

Tri-Star Traditions

Uniting Service, Community, and Volunteerism for Change



KNOXVILLE, TN ★ Sept. 28 - Oct. 1, 2026

**IN-DEPTH
SESSIONS**

**SESSION
OVERVIEW**

Session Title	Track
McClung Museum & UT Campus Tour	Education, Leadership, and Access, Engagement and Outreach
Museum of Appalachia	Education, Leadership, and Access, Engagement and Outreach
Oak Ridge History Tour	Education, Leadership, and Access, Engagement and Outreach
Ijams Nature Center & Navitat	Health and Well-being
UT Creamery Lab Tour & UT Gardens Walk	Nutrition & Foods
Cruze Farms Dairy Experience	Nutrition & Foods
Ancient Lore Experience	Trending Topics
Downtown Knoxville History Tour	Economic and Workforce Development
Money Habitudes Train-the-Practitioner	Consumer Economics
Human Development & Community Service Project	Lifespan Development and Family Relationships

Comfortable walking attire and weather-appropriate clothing are recommended for all tours.



McClung Museum & UT Campus Tour

Address: 1327 Circle Park Dr.,
Knoxville, TN 37996

Offsite/Onsite: Offsite

Bus Required: No

Travel Time: On campus
(walking)

LEARN MORE

Participants will explore the McClung Museum and featured exhibitions:

- Homelands: Connecting to Mounds through Native Art
 - Fashioning Ourselves: The Power of Clothing & Adornment, followed by a self-guided walking tour of the University of Tennessee campus highlighting historic and academic landmarks.
 - *Approx walking distance: 2 miles total*
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LEARNING OBJECTIVES

1. Learn about regional cultural heritage and Native history.
2. Understand the role of universities in community engagement.

Itinerary:

Museum guided tour 1:30–2:30 PM; free exploration 2:30–3:30 PM; self-guided UT campus tour using UT-provided booklets



Museum of Appalchia

Address: 2819 Andersonville
Hwy.
Clinton, TN 37716

Offsite/Onsite: Offsite

Bus Required: Yes

Travel Time: ~30 min

LEARN MORE

Visit the nationally recognized Museum of Appalachia to explore Appalachian culture through preserved buildings, artifacts, and historical demonstrations that highlight regional heritage and traditional skills.

LEARNING OBJECTIVES

1. Understand Appalachian cultural history and traditional craftsmanship.

Itinerary:

Guided museum tour and exploration of Appalachian artifacts, homesteads, and exhibits.



Oak Ridge History Tour

Address:

Stop 1: K-25 History Center
115 E. Main St., Oak Ridge, TN

Stop 2: American Museum of Science
652 Enrichment St., Oak Ridge, TN

Offsite/Onsite: Offsite

Bus Required: Yes

Travel Time: ~40 min

LEARN MORE

Participants will explore the scientific, technological, and historical significance of Oak Ridge through exhibits at the American Museum of Science and Energy and the K-25 History Center. The tour highlights the Manhattan Project, nuclear science, national security, and the region's role in shaping modern energy research.

LEARNING OBJECTIVES

1. Understand the historical development of Oak Ridge and the Manhattan Project.
2. Explore the role of science and technology in national and regional development.

Itinerary:

1:40–2:45 PM — K-25 History Center;
3:00–4:00 PM — American Museum of Science and Energy



Ijams Nature Center & Navitat

Address: 2915 Island Home Ave., Knoxville, TN 37920

Offsite/Onsite: Offsite

Bus Required: Yes

Travel Time: ~15 min

**Excellent value:
Standard individual ticket cost: \$59.**

LEARN MORE

Navitat provides a treetop experience emphasizing physical activity and environmental education. This tour is ideal for active individuals.

Participants will experience Knoxville's urban wilderness at Ijams Nature Center, learning about environmental stewardship, outdoor recreation, and wellness through nature-based programming. This tour is ideal for active individuals.

Waivers are required to participate in Navitat.

LEARNING OBJECTIVES

1. Understand how nature-based programming supports health and wellbeing.
2. Explore outdoor recreation as a vehicle for Extension programming.

Itinerary:

Outdoor exploration at Ijams Nature Center with Navitat treetop adventure experience



UT Creamery Lab Tour & UT Gardens Walk

Address: 2712 Neyland Dr.,
Knoxville, TN 37996

Offsite/Onsite: Offsite

Bus Required: Yes

Travel Time: ~10 min

LEARN MORE

Participants will tour the UT Creamery to learn about dairy product development, food science, and student training programs, followed by a walk through the UT Gardens showcasing horticulture education and plant collections.

LEARNING OBJECTIVES

1. Understand university-based food science education and student training.
2. Explore horticulture outreach and Extension connections.

Itinerary:

Creamery tour and store visit followed by a guided tour of UT Gardens. Ice cream included!



Cruze Farm

Address: 2721 Asbury Road,
Knoxville, TN 37914

Offsite/Onsite: Offsite

Bus Required: Yes

Travel Time: ~10 min

LEARN MORE

Participants will visit Cruze Farms, a beloved local dairy producer, to learn about farm-to-table dairy production and experience a locally sourced ice cream offering. Gain insight into local food systems, agricultural entrepreneurship, and the role of small farms in community food access.

LEARNING OBJECTIVES

1. Understand local dairy production and farm-to-consumer food systems.
2. Explore the role of small agricultural businesses in community food access.

Itinerary:

Farm tour followed by ice cream tasting.



Ancient Lore Experience

Address: 7107 Sevierville Pike,
Knoxville, TN

Offsite/Onsite: Offsite

Bus Required: Yes

Travel Time: ~15 min

LEARN MORE

Participants will explore Ancient Lore Village, a unique hospitality and experiential tourism destination inspired by folklore and nature.

The guided experience highlights the design, storytelling, and hospitality model used to create immersive visitor experiences.

LEARNING OBJECTIVES

1. Learn how experiential tourism blends storytelling, nature, and hospitality.
2. Explore how immersive destinations create regional economic opportunities.

Itinerary:

2-hour guided tour of Ancient Lore Village including history and storytelling, followed by interactive axe-throwing experience.



Downtown Knoxville History Tour

Address: Downtown
Knoxville
(Sunsphere & East
Tennessee History
Center)

Offsite/Onsite: Offsite

Bus Required: No

Travel Time: Walking tour

LEARN MORE

Participants will explore the history and revitalization of downtown Knoxville through visits to key landmarks including the Sunsphere and East Tennessee History Center. The tour highlights tourism, historic preservation, and economic development strategies that have transformed downtown into a thriving community destination.

LEARNING OBJECTIVES

1. Understand how tourism and heritage preservation contribute to economic development.
2. Explore strategies for downtown revitalization as a community development practice.

Itinerary:

Start at Sunsphere, continuing to the East Tennessee History Center, ending at Market Square/Gay Street with free time to explore (including Mast General Store).



Money Habitudes Train-the- Practitioner

Address: Knoxville
Conference Center

Offsite/Onsite: Onsite

Bus Required: No

Travel Time: n/a

**Excellent value:
Standard training cost: \$250/pp**

LEARN MORE

Participants will explore the role of financial behaviors, attitudes, and values in money management through the Money Habitudes® framework. This interactive workshop helps professionals better understand the motivations behind financial decision-making and provides practical tools for facilitating productive conversations about money with clients, students, and community members.

LEARNING OBJECTIVES

1. Become Money Habitudes® certified.
2. Apply the Money Habitudes® framework to support financial education, coaching, counseling, and client engagement.
3. Utilize Money Habitudes® tools and resources to facilitate meaningful conversations about money.

Itinerary:

On-site training led by a certified Money Habitudes® facilitator. Participants will receive a complete suite of Money Habitudes® products and gain access to ongoing support through the Money Habitudes® Community Platform.



Human Development & Community Service Project

Address: 216 Southdowne Dr,
Maryville, TN 37801

Offsite/Onsite: Offsite

Bus Required: Yes

Travel Time: ~30 min

LEARN MORE

Explore how community partnerships and volunteer engagement strengthen support for children, families, and communities. Participants will create flower arrangements for local community members while discovering ways to incorporate similar collaborations into Extension programming.

LEARNING OBJECTIVES

1. Understand how collaborative service organizations support families in crisis.
2. Identify opportunities to incorporate service-learning and community partnerships into Extension programming.

Itinerary:

2:00-2:30pm- visit New Hope Children's Advocacy Center

2:45-3:30 - visit Isaiah House 117 and do service project

3:30-4:20- Random Acts of Flowers