteer Program

Presenter(s): Kathlene Splane

The Master Food Educator volunteer program is an excellent example of diversity and pluralism. The training program and continued support fosters respect, acceptance, and teamwork among individuals with diverse backgrounds.

Southern Region

Reaching Diverse Populations Through FCS Programming

Presenter(s): Pamela York

Las Latinas (Latin women) group was formed three years ago to extend learning opportunities to the Hispanic population. Many programs have been offered by KY CES to improve their homes, families and food.

Western Region

Lifeskills: Livin' and Leavin'

Presenter(s): Ellen Serfustini

Research showed one-half of youth aging out of foster care had no lifeskill education. Therefore USU Extension now provides these youth with vital life skill education before exiting foster care.

3:30 PM - 4:30 PM

Annual Session West Virginia 2015 Planning Meeting

Jessamine - Mezzanine Level (Hyatt)

4:30 PM - 5:30 PM

Exhibitor Reception/Orientation

Exhibitors and Invited Guests Only

Bluegrass Prefunction - Third Level (Lexington Center)

4:30 PM

Dinner on Your Own

6:00 PM - 9:00 PM

Leadership Event (by invitation only)

Buffalo Trace Distillery - Dinner and Tour

Detailed Agenda

WEDNESDAY, SEPTEMBER 17

6:00 AM

Wellness Activity - Zumba by Cabrina Buckman
Kentucky - Lower Level A (Hyatt)

7:00 AM - 5:00 PM

Registration Opens
Bluegrass Pre-Function - Third Level (Lexington Center)

8:00 AM - 10:00 AM

Regional Meeting/Awards - See page 20 for meeting agenda.
Plated Breakfast Provided

Presiding: Regional Directors

*Susan Routh (OK) - Southern
Nancy Stehulak (OH) - Central
Sandra Grenco (NJ) - Eastern
Cindy Davies (NM) - Western*

*Southern Region
Thoroughbred 1-3 - Third Level (Lexington Center)*

*Central Region
Regency Ballroom - Lobby Level (Hyatt)*

*Eastern Region
Patterson Ballroom C - Lower Level B (Hyatt)*

*Western Region
Patterson Ballroom A/B - Lower Level B (Hyatt)*

8:00 AM - 5:00 PM

FCS Program Leaders Meeting
Jessamine-Franklin - Mezzanine Level (Hyatt)
Breakfast and lunch provided inside the meeting room.

10:15 AM - 12:15 PM

General Session - See page 20 for details.
Bluegrass Ballroom 2 - Third Level (Lexington Center)

12:30 PM

Past Presidents Luncheon - off site (invitation only)

12:30 PM - 5:00 PM

Ribbon Cutting/Exhibit Hall Open/Silent Auction Open
Bluegrass Prefunction - Third Level (Lexington Center)

12:30 PM - 1:30 PM

Lunch in Exhibit Hall

1:30 PM - 4:00 PM

Exhibit Forums
Bluegrass Ballroom- Third Level (Lexington Center)
See page 36 for details.

12:30 PM - 1:30 PM

FCS Program Leaders/Board Members Lunch
Regency Ballroom - Lobby Level (Hyatt)
Lunch provided inside meeting room.

1:00 PM - 5:00 PM

Showcase of Excellence (staffed 1:00 PM - 3:00 PM)
Thoroughbred Prefunction - Third Level (Lexington Center)

1:00 PM - 2:30 PM

Dining with Diabetes Meeting
Patterson C - Lower Level B (Hyatt)

This will be a mini-training. Those who are new educators or educators who need to be updated or seeking more information could attend and better understand the structure and content of the Dining with Diabetes program. Small breakout groups will be used to discuss best practices used around the country. Members of the national Dining with Diabetes team will be present to discuss future goals and objectives.

1:45 PM - 3:15 PM

Affiliate Officer Meeting (Presidents)
Thoroughbred 4 - Third Level (Lexington Center)

1:45 PM - 3:15 PM

Affiliate Officer Meeting (Treasurers)
Thoroughbred 5 - Third Level (Lexington Center)

1:45 PM - 3:15 PM

Affiliate Officer Meeting (Awards)
Thoroughbred 6 - Third Level (Lexington Center)

1:45 PM - 3:15 PM

Affiliate Officer Meeting (Member Resources)
Thoroughbred 7 - Third Level (Lexington Center)

1:45 PM - 3:15 PM

Affiliate Officer Meeting (Professional Development)
Thoroughbred 8 - Third Level (Lexington Center)

1:45 PM - 3:15 PM

Affiliate Officer Meeting (Public Affairs)
Patterson A - Lower Level B (Hyatt)

3:00 PM - 6:00 PM

Photographer Open Time, Regional Award Recipients, State Photos, etc.
Bluegrass Prefunction - Third Level (Lexington Center)

3:00 PM - 5:00 PM

Room: Thoroughbred 7 - Third Level (Lexington Center)
Master Family & Consumer Sciences Volunteer Program: Do you have a Master Family & Consumer Sciences Volunteer Program?
Presenters: Dr. Michael Vogel, Montana State University Extension; Dr. Caroline Crocoll, Beverly Samuel, USDA National Institute of Food and Agriculture, Division of Family & Consumer Sciences.

This national initiative promotes volunteerism and provides core training for volunteers. This will be an idea exchange with a showcase of successful programs, an unveiling of the Volunteer Management Database, and new promotional resource tools for the program.

4:30 PM

Annual Session Montana 2016 Planning Meeting
Franklin Rounds - Mezzanine Level (Hyatt)

Detailed Agenda

THURSDAY, SEPTEMBER 18

6:00 AM

Wellness Activity - Yoga by Emily Saderholm
Kentucky Room - Lower Level A (Hyatt)

7:00 AM - 4:00 PM

Registration Opens
Bluegrass Prefunction - Third Level (Lexington Center)

8:00 AM - 5:00 PM

FCS Program Leaders Meeting
Jessamine-Franklin - Mezzanine Level (Hyatt)
Breakfast and lunch provided inside the meeting room.

8:00 AM - 12:00 PM

Exhibit Hall Opens
Bluegrass Prefunction - Third Level (Lexington Center)

8:00 AM - 9:00 AM

Continental Breakfast in Exhibit Hall

8:00 AM - 11:00 AM

Exhibit Forums
Bluegrass Ballroom - Third Level (Lexington Center)
See page 36 for details.

8:00 AM - 12:00 PM

SHOWCASE OF EXCELLENCE (staffed 8:30 AM - 10:30 AM)
Thoroughbred Prefunction - Third Level (Lexington Center)

Child Development

Story Walk

Presenter(s): Tara Andrews

Table #1A

The Story Walk is an innovative idea combining physical activity and literacy in a fun family activity that is the result of a partnership between Extension and the local hospital.

Nutrition

Food \$ense Newsletter & FYI Site

Presenter(s): Donna Peterson

Table #1B

Food \$ense quarterly 4-page hard copy newsletter and a weekly article post to FYI site. For a general low-income audience. Easy to read nutrition, food safety, and food resource messages.

Food Safety

An Evaluation of Oregon Extension Food Preservation Program: Why Do People Preserve Foods, and Why Do They Volunteer?

Presenter(s): Jeanne Brandt, Lauren Kraemer

Table #2A

Evaluation of the Oregon Master Food Preserver program provides information on volunteer motivations, best practices for recruiting and retaining volunteers, and food preservation practices of volunteers and participants.

Health

Knowledge and Behavior change in Children within the University of Missouri Extension Family Nutrition Program

Presenter(s): Linda Morgan

Table #3A

This research evaluated nutrition and physical activity knowledge and behavior change within children participating in the University of Missouri Extension's Family Nutrition Program versus children not participating in the program.

Human Development

The Implementation of Living Well Concepts Among EFNEP and SNAP-Ed Faculty and Staff in Arizona

Presenter(s): Traci Armstrong Florian, Ruth Jackson, Scottie Misner

Table #3B

Key NEAFCS Living Well concepts are taught to EFNEP and SNAP-Ed faculty and staff in annual statewide in-services. Peer-reviewed presentations are presented on nutrition, health, oral health, and youth development.

Child Development

Smart Start - Teaching Preschoolers About Money

Presenter(s): Melinda Hill, Carol Chandler

Table #4A

Smart Start is a curriculum designed for child care providers to introduce the basic concepts of money and to lay a foundation of financial literacy for preschoolers (3-5 years).

Youth Development and 4-H

Active Youth; Activewear; Active Learning

Presenter(s): Charlotte Coffman, Huiju Park, Eric Beaudette

Table #4B

The youth-friendly topic of Activewear engages students (grades 6-12) in STEM study, career exploration and life skill development through campus events, experiential activities, and interaction with researchers and industry professionals.

Food Safety

Farm Fresh and Fast

Presenter(s): Lisa Jordan, Janet Hollingsworth

Table #5A

Farm Fresh and Fast, series of publications, was developed to provide information on selection, storage and preparation of fruits and vegetables. This project aligned FACS and Agriculture in the state.

Nutrition

A "Recipe" for Successively Helping People Improve Food and Nutrition Practices

Presenter(s): Alice Henneman, Lisa Franzen-Castle

Table #5B

Participants will learn to help consumers positively change food/nutrition practices through offering the types/formats of healthy recipes that encourage use. A follow-up consumer survey indicated 83% prepared healthier foods.

Detailed Agenda

THURSDAY, SEPTEMBER 18 (cont'd.)

Nutrition

Transforming the School Cafeteria Environment: Teaming with Public Health

Presenter(s): Kelly Kunkel, Mary Caskey, Mary Schroeder, Kathleen Lovett, Trina Barno

Table #6A

In an effort to decrease chronic diseases, Public Health and Extension teamed to train school foodservice workers to support healthy eating initiatives such as increasing student intake of fruits/vegetables.

Nutrition

Dining with Diabetes: Beyond the Kitchen - Year One Preliminary Results

Presenter(s): Dan Remley, Barbara Hennard, Cheryl Spires, Susan Zies

Table #6B

Our poster will highlight the results of the preliminary year 1 evaluation of Ohio Extension's "Dining with Diabetes: Beyond the Kitchen" on-line class, available through eXtension.

Health

Developing the Public Health and Extension Workforce through Outreach and Engagement

Presenter(s): Tonya Johnson, Jennifer Eskridge

Table #7A

OSU Extension Service partners with local health department to increase their outreach and engagement efforts, while helping to build the future workforce and improve the health of our communities.

Nutrition

On The Move to Better Health Promotes Family Behavior Change

Presenter(s): Julie Garden-Robinson

Table #7B

"On the Move to Better Health" is a curriculum targeting upper elementary children and their families. Results have shown increases in family meals and increased fruit and vegetable intake.

Food Safety

Food Preservation on Facebook

Presenter(s): Nancy Kershaw, Jeanne Brandt, Tonya Johnson, Glenda Hyde, Lauren Kraemer, Patty Case, Jamie Davis, Cheryl Kirk, Lynn Steele, Deb Schreiber, Shana Withee, Debra Driscoll

Table #8A

Food preservation is a hot topic and many people are looking for food preservation/safety information via social media. Oregon State University Extension developed a Facebook page to reach Oregonians.

Nutrition

Is Your Drink Healthy? – Pilot Test Results

Presenter(s): Ranae Aspen, Carol Schwarz, Lisa Franzen-Castle

Table #8B

Is Your Drink Healthy, lesson to educate/ motivate low-income families to make healthier beverage choices, piloted and evaluated by educators/instructors and participants.

Aging

Intergenerational Land Transfer and Collaborative Learning

Presenter(s): Rebecca Hagen-Jokela

Table #9A

Many forestland owners want to keep their land in the family. The Intergenerational Land Transfer Class is designed to provide participants the tools needed to successfully plan their land transfer.

Technology and Social Media

Ripple Effect Mapping: A New Evaluation Technique

Presenter(s): Sara Croymans, Kit Alviz

Table #9B

Ripple-effect mapping, a new evaluation technique in the tradition of qualitative research, builds off the practices of appreciative inquiry and mind mapping with focus on the experiential process for participants.

Nutrition

Using iPad Apps to Teach Extension Nutrition Education

Presenter(s) Sondra Parmer, Barb Struempfer

Table #10A

Seven educational iPad apps were developed to help youth make better food choices. These apps were found to be an effective educational resource for teaching Extension nutrition education.

Youth Development and 4-H

Ranchers Feeding Kids

Presenter(s): Barbara Brody

Table #10B

Cattle producers support a healthy diet for children that includes whole grains, fruits, vegetables, low-fat dairy products and lean meats such as beef.

Child Development

School Readiness for Hispanic Immigrant Children

Presenter(s): Teresa Witkoske, Maria Tineo, Janice Dougan, Carmen DeRusha, Joy Dugan, Kathy Murray, Dreama Love, Janet Reed, Claudia Houchen, Mary Ann Lienhart-Cross, Janeen Longfellow, Edith Sutton, Jennifer Dobbs-Oates

Table #11A

Hispanic families are increasing rapidly in the United States. Are your communities prepared to assist with school readiness challenges? An innovative, interdisciplinary University team researched this early learning issue.

Health

The Extension Wellness Ambassador Program: Results from Pilot Implementation

Presenter(s): Lisa Washburn, LaVona Traywick, Lauren Copeland, Jessica Vincent

Table #11B

The Extension Wellness Ambassador Program engages community members to use their knowledge in service to help others live healthier. Program overview, individual and implementation outcomes will be shared.

Detailed Agenda

THURSDAY, SEPTEMBER 18 (cont'd.)

Youth Development and 4-H

Super Youth: Food, Fitness and Fun 4-H Cloverbud Day Camp

Presenter(s): Cynthia Shuster, Katie Johnson

Table #12A

4-H camps have a rich history of providing age-appropriate, activity-based, educational programming through hands-on, experiential learning. Super Youth is a nutrition, health, and fitness, theme-based camp for 4-H Cloverbud youth.

Child Development

Your Young Child Webinars

Presenter(s): Janice McCoy, Cara Allen, Molly Hofer, Chelsey Byers, Cheri Burcham, Rachel Schwawrzenbruber

Table #12B

Reaching professionals who work with parents can be challenging. Your Young Child Webinars were able to provide needed education about child development in the comfort of their homes or offices.

Parenting Education

Successfully Co-Parenting: What Fathers and Mothers Take Away From Co-Parenting Education

Presenter(s): James Bates, Carmen Irving

Table #13A

Qualitative content analysis of responses to open-ended questions by participants in a co-parenting education class will highlight similarities and differences in men's and women's learning and behaviors.

Early Childhood Child Care Training Award Winner

Healthy Homes for Childcare Providers

Presenter(s): Keishon Thomas

Table #13B

Healthy Homes for Childcare Provider Workshops provides ways to improve childcare facilities by reducing environmental health hazards.

NEAFCS Educator of the Year

Excellence in Extension Programs

Table #14A

Presenter(s): Lora Lee Frazier Howard

Lora Lee Frazier Howard believes issue driven county programs and continued professional growth is achieved through partnerships, creative programming, and diligent efforts.

Marketing Package Award Winner

Money Smart Week Michigan 2013

Presenter(s): Teresa Clark-Jones and team, Brenda Long, Sharon Jeffery, Jean Lakin, Chris Venema, Wanda Roberts, La Shawn Brown, Mike Krauch, Khurram Imam, Jim Buxton, Vivian Washington, Pam Sarlitto, Kelly Masters, Erica Tobe

Table #14B

MSU Extension has been a Money Smart Week partner agency since 2005. This year in addition scheduled educational sessions, MSUE took part in a new MSW presentation: "Be a Money Smarty"

Extension Housing Outreach Award Winner

Unlocking the Keys to Home Ownership

Presenter(s): Theresa Allan

Table #15A

Unlocking the Keys to Home Ownership is an eight hour class that takes homebuyers through this daunting process with

emphasis of understanding credit, the loan process and protecting their investment.

Extension Housing Outreach Award Winner

Arlington Energy Masters

Presenter(s): Jennifer Abel

Table #16A

Arlington Energy Masters Volunteers have made energy-saving retrofits in 342 low-income apartments since 2011, improving energy efficiency and resulting in \$90,630 in annual savings on utility bills.

Family Health and Wellness Award Winner

Encouraging Healthy Lifestyles through Technology-Based Programming

Presenter(s): Cynthia Shuster, Lisa Barlage, Patricia Brinkman, Michelle Treber, Beth Stefura, Carol Chandler, Marilyn Rabe, Susan Zies, Cheryl Barber-Spires, Meriden Peters

Table

Table #15B

Encouraging Healthy Lifestyles through Technology-Based Programming is a nutrition, health and fitness program utilizing social media as a means of disseminating the educational information.

Environmental Education Award Winner

Healthy Homes Tent

Presenter(s): Sondra Ganus Thorne

Table #16A

What's lurking under the sink, between the crevices of the bed or behind the walls? The Healthy Homes Tent was created to address various environmental issues found in homes.

Human Development/Family Relationships Winner

Little Books and Little Cooks

Presenter(s): YaeBin Kim, Heidi Petermeier, Lisa Houser, Olga Soto, Irma Mandujano, Chelle Miller

Table #16B

The Little Books and Little Cooks Parenting Education Program is an integrated program combining parenting and nutrition education.

School Wellness Award Winner

Urban Ag: From the Farm to the City

Presenter(s): Sonja Davis, Tonya McKenzie, Ashley Moore Dr. Allen Malone, Ricky Mahaley Marcus Glenn, Sheryl Nolen

Table #17A

Project was designed to teach agricultural science to 4th graders in four Houston Schools. Students joined 4-H, learned to grow vegetables, cook and eat healthy foods using the MyPlate method.

Greenwood Frysinger 2013 Award Winner

Presenter(s): Tonya Johnson

Table #17B

Informally mentored by Debra Minar Driscoll, Tonya Johnson's Extension career is off to a great start. Tonya plans to hone her skills by taking a Graduate course in adult learning.

Detailed Agenda

THURSDAY, SEPTEMBER 18 (cont'd.)

9:00 AM - 11:00 AM

Annual Business Meeting

Regency Ballroom

See page 29 for details.

8:30AM - 2:00 PM

Kentucky Marketplace

Thoroughbred Atrium - Third Level (Lexington Center)

11:30 AM - 12:30 PM

Silent Auction Pick-up

Bluegrass Prefunction - Third Level (Lexington Center)

12:00 PM - 1:00 PM

Lunch on Your Own

1:00 PM - 5:00 PM

Exhibitor Breakdown/Move Out

1:00 PM - 2:30 PM

Life Member Meeting (refreshments provided)

Sweet Music of the Mountain Dulcimer, Kentucky's State Instruction

Presenter(s): Betty Ray Swan

Woodford - Mezzanine Level (Hyatt)

Betty Ray Swan is a retired Kentucky home furnishings agent. To help cope with her husband's illness Betty Ray taught herself to play the dulcimer. She now has four different types of dulcimers and will share the role dulcimers have played in our country's music including folk, country, hymns, modern and blues.

1:00 PM - 3:00 PM

Arrangements Committee Meeting, Plan of Work

Scott - Mezzanine Level (Hyatt)

1:00 PM - 3:00 PM

Registration Committee Meeting, Plan of Work

Henry Clay - Lobby Level (Hyatt)

1:00 PM - 3:00 PM

Member Resources Committee Meeting, Plan of Work

Kentucky Room - Lower Level A (Hyatt)

1:00 PM - 3:00 PM

Public Affairs Committee Meeting, Plan of Work

Regency 1 - Lobby Level (Hyatt)

1:00 PM - 3:00 PM

Awards Committee Meeting, Plan of Work

Regency 3 - Lobby Level (Hyatt)

1:00 PM - 3:00 PM

Professional Development Committee Meeting, Plan of Work

Regency 2 - Lobby Level (Hyatt)

2:00 PM

Awards Sub-committee Set-up

Bluegrass Ballroom

1:00 PM - 2:00 PM

CONCURRENT SESSIONS #1

Administrative/Leadership

Poverty Simulations: Building Community Partnerships

Presenter(s): Shelly Barnes, Karen Franck, Julie Harrison

Room: Patterson A - Lower Level B (Hyatt)

Learn how to use poverty simulations to build community partnerships, utilize volunteers, advocate for policy changes and increase community awareness about the experiences of the working poor.

Aging

Development and Results of an Older Adult Health Communications Program

Presenter(s): Virginia Brown, Dhruvi Patel, Lisa McCoy, Nancy Lewis

Room: Patterson B - Lower Level B (Hyatt)

Aging adults are more likely to need and use health services. This session discusses how the theory of planned behavior informed an older adult new health communication program.

Financial Management

The University of Missouri Health Insurance Education Initiative

Presenter(s): Mary Gosche, Wendy Brumbaugh

Room: Patterson C - Lower Level B (Hyatt)

The Missouri Board of Curators endorsed educating citizens on the Affordable Care Act. This session will show the infrastructure used to create the curriculum to teaching the regional workshops.

Food Safety

Food Safety is for Everyone

Presenter(s): Lorraine Harley, Dhruvi Patel

Room: Patterson D - Lower Level B (Hyatt)

Food Safety is for Everyone 3rd Edition, is an original, entertaining, basic, consumer, home food safety training, complete with course content, classroom activities, pre/post test, after class and follow-up evaluation.

Food Safety

Food Safety Recommendations for Culinary Exhibits at West Virginia Fairs and Festivals

Presenter(s): Hannah Fincham, Gina Taylor, David Roberts, Ami Cook, Judy Matlick, Dana Wright

Room: Thoroughbred 1 - Third Level (Lexington Center)

A survey of competitive culinary exhibit guidelines at fairs and festivals determined a need for recommendations regarding food safety. Receive recommendations to help educate exhibitors and ensure safety of judges.

Health

Small Steps to Health and Wealth™: Research and Program Update

Presenter(s): Karen Ensle, Barbara O'Neill

Room: Thoroughbred 2 - Third Level (Lexington Center)

2014 marks the tenth anniversary of the Small Steps to Health and Wealth™ (SSHW) program. This workshop will review recent research linking health and finances and new SSHW program components.

Detailed Agenda

THURSDAY, SEPTEMBER 18 (cont'd.)

Health

Bone Health: Being Dense is Smart

Presenter(s): Wayne Coachman, Rebecca Creasy, Sylvia Davis, Rachel Hubbard, Roxie Price, Andrea Scarrow, Suzanne Williams
Room: Thoroughbred 3 - Third Level (Lexington Center)

Bone Health: Being Dense is Smart! an educational curriculum designed to promote understanding the risk factors of osteoporosis, sources of calcium and healthy habits to keep bones healthy and strong.

Nutrition

Mediterranean Cuisine

Presenter(s): Melissa Bess
Room: Thoroughbred 4 - Third Level (Lexington Center)

The Mediterranean diet is touted for its health benefits. This session will discuss a program that teaches participants about Mediterranean cuisine which includes recipes and programs.

Technology

How to use Images in Social Media Activities to Increase Engagement and Outreach

Presenter(s): Alice Henneman, Kayla Colgrove, Lisa Franzen-Castle, Cami Wells, Amy Peterson, Georgia Jones, Billene Nemece
Room: Thoroughbred 5 - Third Level (Lexington Center)

Enhance the effectiveness of social media activities through using images. Learn how to find, select, edit, and use images in social media campaigns that will increase traffic to a website.

4-H Youth Development

Life Skill Development Enhanced Through Consumer Decision Making Program

Presenter(s): Sara Coymans, Carrie Ann Olson
Room: Thoroughbred 6 - Third Level (Lexington Center)

The Consumer Decision Making program consists of short and long-term experiences, judging contest and service learning opportunity. An alumni study found the program influences the development of multiple life skills.

Housing

Improving Tenant/Landlord Relations

Presenter(s): Rebecca Travnichek, Chris Kniep
Room: Thoroughbred 7 - Third Level (Lexington Center)

The impact of "Rent Smart" tenant/landlord trainings help people acquire and keep decent rental housing. Program focuses on building positive relations through an understanding of tenant/landlord rights and responsibilities.

2:15 PM - 3:15 PM

CONCURRENT SESSIONS #2

Administrative/Leadership

Multicolored Expressions: Working with Hispanic Audiences

Presenter(s): Edda Cotto-Rivera, Ines Beltran
Room: Patterson A - Lower Level B (Hyatt)

The Spanish language used in the Hispanic community is very diverse. This session will present strategies that take this linguistic diversity into account in order to better serve Hispanics.

Aging

Midlife and Beyond: The Whole Picture

Presenter(s): Donna Donald, Ruth Freeman
Room: Patterson B - Lower Level B (Hyatt)

This program facilitates community-level conversations about life-span and aging issues. Study circles are used to give voice to varied perspectives and engage community members in the change process.

Child Development

Basic Core Skills for Child Care Providers: Injury Prevention and Control

Presenter(s): Lisa Jordan, Dr. Diane Bales, Janet Hollingsworth, Susan Moore, Laura Smith, Terri Black
Room: Patterson C - Lower Level B (Hyatt)

Most unintentional injuries in child care settings can be prevented! Injury Prevention and Control curriculum was designed to help child care providers keep children safe.

Food Safety

Master Food Preservation Mentor Program

Presenter(s): Lavonne Meyer, Joan Hegerfeld-Baker
Room: Patterson D - Lower Level B (Hyatt)

Extension serves as a leader in delivering and strengthening consumer knowledge regarding safe preservation of food. To extend that knowledge into the communities, food preservation mentors have been trained.

Health

Parent Survey Fosters School and Family Wellness

Presenter(s): Michelle Brill, Alexandra Greci, Sherri Cirignano, Luanne Hughes, Daryl Minch, Kathleen Morgan, Melissa Helfrich, LeeAnne Savoca, Corey Wu-Jung, Karen Enslie, Joanne Kinsey, Sharese Porter, Marilou Rochford
Room: Thoroughbred 1 - Third Level (Lexington Center)

Discover how a parent survey can inform and assist schools in shaping tailored parent engagement strategies that support wellness initiatives to improve student and family health.

Health

Mindful in Extension: A Guide to Practical Stress Reduction Strategies

Presenter(s): Terri Worthington, Marie Economos, Patrice Powers-Barker, Shannon Carter, Patricia Holmes, Melinda Hill, Chris Kendle, Kathy Green
Room: Thoroughbred 2 - Third Level (Lexington Center)

We all have stress; the practice of mindfulness and gentle yoga can help. Mindful Extension is an effective tool to reduce stress, increase productivity, resiliency, work engagement, a healthier lifestyle.

Human Development

Giving the Five Languages a Boost with Technology! Increasing The Impact of Relationship Skill Training

Presenter(s): Jane Riffe, Cheryl Kaczon, Allison Nichols, Andrea Bennett, Eric Murphy, Ami Cook, Terrill Peck, Becky Smith, Patty Morrison
Room: Thoroughbred 3 - Third Level (Lexington Center)

This presentation shares findings and program materials from research comparing two versions of The Five Love Languages program on overall relationship satisfaction among committed married, cohabiting, and dating couples.

Detailed Agenda

THURSDAY, SEPTEMBER 18 (cont'd.)

Nutrition

Cooking with Friends

Presenter(s): Jackie Farrell, Amy Wagner

Room: Thoroughbred 4 - Third Level (Lexington Center)

The Cooking with Friends concept was created in 2013 with a team of Agents who were interested in expanding programming for healthy cooking and increasing family meals.

Parenting

Raising a Thinking Child Parenting Curriculum

Presenter(s): Jenny Wehmeier, Barb Truttman, Rachael Loucks, Erica Brewster

Room: Thoroughbred 5 - Third Level (Lexington Center)

The Raising a Thinking Child curriculum teaches young children how to resolve everyday conflicts and get along with others through a series of eight easy-to-use family centered lessons.

Dean Don Felker Financial Management Award Winner

Love Your Money

Presenter(s): Jayne McBurney

Room: Thoroughbred 6 - Third Level (Lexington Center)

Love Your Money covers basic budgets, spending, credit, debt and wealth building; participants learn to build a financial future. Current examples of real world situations make concepts relevant.

4-H Youth Development

4-H Yoga for Kids: A Healthy Living Program

Presenter(s): Lisa Washburn, Lauren Copeland, Jessica Vincent, Jessica Vest, Carla Haley, Shea Wilson, Debbie Baker, Iris Phifer

Room: Thoroughbred 7 - Third Level (Lexington Center)

This session will introduce the 4-H Yoga for Kids curriculum and results from a program pilot in one state. Learn about the research base and practical implementation ideas.

Technology

Utilizing Technology to Increase Knowledge and Make Positive Behavior Change of Teens

Presenter(s): Michelle Treber, Patricia Brinkman, Lisa Barlage, Cynthia Shuster

Room: Thoroughbred 8 - Third Level (Lexington Center)

You Go Teens! is an innovative, technology-based nutrition and wellness program utilizing short teen-created educational videos. Learn how this program increased knowledge and changed behaviors of the teens participating.

3:30 PM - 4:30 PM

CONCURRENT SESSIONS #3

Administrative/Leadership

Show Impact. Win Support.

Presenter(s): Treva Williams, Kirk Bloir

Room: Patterson A - Lower Level B (Hyatt)

Showcasing significant impacts of Family and Consumer Sciences programs requires using effective evaluation techniques. This information must be shared in the manner which best meets the needs of the funder.

Financial Management

Budgeting to Acquire Savings: A 3-Step Approach to Community Educators to Teach Limited Income Consumers

Presenter(s): Michael Elonge

Room: Patterson B - Lower Level B (Hyatt)

This program prepares community educators to teach limited income consumers to acquire savings. The program comes with a tool that manipulates consumers' items and cost of items to acquire savings.

Food Safety

Meals on the Grill

Presenter(s): Judy Corbus, Amanda Griffin, Ricki McWilliams, Mark Mauldin

Room: Patterson C - Lower Level B (Hyatt)

Meals on the Grill is a multi-county interdisciplinary program that focuses on healthy meal preparation and food safety using charcoal or gas grills.

Health

Take Charge of Your Diabetes During the Holidays

Presenter(s): Christine Kendle, Shari Gallup, Amy Habig, Katharine Shumaker

Room: Thoroughbred 1 - Third Level (Lexington Center)

This program helps individuals with diabetes better manage their stress, physical activity, and diet during the holidays. Learn how to develop these key elements for program success and participant impact.

Health

Smiles for a Lifetime: Integrating Dental Health Messages into Nutrition Education

Presenter(s): Elaine Bowen, Beverly Glaze

Room: Thoroughbred 2 - Third Level (Lexington Center)

Try these easy, experiential activities to bring smiles to adults and children. They will gain knowledge and skills in caring for their teeth, as well as many health benefits.

Technology

Social Media (with a Purpose)

Presenter(s): Jamie Seger

Room: Thoroughbred 3 - Third Level (Lexington Center)

Are your online messages getting lost in the "noise?" This session will explore the importance/steps to developing a social media strategy - which is now essential to having impact.

Nutrition

A Social Marketing Campaign to Increase Home Cooking

Presenter(s): Debra Cotterill, Jackie Walters, Janet Mullins, Rebecca Freeman

Room: Thoroughbred 4 - Third Level (Lexington Center)

Learn how the Community Based Prevention Marketing process can be used to influence health behavior among limited resource audiences through this report; A Social Marketing Campaign to Increase Home Cooking.

Detailed Agenda

THURSDAY, SEPTEMBER 18 (cont'd.)

Textiles and Clothing

Let's Sew Series

Presenter(s): Linda Floyd-Chappell

Room: Thoroughbred 5 - Third Level (Lexington Center)

Let's Sew Series focuses on specific skills each month enabling participants to become proficient or regain sewing construction skills. Lessons used and lessons learned will be shared with conference participants.

Housing

Sleep Tight and Don't Let the Bed Bugs Bite!

Presenter(s): Gina Peek

Room: Thoroughbred 6 - Third Level (Lexington Center)

Sleep tight and don't let the bed bugs bite! Bed bugs are a significant pest. Learn how to help your clients and become a community partner in reducing bed bugs risk.

Life Member

Exercising to Prevent Back Injury for Seniors

Presenter(s): Kris Elliott

Room: Thoroughbred 7 - Third Level (Lexington Center)

Gardening can help you connect with nature and reduce stress. Participants will have the opportunity to handle tools and learn gentle stretches to stay active longer with less pain.

NEAFCS - Professional Development Committee Seminar

Understanding the Proposal Submission and Selection Process

Presenter(s): Cynthia Shuster, Margaret Jenkins, Patricia Brinkman, Katie Johnson

Room: Patterson D - Lower Level B (Hyatt)

Interested in learning more about the NEAFCS proposal submission and selection process? Come to this hands-on workshop to learn how to draft and develop your seminar and/or showcase proposal.

Community Partnership Award Winner

Decatur/Alvord Cares

Presenter(s): Tanya Davis

Room: Thoroughbred 8 - Third Level (Lexington Center)

Decatur and Alvord Cares Coalitions was formed to inspire, inform and initiate projects that bring the local community together to care for the needs of hungry children in Wise County.

6:00 PM - 7:00 PM

Reception Honoring President Kathleen Olson

Sponsored by University of Minnesota Extension

Bluegrass Prefunction - Third Level (Lexington Center)

7:00 PM - 9:00 PM

Awards Banquet and New Officer Installation

Bluegrass Ballroom - Third Level (Lexington Center)

See page 30 for details.

FRIDAY, SEPTEMBER 19

8:00 AM - 5:00 PM

Executive Board Meeting

Jessamine/Franklin - Mezzanine Level (Hyatt)

SATURDAY, SEPTEMBER 20

8:00 AM - 11:30 AM

Executive Board Meeting

Jessamine/Franklin - Mezzanine Level (Hyatt)