

# Day 1-Equipment List

## Caesar Salad – p. 454

Prep. Time – 15 minutes

Makes: 6 servings (each group will make one recipe)

Cook Space Needed – surface preparation

Equipment Needed:

6 Large Salad Bowls

6 Cutting Boards

6 Chef Knives

6 Wire whisks

6 Salad spinners

6 Liquid measuring cup

6 Lemon juicer

6 Tablespoon measure

6 Teaspoon measure

6 - ¼ teaspoon measure

6 cup measure

6 Salad tongs

6 Microplane

6 - 1/3 cup measure

# Croutons – p. 455

Prep. Time – 10 minutes

Cook Time – 30 minutes

Total Time – 40 minutes

Makes: 16 servings (Each person will learn knife skills, each group will season their croutons as they wish)

Cook Space Needed – Surface preparation and oven (300°)

## Equipment Needed

24 Cutting board

24 Bread knife

6 Microwave safe liquid measuring cup

Microwave

6 (15x10x1)-inch pan

6 Pancake turner

6 Oven mitts

6 Teaspoon measure

6 - ½ teaspoon measure

6 Gallon size Ziploc bag

6 sets oven mitts

# Pizza Dough – p. 543

Prep. Time – 45 minutes

Total Time – 1 hr. 35 minutes

Makes: 2 pizzas (16 slices) Make 6 times

Cook Space Needed – surface preparation, oven (425°)

## Equipment Needed:

6 Large bowls

6 Chef knives

6 – 1 cup measures

6 teaspoon measures

6 – ½ cup measures

6 large dinner spoons

6 – Tablespoons

12 pizza pans

6 liquid measuring cups

6 sets oven mitts

6 mixers

6 pizza cutters

6 extension cords

6 rubber scrapers

6 pastry clothes

Plastic wrap

6 (10 inch) skillet

6 pancake turners

6 cutting boards

# Calzone – p. 545

Prep. Time – 45 minutes

Total Time – 1 hour, 40 minutes

Makes: 6 servings (agent will demonstrate this recipe)

Cook Space Needed – surface preparation, oven (375°)

## Equipment Needed:

Large bowls

1 cup measure

½ cup measure

Tablespoon measures

Liquid measuring cup

Mixer

Extension cord

Rubber scraper

Pastry cloth

Plastic wrap

Cutting board

Chef knife

¼ cup measure

Small bowl

Fork

2 cookie sheets

Rolling pin

Pastry brush

Pancake turner

Large serving platter

Pastry server

Oven Mitts

# Chocolate Brownies – p. 198

Prep. Time – 25 minutes

Total Time: 3 hours, 10 minutes

Makes: 16 brownies (6 recipes)

Cook Space Needed – surface preparation, oven (350°)

## Equipment Needed:

6 (9-inch) square baking pans

6 sets oven mitts

Paper towels

6 icing spreaders

6 (1 quart) saucepans

6 long handled stirring spoons

6 medium mixing bowls

6 mixers

6 rubber scrapers

6 cutting boards

6 chef knives

6 dinner knives

6 - 1 cup measures

6 – ½ cup measures

6 – ¼ cup measures

6 teaspoon measures

# Creamy Chocolate Frosting – p. 152

Prep. Time – 15 minutes

Makes: 2 cups frosting (6 recipes)

Cook Space Needed – surface preparation

## Equipment Needed:

6 (1/3 cup) measures

6 liquid measuring cups

Paper towels

6 (1 cup measures)

6 sifters

6 large spoons

6 icing spreaders

6 teaspoon measures

6 Tablespoon measures

6 large mixing bowls

6 rubber scrapers

6 mixers

Wax paper

# Day 1-Shopping List

## Caesar Salad – p. 454

7 cloves garlic  
2 cups olive oil  
9 lemons  
2 Tablespoon Worcestershire sauce  
1 ½ teaspoons salt  
1 ½ teaspoons ground mustard  
Fresh ground pepper  
6 large bunches romaine lettuce  
2 cups freshly grated Parmesan cheese

## Croutons – p. 455

30 slices (1/2 inch thick) Italian bread  
1 ½ cups butter  
3 cloves garlic  
2 teaspoons Italian seasoning  
½ teaspoon salt  
2 teaspoons basil\*  
2 teaspoons oregano\*  
¼ teaspoon garlic powder\*  
2 teaspoons Herb de Provence\*

\*Denotes letting participants try other flavors of croutons besides Italian seasoning or garlic croutons

## Pizza – p. 543

21 cups all-purpose or bread flour

7 Tablespoons sugar

2 Tablespoons + 1 teaspoon salt

7 packages regular active or fast-acting yeast (individual or 3 strips of 3)

1 ¼ cup + 1 Tablespoon olive oil

## Pizza Toppings

6 pounds lean ground beef (at least 80%)

3 large onions

3 medium bell peppers

12 cloves garlic

4 Tablespoons Italian seasoning

6 cans (8 oz. each) pizza sauce

2 small containers mushrooms

12 cups shredded mozzarella, Cheddar or Monterey Jack cheese

1 ½ cups grated Parmesan cheese, freshly grated

1 ½ cups cornmeal

## Calzones – p. 545

\*Pizza dough ingredients have been added to pizza list above.

2 cups shredded mozzarella cheese

¼ lb. salami

½ cup ricotta cheese

¼ cup chopped fresh basil



2 Roma tomatoes

1 egg

### Chocolate Brownies – p. 198

4 cups butter

30 oz. unsweetened baking chocolate

10 ½ cups sugar

¼ cup vanilla

18 eggs

6 cups all-purpose flour

3 cups chopped walnuts

### Creamy Chocolate Frosting – p.152

2 cups butter

18 oz. unsweetened baking chocolate

18 cups powdered sugar

¼ cup vanilla

1 ½ cups milk

