

# Tri-Star Traditions

Uniting Service, Community, and Volunteerism for Change



**KNOXVILLE, TN** ★ Sept. 28 - Oct. 1, 2026

**IN-DEPTH  
SESSIONS**

**SESSION  
OVERVIEW**

Session Title	Track
McClung Museum & UT Campus Tour	Education, Leadership, & Diversity
Museum of Appalachia	Education, Leadership, & Diversity
Oak Ridge History Tour	Education, Leadership, & Diversity
Ijams Nature Center & Navitat	Health and Well-being
UT Creamery Lab Tour & UT Gardens Walk	Nutrition & Foods
Cruze Farms Dairy Experience	Nutrition & Foods
Ancient Lore Experience	Trending Topics
Downtown Knoxville History Tour	Economic and Workforce Development
Human Development & Community Service Project	Lifespan Development and Family Relationships

**Comfortable walking attire and weather-appropriate clothing are recommended for all tours.**



# McClung Museum & UT Campus Tour

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**Address:** 1327 Circle Park Dr.,  
Knoxville, TN 37996

**Offsite/Onsite:** Offsite

**Bus Required:** No

**Travel Time:** On campus  
(walking)

## LEARN MORE

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Participants will explore the McClung Museum and featured exhibitions:

- **Homelands: Connecting to Mounds through Native Art**
  - **Fashioning Ourselves: The Power of Clothing & Adornment**, followed by a self-guided walking tour of the University of Tennessee campus highlighting historic and academic landmarks.
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## LEARNING OBJECTIVES

1. Learn about regional cultural heritage and Native history.
2. Understand the role of universities in community engagement.

### **Itinerary:**

Museum guided tour 1:30–2:30 PM; free exploration 2:30–3:30 PM; self-guided UT campus tour using UT-provided booklets



# Museum of Appalchia

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**Address:** 2819 Andersonville  
Hwy.  
Clinton, TN 37716

**Offsite/Onsite:** Offsite

**Bus Required:** Yes

**Travel Time:** ~30 min

## LEARN MORE

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Visit the nationally recognized Museum of Appalchia to explore Appalachian culture through preserved buildings, artifacts, and historical demonstrations that highlight regional heritage and traditional skills.

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## LEARNING OBJECTIVES

1. Understand Appalachian cultural history and traditional craftsmanship.

**Itinerary:**

Guided museum tour and exploration of Appalachian artifacts, homesteads, and exhibits.



# Oak Ridge History Tour

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**Address:**

**Stop 1: K-25 History Center**  
115 E. Main St., Oak Ridge, TN

**Stop 2: American Museum of Science**  
652 Enrichment St., Oak Ridge, TN

**Offsite/Onsite:** Offsite

**Bus Required:** Yes

**Travel Time:** ~40 min

## LEARN MORE

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Participants will explore the scientific, technological, and historical significance of Oak Ridge through exhibits at the American Museum of Science and Energy and the K-25 History Center. The tour highlights the Manhattan Project, nuclear science, national security, and the region's role in shaping modern energy research.

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## LEARNING OBJECTIVES

1. Understand the historical development of Oak Ridge and the Manhattan Project.
2. Explore the role of science and technology in national and regional development.

**Itinerary:**

1:40–2:45 PM — K-25 History Center;  
3:00–4:00 PM — American Museum of Science and Energy



# Ijams Nature Center & Navitat

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**Address:** 2915 Island Home Ave., Knoxville, TN 37920

**Offsite/Onsite:** Offsite

**Bus Required:** Yes

**Travel Time:** ~15 min

## LEARN MORE

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Participants will experience Knoxville's urban wilderness at Ijams Nature Center, learning about environmental stewardship, outdoor recreation, and wellness through nature-based programming. Navitat provides a treetop experience emphasizing physical activity and environmental education. This tour is ideal for active individuals.

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## LEARNING OBJECTIVES

1. Understand how nature-based programming supports health and wellbeing.
2. Explore outdoor recreation as a vehicle for Extension programming.

### **Itinerary:**

Outdoor exploration at Ijams Nature Center with Navitat treetop adventure experience



# UT Creamery Lab Tour & UT Gardens Walk

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**Address:** 2712 Neyland Dr.,  
Knoxville, TN 37996

**Offsite/Onsite:** Offsite

**Bus Required:** Yes

**Travel Time:** ~10 min

## LEARN MORE

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Participants will tour the UT Creamery to learn about dairy product development, food science, and student training programs, followed by a walk through the UT Gardens showcasing horticulture education and plant collections.

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## LEARNING OBJECTIVES

1. Understand university-based food science education and student training.
2. Explore horticulture outreach and Extension connections.

### **Itinerary:**

Creamery tour and store visit followed by a guided tour of UT Gardens. Ice cream included!



# Cruze Farm

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**Address:** 2721 Asbury Road,  
Knoxville, TN 37914

**Offsite/Onsite:** Offsite

**Bus Required:** Yes

**Travel Time:** ~10 min

## LEARN MORE

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Participants will visit Cruze Farms, a beloved local dairy producer, to learn about farm-to-table dairy production and experience a locally sourced ice cream offering. Gain insight into local food systems, agricultural entrepreneurship, and the role of small farms in community food access.

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## LEARNING OBJECTIVES

1. Understand local dairy production and farm-to-consumer food systems.
2. Explore the role of small agricultural businesses in community food access.

### Itinerary:

Farm tour followed by ice cream tasting.



# Ancient Lore Experience

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**Address:** 7107 Sevierville Pike,  
Knoxville, TN

**Offsite/Onsite:** Offsite

**Bus Required:** Yes

**Travel Time:** ~15 min

## LEARN MORE

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Participants will explore Ancient Lore Village, a unique hospitality and experiential tourism destination inspired by folklore and nature.

The guided experience highlights the design, storytelling, and hospitality model used to create immersive visitor experiences.

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## LEARNING OBJECTIVES

1. Learn how experiential tourism blends storytelling, nature, and hospitality.
2. Explore how immersive destinations create regional economic opportunities.

### **Itinerary:**

2-hour guided tour of Ancient Lore Village including history and storytelling, followed by interactive axe-throwing experience.

# Downtown Knoxville History Tour

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**Address:** Downtown  
Knoxville  
(Sunsphere & East  
Tennessee History  
Center)

**Offsite/Onsite:** Offsite

**Bus Required:** No

**Travel Time:** Walking tour

## LEARN MORE

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Participants will explore the history and revitalization of downtown Knoxville through visits to key landmarks including the Sunsphere and East Tennessee History Center. The tour highlights tourism, historic preservation, and economic development strategies that have transformed downtown into a thriving community destination.

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## LEARNING OBJECTIVES

1. Understand how tourism and heritage preservation contribute to economic development.
2. Explore strategies for downtown revitalization as a community development practice.

### Itinerary:

Start at Sunsphere, continuing to the East Tennessee History Center, ending at Market Square/Gay Street with free time to explore (including Mast General Store).



# Human Development & Community Service Project

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**Address:** 216 Southdowne Dr,  
Maryville, TN 37801

**Offsite/Onsite:** Offsite

**Bus Required:** Yes

**Travel Time:** ~30 min

## LEARN MORE

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Explore how community partnerships and volunteer engagement strengthen support for children, families, and communities. Participants will create flower arrangements for local community members while discovering ways to incorporate similar collaborations into Extension programming.

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## LEARNING OBJECTIVES

1. Understand how collaborative service organizations support families in crisis.
2. Identify opportunities to incorporate service-learning and community partnerships into Extension programming.

### Itinerary:

2:00-2:30pm- visit New Hope Children's Advocacy Center

2:45-3:30 - visit Isaiah House 117 and do service project

3:30-4:20- Random Acts of Flowers