

NATIONAL EXTENSION ASSOCIATION OF FAMILY AND CONSUMER SCIENCES

Tri-Star Traditions

Uniting Service, Community, and Volunteerism for Change



Annual Session

KNOXVILLE, TN ★ Sept. 28 - Oct. 1, 2026

ANNUAL SESSION PROGRAM

ANNUAL SESSION SPONSORS & DONORS

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EXTENSION HOUSING OUTREACH AWARD



FINANCIAL MANAGEMENT AWARD IN MEMORY OF DEAN DON FELKER



PAST PRESIDENT'S NEW PROFESSIONAL AWARD

NEAFCS Past Presidents

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PRESIDENT'S WELCOME

Welcome to the 92nd Annual Session of the National Extension Association of Family and Consumer Sciences, hosted in the beautiful city of Knoxville, TN in the foothills of the Smoky Mountains.

We are delighted you are here. Whether this is your first Annual Session or a gathering you look forward to each year, we hope this week provides opportunities to network, learn, recharge, and create lasting memories. From the excitement of our Dollywood welcome event to the final celebration of excellence at the Awards Program, we hope your time together is both professionally enriching and personally meaningful.

As you participate in professional development sessions, exchange ideas with colleagues, and build new relationships, we encourage you to reflect on how this year's learning objectives can strengthen your work and the communities you serve:

Celebrate Traditions

Honor the enduring values of service, community, and volunteerism that have long defined Extension and continue to strengthen the lives of individuals and families.

Unite Communities

Foster collaboration among members, partners, and stakeholders as we work together to address challenges, build connections, and create opportunities for growth.

Champion Change

Embrace innovation and inspire positive action that leads to sustainable, transformative outcomes for individuals, families, and communities.

One of the greatest strengths of NEAFCS are the relationships we build with one another. Your Board members are eager to connect with you throughout the week. Whether you have a question, an idea, feedback to share, or simply want to visit, please stop and say hello. We look forward to getting to know you better. You will find Board members:

- Greeting attendees at the Welcome and Closing Sessions
- Welcoming members in the Registration Area
- Offering assistance and hospitality at the Hospitality Desk
- Connecting with members and partners in the Exhibit Hall

This Annual Session would not be possible without the dedication and commitment of many individuals working behind the scenes for months. We extend our heartfelt appreciation to Susan Moore, Vice President for Professional Development, and the Board members who partnered with Tennessee Tri-Liaisons Elizabeth Renfro, Shay Davis, and Lacy Yeley to plan and deliver this exceptional conference experience.

We are also deeply grateful to our management team, Danielle, Elizabeth, and Jessica, whose tireless efforts, attention to detail, and unwavering support helped bring every aspect of this event together. Special thanks to the many conference committee members and volunteers whose creativity, energy, and countless hours of service have created a rich and meaningful experience for us all. Most importantly, thank you for being here. Your commitment to Extension, Family and Consumer Sciences, and the communities you serve is what makes NEAFCS so strong. We are honored to spend this week learning, connecting, celebrating, and growing together.

Honored to have served you this year,



Dianne Christensen, NEAFCS National President



VICE PRESIDENT FOR PROFESSIONAL DEVELOPMENT WELCOME



This week, we come together to celebrate our traditions, unite communities, and champion meaningful change by honoring the values of service, community, and volunteerism.

Welcome to our 2026 National Extension Association of Family and Consumer Sciences (NEAFCS) Annual Session!

It is an honor to welcome you to Knoxville and the great state of Tennessee – a region built on a proud heritage of community education, resilience, and true southern hospitality!

An event of this scale requires an immense amount of planning and dedication. I want to extend our deepest gratitude to our Tennessee Tri-Liaisons: Shay Davis, Elizabeth Renfro, and Lacy Yeley. We thank them, their subcommittees, national committee members, and other contributors for working tirelessly behind the scenes for months to create an abundance of professional development opportunities that reflect the true spirit of the Volunteer State. I also want to thank Professional Development Program Committee Co-Chair Andrea Nikolai (Florida) for her exceptional leadership in coordinating the peer review of hundreds of annual session proposals.

Our theme this year is **“Tri-Star Traditions – Uniting Service, Community, and Volunteerism for Change!”** This week, we come together to celebrate our traditions, unite communities, and champion meaningful change by honoring the values of service, community, and volunteerism. As you network with Extension professionals from across the nation, you will gather valuable resources, proven strategies, and innovative curriculums that you can utilize to make a positive impact on the quality of life for individuals, families, and communities.

Let’s challenge ourselves this week to step out of our comfort zones, build new friendships, and embrace new ideas – as the great Dolly Parton wisely said, “You’ll never do a whole lot unless your brave enough to try.”

Susan L. Moore

Vice President for Professional Development

WELCOME FROM THE CITY OF KNOXVILLE



September 28, 2026

Dear NEAFCS Members,

It is my pleasure to welcome you to Knoxville!

We are honored to host professionals whose work strengthens individuals, families, and communities across the United States. Your dedication to education helps create lasting positive change and improve the quality of life for people of all ages.

As home of the University of Tennessee's flagship campus, Knoxville has deep roots in Extension tradition and recognizes the valuable contributions of Family and Consumer Sciences professionals. Your commitment to empowering individuals and strengthening communities aligns with the values we strive to uphold in our city.

We are proud of Knoxville's rich history, vibrant arts and culture and beautiful outdoor spaces. During your visit, I encourage you to explore our lively downtown as well as the natural beauty that has earned East Tennessee its reputation as a welcoming and inspiring place.

Thank you for the important work you do every day. We hope your time in Knoxville is filled with meaningful education, valuable networking opportunities, and memorable experiences.

Best wishes for a successful conference and an enjoyable visit.

Sincerely,



Indya Kincannon
Mayor



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NEAFCS HISTORY

NEAFCS IN 1975: A 75TH ANNIVERSARY CELEBRATION

Knoxville and the Tennessee affiliate hosted the NAEHE Annual Session in 1975. President Nettie Ruth Brown shared her memories of the meeting as NEAFCS celebrated its 75th Anniversary. The following is an excerpt from the article she wrote that is posted in the NEAFCS Historical Archive: *"Reflections from the Past: Remembrances of a Past President: Highest Attendance Ever at Annual Session."*

The 1975 Annual Session was held in Knoxville with the theme Spirit of '76 Spotlight on Professionalism. It was the highest ever attendance for the association with over 2000 registrants. It seemed everyone wanted to partake of the "southern hospitality."

Because of the large number of participants, many late registrants had to be housed at other locations. Shuttles were arranged to transport them to the meetings. During the Board meeting, concern was expressed for the availability of hospitality for those who registered late. The Board agreed that hospitality would be allowed for the late registrants.



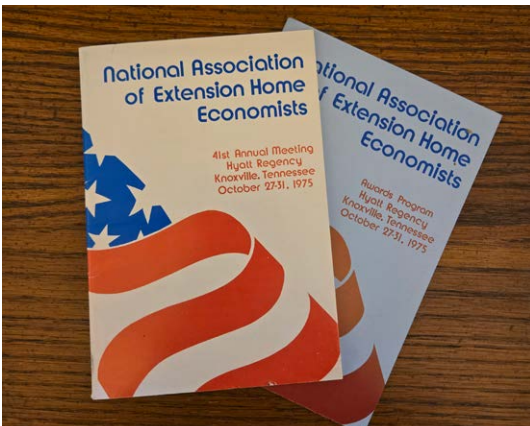
**Nettie Ruth Brown (FL),
Past
President,
1975**

Many last minute changes had to be made to accommodate the large attendance. The opening session was held in the auditorium of the Coliseum. Two separate dining areas were set up because the ballroom could only seat 1200. An additional 600 were served in the lobby.

Over 80 companies exhibited with approximately 241 "excited" exhibitors participating. I remember one of the exhibitors was Faultless Spray Starch. Today, starching is almost a "thing of the past". That year there were many events sponsored by companies such as Miles Laboratory, Campbell Soup Company, Coats and Clark, General Foods, Kraft and Production Credit Association. Many of these types of activities are now a "thing of the past", too.

One of the objectives of the meeting was to honor our heritage. With this in mind the NAEHE Bicentennial Photography Project was created and introduced at the 1976 meeting. Each state was allowed three entrees.

Having the 1975 Annual Session with the largest participation level so very successful made me extra proud to be our President.



NEAFCS ENDOWMENT

INVEST IN THE FUTURE OF NEAFCS

Your Gift Makes a Lasting Difference

Every donation to the **NEAFCS Endowment Fund** helps strengthen our profession and supports the next generation of Family & Consumer Sciences professionals.

Your generosity helps fund:

- ✓ Leadership Development
- ✓ Professional Growth
- ✓ Member Grants
- ✓ Annual Session Scholarships
- ✓ Innovative Programs & Initiatives

Since 2021, the NEAFCS Endowment has awarded more than \$81,000 in grants and scholarships to NEAFCS members.

Help Us Build an Even Stronger Future

SCAN TO DONATE

Your contribution today creates opportunities for members tomorrow.

Thank you for investing in the future of NEAFCS.



GENERAL INFORMATION

ICON KEY



Wellness Activity



Award Winner



Ticket Required



Endowment Award



Meal Provided



AEO Award



Sponsor



Committee Track

REGISTRATION

Annual Session Registration is located at the Knoxville Convention Center, 3rd Floor Clinch Concourse.

Sunday: 4:00 PM – 6:00 PM

Monday: 7:00 AM – 5:00 PM

Tuesday: 7:00 AM – 1:15 PM

Wednesday: 7:00 AM – 5:00 PM

Thursday: 7:00 AM – 12:00 PM

MESSAGE BOARD

A message board will be available near the Annual Session Registration Desk. You can utilize this board to share information on State's Night Out, photography appointments, ticket exchange, and other messaging needs.

HOSPITALITY

Stop by the Hospitality Desk located at the Clinch Info Desk on the 3rd Floor for your attendee gift.

HOSPITALITY HOURS:

Monday: 11:00 AM – 3:30 PM

Tuesday: 11:30 AM – 1:00 PM

Wednesday: 12:00 PM – 3:00 PM

Thursday: 12:00 PM – 2:00 PM

EXHIBIT HALL

One day only this year – join us on Wednesday, September 30 from 12:00 PM – 5:30 PM to meet exhibiting companies and learn about the latest products and services. The Exhibit Hall is in Ballrooms A-D of the Knoxville Convention Center.

The following activities are in the Exhibit Hall:

- Silent Auction
- Wednesday Lunch (12:00 PM – 1:00 PM)

EXHIBIT FORUMS

Hear from the exhibitors and learn about their products and services during their presentation. For information on Exhibit Forum location and details, see page 46.

PHOTOS

Photos taken during the 2026 Annual Session will be available to download online within 30 days. To schedule a group picture, please sign up on the Message Board located next to the Annual Session Registration Desk.

Don't see a time that works for you? You can take photos throughout the conference at the NEAFCS banner or at one of the many photo locations throughout Dollywood.

CONTINUING EDUCATION/ PROFESSIONAL DEVELOPMENT UNITS

CEUs and PDUs are available from the following: AAFCS; AFCPE; NCFR. Certificates and information will be on the NEAFCS website after the conclusion of the conference.

ROCKY-TOP RELAXATION ROOM

Need a moment to recharge between conference sessions? Stop by the Rocky Top Relaxation Room located in the Rotunda to relax and unwind with DIY herbal teas, essential oils, puzzles, and calming activities.

WELLNESS ACTIVITIES

Join us on Tuesday, Wednesday, and Thursday morning for Wellness Activities to get your day started. Check the daily schedule for start times and location. Registration for Wellness Activities is available at the Hospitality Desk. Please note that some activities have limited availability and are offered on a first-come, first-served basis, so we encourage you to register early!

Tuesday, September 29

- Walk/Jog, Line Dancing & Tai Chi

Wednesday, September 30

- Walk/Jog and Drums Alive

Thursday, October 1

- Walk/Jog, Chair Yoga, Stay Strong Stay Healthy

SILENT AUCTION & CASH POT FUNDRAISER

Sponsored by the Sponsorship and Support Subcommittee

CASH POT FUNDRAISER

The Fundraiser will run throughout the conference, with the ticket reveal taking place at the close of the Exhibit Hall on Wednesday, September 30 at 5:30 PM. You do not have to be present to win.

SILENT AUCTION

Wednesday: 12:00 PM – 5:30 PM

Final bids are due before the Silent Auction closes at 5:30 PM on Wednesday.

DONATED ITEMS

If you have a donated item for the Silent Auction, you may drop it off at the Silent Auction Desk during the hours listed below. Located in the Henley Meeting Room on the 3rd floor.

Sunday: 4:00 PM – 6:00 PM

Monday: 12:00 PM – 3:00 PM

Tuesday: 10:30 AM – 11:30 AM

Wednesday: 7:00 AM – 10:00 AM

WINNERS BID ITEM ANNOUNCEMENT AND PICKUP

Thursday, October 1 at the Silent Auction Room located in the Henley Meeting Room on the 3rd floor.

- Winners Announced: 9:30 AM – 10:30 AM
- Item Pickup: 9:45 AM – 12:00 PM

SERVICE PROJECT

Support the 2026 NEAFCS Annual Session Service Project, Dolly Parton's Imagination Library in Tennessee. Funds raised through the NEAFCS Conference will provide financial support to Imagination Library local program partners with the greatest need, helping ensure all eligible children in their counties receive one book mailed to their home each month, at no cost to the family.



When donating follow these steps:

- Click yes to “Would you like to designate your gift to a County Imagination Library program?”
- Use the drop-down menu to scroll to the bottom to select Statewide.

LOST AND FOUND

Missing an item? Please check with the Registration Desk.

2026 SCHEDULE

SUNDAY, SEPTEMBER 27, 2026

9:00 AM – 3:00 PM	National Pre-Board Meeting
4:00 PM – 6:00 PM	Registration Desk Open/Silent Auction Drop-off

MONDAY, SEPTEMBER 28, 2026

7:00 AM – 5:00 PM	Registration Desk Open/Service Project Drop-off
8:00 AM – 11:00 AM	Pre-Conference Workshops (<i>separate registration required</i>)
11:00 AM – 3:30 PM	Hospitality Desk Open
12:00 PM – 3:00 PM	Silent Auction Drop-off
12:00 PM – 6:00 PM	Setup for Showcase of Excellence Poster Presenters
1:00 PM – 5:00 PM	In-Depth Sessions (<i>separate registration required</i>)
5:15 PM – 6:15 PM	First Time Attendee Gathering

TUESDAY, SEPTEMBER 29, 2026

Meals provided: Breakfast, Dinner

School Pride Day! Wear your school shirt or colors. Comfortable clothing appropriate.

6:30 AM – 7:30 AM	Wellness Activities (<i>Walk/Jog, Line Dancing, Tai Chi</i>)
7:00 AM – 1:15 PM	Registration Desk Open
7:00 AM – 4:00 PM	Showcase of Excellence Poster Displays Open for Viewing

8:00 AM – 9:30 AM	Regional Business Meetings & Awards Breakfast
9:45 AM – 11:30 AM	Concurrent Sessions
9:45 AM – 11:30 AM	Life Member Meeting
10:30 AM – 11:30 AM	Silent Auction Drop-off
11:30 AM – 1:00 PM	Rocky Top Relaxation Room Open
11:30 AM – 1:00 PM	Hospitality Desk Open
11:30 AM – 1:00 PM	Lunch on own
1:00 PM – 2:45 PM	Opening General Session
1:30 PM – 5:00 PM	Exhibitor Setup
2:45 PM – 3:00 PM	Bus Loading for Dollywood (<i>travel time 3:00 PM – 4:00 PM</i>)
4:00 PM – 8:00 PM	Welcome Event & Dinner at Dollywood
8:00 PM – 8:15 PM	Bus Loading for Knoxville (<i>travel time 8:15 PM – 9:15 PM</i>)

WEDNESDAY, SEPTEMBER 30, 2026

Meals provided: Lunch

6:30 AM – 7:30 AM	Wellness Activities (<i>Walk/Jog, Drums Alive</i>)
7:00 AM – 10:00 AM	Silent Auction Drop-off
7:30 AM – 11:00 AM	Exhibitor Setup
7:00 AM – 5:00 PM	Registration Desk Open
7:00 AM – 5:30 PM	Showcase of Excellence Poster Displays Open for Viewing

8:00 AM – 2:00 PM	Marketplace
8:00 AM – 4:00 PM	Program Leaders Meeting – Day 1 <i>(separate registration required)</i>
8:30 AM – 12:00 PM	Concurrent Sessions
9:30 AM – 10:30 AM	NEAFCS National Board and Program Leaders Discussion
11:00 AM – 11:30 AM	Exhibit Hall Orientation <i>(Exhibitors only)</i>
12:00 PM – 3:00 PM	Hospitality Desk Open
12:00 PM – 5:30 PM	Exhibit Hall Open <i>(boxed lunch provided)</i> Silent Auction <i>(last bid 5:30 PM)</i>
12:30 PM – 2:00 PM	Exhibit Forums
1:00 PM – 4:00 PM	Rocky Top Relaxation Room Open
1:15 PM – 2:45 PM	Leadership Event <i>(invitation only)</i>
3:15 PM – 4:15 PM	Showcase of Excellence Poster Staffed Time <i>(optional)</i>
3:15 PM – 5:00 PM	Annual Business Meeting
5:00 PM – 6:30 PM	State Photos
5:30 PM	States Night Out
5:30 PM – 7:00 PM	Showcase of Excellence Poster Teardown

THURSDAY, OCTOBER 1, 2026

Meals provided: Breakfast, Dessert

6:30 AM – 7:30 AM	Wellness Activities <i>(Walk/Jog, Chair Yoga, Stay Strong Stay Healthy)</i>
7:00 AM – 8:00 AM	Showcase of Excellence Poster Display Teardown
7:00 AM– 12:00 PM	Registration Desk Open
8:00 AM – 9:30 AM	Closing Session & Breakfast
9:30 AM - 10:30 AM	Silent Auction Winners Announced
9:45 AM – 11:30 AM	Concurrent Sessions
9:45 AM – 12:30 PM	Program Leaders Meeting – Day 2 <i>(separate registration required)</i>
10:00 AM – 11:30 AM	National Post-Board Meeting
10:30 AM – 12:00 PM	Silent Auction Pick-up
11:30 AM – 1:00 PM	Lunch on own
11:30 AM – 1:00 PM	Rocky Top Relaxation Room Open
12:00 PM – 2:00 PM	Hospitality Desk Open
12:00 PM – 2:00 PM	Past-President's Lunch
1:00 PM – 2:45 PM	Concurrent Sessions
3:00 PM – 4:00 PM	Affiliate Officer Meetings
4:00 PM – 6:00 PM	Dinner on own
6:00 PM – 6:45 PM	President's Appreciation Event
6:45 PM – 8:30 PM	Closing National Awards Ceremony <i>(dessert, coffee)</i>

TUESDAY, SEPTEMBER 29, 2026

CONCURRENT SESSIONS AT A GLANCE

	9:45 AM - 10:30 AM	10:45 AM - 11:30 AM
4-H and Youth Development	Investing in Youth Financial Capability: Bringing The Stock Market Game™ to 4-H	Comparing Agricultural Knowledge Gains: Field Trip Outcomes for Public and Private School Students
Economic & Workforce Development	From Assets to Well-being: Building Community Vitality Through Extension Programming	Tree-mendous Teachers! A Nature-Based Early Childhood Professional Development Program
Education, Leadership, and Community Engagement	Proven Best Practices for Engaging and Retaining Participants in Virtual Extension Programs	How Professional Educators Share Digital Resources with Caregivers In-Person: Translational Practices in a Digital Age
	Recovery Matters. You Matter.	Spanish HED
	First Time Homebuyer Program "Spanish-Language Education Series"	
Financial Health and Capability	Money Week: Building Smart Money Habits - One Young Learner at a Time	
Food and Nutrition		Developing a New Canning Recipe Can't be That Hard...
Health and Well-being	Winter Wellness	Wellness in Action: A TenLesson Curriculum for Extension Educators
Lifespan Development and Family Relationships	Caring for Our Kin: Building National Partnerships to Strengthen Kinship Caregiver Support	Art for Better Living
Trending Topics	What's New with Student Loans	Meal Planning with Confidence: Adapting One Toolkit for Multiple Programs to Save Time, Money, Reduce Stress and Reduce Food Waste.
	Addressing Opioid Misuse in Rural Communities through Partnerships Between Extension and Social Work	

WEDNESDAY, SEPTEMBER 30, 2026

CONCURRENT SESSIONS AT A GLANCE

	8:30 AM -9:15 AM	9:30 AM - 10:15 AM	10:30 AM - 11:15 AM	11:30 AM - 12:00 PM
4-H and Youth Development		Stretch. Breathe. Imagine.: A Resource of Themed Yoga Routines for Youth		
Committee		Awards, What NOT to Do	Access Is Not Enough: Building Trust, Engagement, and Opportunity Through Extension	
Education, Leadership, and Community Engagement	Building Stronger Programs Together: A Cross-Disciplinary Model for Integrating Health and Horticulture Education	Addressing substance use in rural communities through a community engaged mapping framework	Influencing Change through Storytelling: A Workshop for Extension Professionals	Making Older Adults' Wellness a National Priority: Understanding Educational Needs Across Eight Dimensions of Wellness
	The People's University – Relationships Matter		Effective Program Design for Curriculum Development	
Environmental Health and Sustainability		Extension's Collaborative Response to Calamitous Weather Events: Project Recovery Iowa		
Financial Health and Capability	Listening to Learn: What Secondary Educators Need to Effectively Teach Personal Finance	Beyond the Budget: Leveraging Multimedia Tools for Holistic Financial Well-Being	Designing Learning That Sticks: Gamification in Family Financial Education Programming	Reality Money Check: An Experiential, Research-Based Approach to Youth Financial Decision-Making
			Financial Fridays	
Food and Nutrition	Teaching Healthy Eating and Grocery Budgeting through Grocery Store Tours	Exploring the Germ Cave!	Addressing College Food Insecurity by Incorporating Fresh Produce Distributions with Budget-Friendly Microwave Recipes	Field to Fork
Health and Well-being	From Awe to Action: Implementing and Evaluating Dark Sky Experiences for Rural Mental Health	Strengthening Vaccine Conversations During Measles Outbreaks Through Motivational Interviewing	Strong Bodies Program Shows Benefits for Aging Adults	StrongPeople Strong Bodies Fosters Social Connections and Supports Sustained Engagement in Strength-building Activities Among Middle and Older Adults
	The Mental Wellness Conversation Curriculum			Stitch By Stitch: Supporting Mental Wellbeing Through Hand Stitchery

continued

WEDNESDAY, SEPTEMBER 30, 2026, CONTINUED

Lifespan Development and Family Relationships		From Pandemic Response to Sustainable Practice: Creating Effective Online Learning for Parents and Caregivers	Development and Evaluation of a Nutrition Education Program for Emerging Adults	Behind the Scenes of Empowering Parenthood: How to Plan and Execute a Meaningful Maternal Health Expo
				Age-Friendly Ocean County: The Implementation of a Multisector Plan for Aging
Skill-Based	Leveraging Learning Management Systems (LMS) to Build Online Extension Courses	Breaking Through Tough Conversations: Communication Skills for All	Dining with Diabetes Curriculum Updates	
Technology	Penn State Extension - Food & Health Social Media Education Initiative			
Trending Topics	Beyond More Effort: How Structural Redesign Transformed High Demand Extension Programming		Beyond the Menu: Committee-led Community Dinners Bring Local Resources to the Table	

THURSDAY, OCTOBER 1, 2026 CONCURRENT SESSIONS AT A GLANCE

	9:45 AM - 10:30 AM	10:45 AM - 11:30 AM	1:00 PM - 1:45 PM	2:00 PM - 2:45 PM
4-H and Youth Development	Growing Healthy Connections: Relationship Education for Youth	Youth Leading Change: An Experiential 4-H Model to Reduce Food Waste	Many Hands Working Towards a Change: Youth Health and Wellness Ambassadors, A Peer-Led Approach to Community Well-Being	Youth Exploring, Empowering and Experiencing 4-H Financial Health and Capability
			Skyward: Recalibrating Life Under the Stars	
Committee				Bring Innovation to Your Extension Effort Story In The Changing World
Economic and Workforce Development	Planning for Life After High School: Helping Families Navigate What's Next		Empowering Entrepreneurs	
Education, Leadership, and Community Engagement	A Recipe for Stronger Families: Delivering Literacy, Nutrition, and Parenting Education through Family Programming		Growing on Purpose: Three Laws Every Extension Professional Can Use to Lead and Thrive	Examination of the Utility of Implementing Dr. Yum's Food Adventure through FCS Extension

continued

THURSDAY, OCTOBER 1, 2026, CONTINUED

Financial Health and Capability	Using Book Clubs to Build Financial Capability and Foster Extension Collaboration	Organize this! Explore, Adapt, and Implement for Local Impact	More Than a Refund: Transforming Tax Appointments Into Financial Education Moments	Home Price Halt: How CLTs Let Families Keep More in Their Pockets
Food and Nutrition	On the Move: How a Mobile Kitchen Cart is Taking FCS Into the Community	Translating Evidence into Action: Empowering Families to Reduce Food Allergy Risk Through Early Introduction	Cultivating Capacity and Improving Food Security Through Hands-on Gardening Education	Engaging Consumers in Local and Nontraditional Food Retail to Improve Food Access and Healthy Eating Behaviors
		Cottage Foods 101 Pilot: Program Outcomes from Hillsborough and Wakulla, Florida		
Health and Well-being	Promoting Dignity and Access: Tackling Stigma in Food Security and School Meals	Unlocking Community Capacity for Diabetes Self-Management	Cultivating Wellness in Farm Communities Through Collaboration: Action Steps from a Statewide Forum	Strengthening Health and Communities through Immunization Supplemental Messaging and Resources for EFNEP Professionals: Preliminary Results of a Regional Pilot
	Stronger Together: The Power of Rural Collaboration for Suicide Prevention and 988 Awareness			From Training to Impact: A Two-Year Evaluation of Mental Health First Aid for Extension Workforce Competency
Lifespan Development and Family Relationships		Respect: What, Why, and How		Let's Go Outside! Can You Find?
Skill-Based		Paper or Digital: Comparison of Data Collection Methods of In Person Co-Parenting Education	Using Creative Activities and Health Education Information to Build Community Protective Factors: Overview of the Crafting Change Program	
Technology	Seizing the Moment: How Cooperative Extension Can Capture the News Cycle	Leveraging Artificial Intelligence (AI) to Advance Nutrition Education: Developing and Deploying Evidence-Based AI Chatbots for Health Behavior Change	Expanding Reach: The Power of Multi-State Online Teaching	From Research to Relevance: Using Canva and CapCut to Create Engaging Educational Content
Trending Topics	From Burnout to Belonging: Research-Informed Strategies to Strengthen Professional Fulfillment, Psychological Capital, and Faculty Self-Efficacy			

SILENT AUCTION



KNOXVILLE, TN ★ Sept. 28 - Oct. 1, 2026

SUPPORT | CELEBRATE | EMPOWER

What?

Silent Auction | One Day Only!



When?

Wednesday | September 30 | 12pm to 5:30pm

Why?

Did You Know Our NEAFCS Members outstanding achievements are recognized through the funds raised from the Silent Auction and Cash Pot Fundraiser?

How?



- Join the fun & support the recognition of our colleagues!
- Bid generously and often!
- Contribute amazing have-to-have items!
- Contribute to Cash Pot Fundraiser!
- Feel great by supporting the Awards and Recognition Committee in their funding raising efforts.
- Your participation directly supports the recognition of excellence within NEAFCS. You make it all possible



WILDLIFE

IN NE TENNESSEE



BLACK BEAR



TIMBER RATTLESNAKE



COPPERHEAD



BOBCAT



WILD HOGS



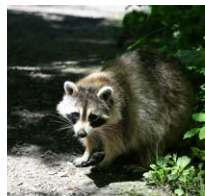
COYOTE



OPOSSUM



BALD EAGLE



RACCOON



BATS

Tennessee is home to a diverse Ecosystem of wildlife and insects. Even though it maybe rare to have an encounter with certain wildlife being prepared will keep you and local wildlife safe. The Knoxville area does have a high population of ticks that carry Lyme disease and Rocky Mountain Spotted Fever, if you plan to spend time outdoors please protector yourself.



OUTDOOR SAFETY TIPS

Bear Encounters

Bears prefer to avoid people whenever possible, but both black bears and grizzly bears are powerful wild animals and may defend themselves when surprised or feeling threatened. Deliberate attacks on people are very rare. **Always base how you respond in any bear encounter on the bear's behavior, not the species.**



A standing bear is not being aggressive. The bear is trying to get a better look and smell so it can figure out if you are a threat and identify an escape route.

DEFENSIVE BEAR BEHAVIOR — Bears often behave defensively when surprised, feeling cornered or protecting their food or cubs. Their blustery behavior is meant to warn you to stay away. It seems scary, but it's a sign of stress, not an impending attack.

Surprising a bear at close range is both the most common cause of incidents that result in injuries **and the most avoidable.**

CURIOUS BEAR BEHAVIOR — Young bears testing their boundaries or looking for food sometimes boldly approach people on trails or in camp, and may even swat at you.

PREDATORY BEAR BEHAVIOR — True predatory behavior is both very rare and very different from the behavior of a nervous defensive bear. The bear won't bluster, vocalize, charge or try to intimidate you. It will be calm and purposeful, methodically approaching or silently circling or following you with ears erect.



BearWise® Safety Tips

Carry bear spray and know how to use it.



Hike with others (3 or more in grizzly country).

Stay alert and stay together.

Make noise frequently. Clap hands, talk loudly, use a whistle. Be extra alert when conditions make it hard to hear or limit visibility.



Stay on designated trails.

Bears know people use trails and generally avoid them during the day. Going off trail increases your chances of an encounter.

Never run from a bear.

Never climb a tree.

Never approach bears.

Never feed bears.



continued >

Keep a Bear Sighting from Turning Into an Encounter

If you see a bear that is not aware of you, do not approach.
Enjoy this special moment, then move away quietly; do not run.



Black Bear

American black bears live throughout North America, from Alaska and Canada to Mexico.



Learn More: BearWise.org

Grizzly bears live in Montana, Wyoming, Idaho, Washington, Alaska and Canada.



Grizzly Bear

2026 ANNUAL SESSION AGENDA

SUNDAY, SEPTEMBER 27, 2026

All meetings and events will be held at the Knoxville Convention Center, unless otherwise specified in the schedule below.

9:00 AM – 3:00 PM

National Pre-Board Meeting

ROOM: 301 E

4:00 PM – 6:00 PM

Silent Auction Drop-off

ROOM: HENLEY MEETING ROOM

4:00 PM – 6:00 PM

Registration Desk Open

ROOM: CLINCH CONCOURSE, 3RD FLOOR

For Attendees - Knoxville, TN



Visitor Information

Take a timeout and experience Knoxville!



Attendee Savings

Download the Visit Knoxville App to save!



Downtown Dining

Over 90 restaurants in walking distance.



Downtown Bus

Fare-Free options for downtown Knoxville.



MONDAY, SEPTEMBER 28, 2026

All meetings and events will be held at the Knoxville Convention Center, unless otherwise specified in the schedule below.

MONDAY SCHEDULE AT A GLANCE

7:00 AM – 5:00 PM	Registration Desk Open/Service Project Drop-off
8:00 AM – 11:00 AM	Pre-Conference Workshops (<i>separate registration required</i>)
11:00 AM – 3:30 PM	Hospitality Desk Open
12:00 PM – 3:00 PM	Silent Auction Drop-off
12:00 PM – 6:00 PM	Setup for Showcase of Excellence Poster Presenters
1:00 PM – 5:00 PM	In-Depth Sessions (<i>separate registration required</i>)
5:15 PM – 6:15 PM	First Time Attendee Gathering

7:00 AM – 5:00 PM

Registration Desk Open

**ROOM: CLINCH CONCOURSE,
3RD FLOOR**



7:00 AM – 7:45 AM

Continental Breakfast

for pre-conference workshop
participants only.



ROOM: WEST CONCOURSE



**Get Involved –
Join an NEAFCS
Committee!**

**LOOKING FOR WAYS TO CONNECT,
CONTRIBUTE, AND GROW YOUR
LEADERSHIP SKILLS?**

NEAFCS Committees are the heart of our association—driving ideas, shaping programs, and supporting members.

Stop by the Exhibit Hall on Wednesday to learn more about each committee, explore their upcoming action plans, and discover where your skills and passion fit best!

PRE-CONFERENCE WORKSHOPS

MONDAY, SEPTEMBER 28, 2026

8:00 AM – 11:00 AM



Building Better Meals

ROOM: 300 C, 3RD FLOOR

Presenter: Valerie Bass, Extension Director of the Tennessee Beef Industry Council

This session highlights beef's role in a balanced diet, aligned with the Dietary Guidelines for Americans, emphasizing key nutrients such as protein, iron, and B vitamins, along with food safety and sustainability practices.

Participants will gain practical skills in beef selection, preparation, and cooking through demonstration-based learning, as well as budget-friendly meal ideas and consumer-focused messaging. This program provides ready-to-use tools and recipes to help FCS Agents deliver engaging, hands-on nutrition education in their communities.

Learning Objectives:

- How beef fits into a healthy diet
- New food trends and memorable ways to engage consumers
- Budget-friendly recipes, demonstration tips & tricks



MONDAY PRE-CONFERENCE WORKSHOPS, CONTINUED

**Don't Leave it to Chance**

ROOM: 300 B, 3RD FLOOR

***Presenter(s): Carla Byrd, Dignity Memorial and
Victoria Tillman, McKinney and Tillman, P.C.***

Don't Leave It to Chance is an educational class designed to help individuals understand the importance of planning for the future. Participants will learn the basics of estate planning, including wills, powers of attorney, and key end-of-life decisions. The class will also discuss how proper planning can protect assets, reduce stress for loved ones, and ensure personal wishes are honored. By the end of the session, participants will have a better understanding of the steps they can take to begin organizing their plans and securing peace of mind for themselves and their families.

Learning Objectives:

- Recognizing the value of proactive end-of-life planning
- Identify key components of effective end-of-life preparation
- Develop strategies to facilitate meaningful conversation around end-of-life care



Byrd



Tillman

MONDAY PRE-CONFERENCE WORKSHOPS, CONTINUED



Restore and Rise: Rebuilding Life After Addiction

ROOM: 300 A, 3RD FLOOR

Presenters:

Dr. Katie Conrad, Extension Specialist II and Web-Based Specialist for the University of Tennessee

Clint Cummings, Extension Specialist and Project Director of Skill Up Tennessee

Jeremy Kourvelas, MPH, CPM, Program Coordinator, University of Tennessee Substance Misuse, Addiction Resource for Tennessee (SMART) Initiative

Dr. Kristin Riggsbee, Extension Specialist and Assistant Professor for the University of Tennessee

This comprehensive workshop prepares Extension professionals to educate and support individuals in recovery by addressing key areas essential to long-term stability and success. Participants will gain insight into current substance use and overdose trends, policy responses, and the recovery ecosystem, along with the effects of addiction on the brain, body, and mental health. Participants will also receive practical guidance on nutrition, accessing food resources, workforce readiness, and building recovery capital. By combining education with skill-building and examples of Extension programming with recovery audiences, participants will leave with tools to help individuals rebuild healthy routines, strengthen connections and independence, and sustain long-term recovery. The workshop will be presented by three University of Tennessee Extension Specialists and a substance use policy and recovery expert from the UT SMART Initiative.

Learning Objectives:

- Be able to educate and support individuals in recovery by addressing key areas essential to long-term stability and success.
- Gain insight into current substance use and overdose trends and the effects of addiction on the brain, body, and mental health, along with practical guidance on nutrition, accessing food resources, workforce readiness, and building recovery capital.
- Leave with tools and examples of Extension programming to help individuals in recovery rebuild healthy routines, strengthen connections and independence, and sustain long-term recovery.



Conrad



Cummings



Kourvelas



Riggsbee

11:00 AM – 3:30 PM

Hospitality Desk Open

*ROOM: CLINCH INFO DESK,
3RD FLOOR*



1:00 PM – 5:00 PM

In-Depth Sessions

See in-depth session grid on the next page for additional information.

12:00 PM – 3:00 PM

Silent Auction Drop-off

*ROOM: HENLEY MEETING
ROOM, 3RD FLOOR*



5:15 PM – 6:15 PM

First Time Attendee Gathering

*ROOM: BALLROOM A, 3RD
FLOOR*

This meeting is open to first time Annual Session attendees only. Dinner will not be provided. An optional group dinner will follow the gathering.

12:00 PM – 6:00 PM

**Setup for Showcase of
Excellence Poster Presenters**

*ROOM: HENLEY BALLROOM
CONCOURSE, 3RD FLOOR*

THANK YOU TO OUR 2025-2026 OUTGOING BOARD MEMBERS

Elizabeth Renfro – *Affiliate Tri-Liaison*

Lacy Yeley – *Affiliate Tri-Liaison*

Shay Davis – *Affiliate Tri-Liaison*

Lisa Fishman – *Eastern Region Director*

Sheila Gains – *Western Region Director*

Susan Moore – *Vice President Professional Development*

Troy Anderson – *Vice President Member Resources*

Cindy Thompson – *Secretary*

Christine Zellers – *President-Elect*

Jennifer Bridge – *Immediate Past President*

Dianne Christensen – *President*

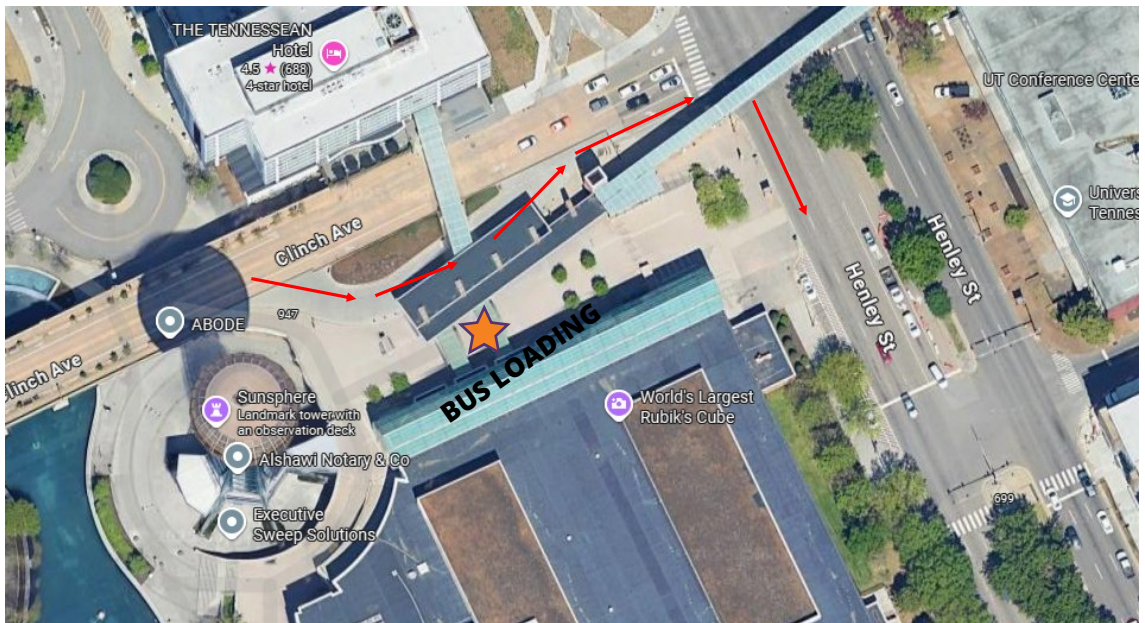
IN-DEPTH SESSIONS

Monday 1:00 PM – 5:00 PM

See ticket for bus loading and departure time. Buses will load at the Knoxville Convention Center

IN-DEPTH SESSION TITLE	PROGRAM AREA	LOCATION	BUS #/ROOM#
Museum of Appalachia	Education, Leadership, and Access, Engagement and Outreach	Offsite	1
Ijams Nature Center & Navitat	Health & Well-being	Offsite	2
Ancient Lore Experience	Trending Topics	Offsite	3
Cruze Farms Dairy Experience	Nutrition & Foods	Offsite	4
UT Creamery Lab Tour & UT Gardens Walk	Nutrition & Foods	Offsite	5
Downtown Knoxville History Tour	Economic and Workforce Development	Offsite	Walking. Meet outside clinch concourse doors (Clinch Ave. side of Center).
Money Habitudes Train-the-Practitioner	Consumer Economics	Onsite	Room 301 A, 3rd Floor

BUS LOADING MAP



TENNESSEE ANNUAL SESSION COMMITTEE MEMBERS

PRE-CONFERENCE SESSIONS

Co-Chair: Stacy Clark
Co-Chair: Sondra Thorne
Dr. Priscilla Ayine
Anna Belk
Dr. Karen Franck
Emma Mars
Michelle Matthews
Alexis Trice

MARKETING

Sarah Arnold
Crystal Blankenship
Dr. Lynn Brookins
Meagan Brown
Carla Bush
Donna Calhoun
Joel Clark
Shay Davis
Katie Dees
Dr. Matthew Devereaux
Rachel Erwin
Beatrice Harris
Amanda Huggins
Heather Kyle
Patricia Paden
Deanna Poole
Elizabeth Renfro
Casey Roberts
Lacy Yeley

HOSPITALITY AND LOGISTICS

Chair: Misty Layne-Watkins
Sarah Arnold
Jenny Biggs
Kathy Brown
Ebony' Colclough
Marci Hethmon
Patricia Paden
Brittany Satinover
Melinda Spooner
Melissa Standley
Raquel Victor
Janette Walker

LEADERSHIP EVENT

Chair: Kane Reeves
Chancey Chapman
Jamya Douglas
Brenda Hannah

MARKETPLACE

Co-Chair: Jacklyn Blair
Co-Chair: Rebecca Layman
Crystal Blankenship
Carol Brandon
Sarah King
Christen Newby-Hood
Megan Shelton
Lucy Timbs
Lauren Wells

FUNDRAISING

Co-Chair: Shelly Barnes
Co-Chair: Carla Bush
Dr. Lynn Brookins
Dr. Beatrice Harris
Heather Kyle
Mary Orloff
Michelle Parrott
Joy Powell

IN DEPTH SESSIONS

Co-Chair: Susan Connor
Co-Chair: Lydia Hoskins
Kaysie Adkins
Sarah Balance
Catherine Colson
Mary Draper
Allyson Harmon
Amanda Huggins
Tessa Humphreys
Mary Beth Lima
Lisa McMahan
Patricia Paden
Lauren Patterson
June Puett
Kristen Riggsbee
Jenny Smith
Mary Tyler
Amanda Woody
Lauren Woods

DECORATIONS

Chair: Mary Beth Henley
Christopher T. Sneed
Donna Calhoun
Lendsey Russell
Paula May
Rachel Erwin
Katie Dees
Rebecca Seratt
Piper Smith
Amy Lipe
Aliyah Young

WELLNESS/REST AND RELAXATION ROOM

Chair: Kinsey Hixson
Aimee Alberd
Jennifer Banks
Haley Barnes
April Berntson
Mallory Christian
Catherine Coalson
Laura Clark
Olivia Deason
Alexis Dixon
Kailee Flowers
Kinsey Hixson
Michelle Matthews
Lisa McMahan
Rebekah Melton
Anna Nelson
Terri Orr
June Puett
Abby Ramsey
Storie Ray

OPENING AND CLOSING SESSION

Chair: Lauren Woods
Rita Jackson
Mary Beth Lima

OPENING AND CLOSING SPEAKERS

Co-Chair: Sarah Kite
Co-Chair: Sarah Poole
Co-Chair: Tennille Short
Anna Nelson
Patricia Paden
Priscilla Short

WELCOME EVENT

Co-Chair: Meagan Brown
Co-Chair: Michele Atkins
Jenny Biggs
Crystal Blankenship
Mary Donahue
Connie Greiner
Adeline Johnson
Kristen Jones
Michaela Pedigo
Deanna Poole
Mary Tyler

AUDIO VISUAL

Joel Clark

TUESDAY, SEPTEMBER 29, 2026

All meetings and events will be held at the Knoxville Convention Center, unless otherwise specified in the schedule below.

SCHOOL PRIDE DAY! Wear your school shirt or colors.

TUESDAY SCHEDULE AT A GLANCE

6:30 AM – 7:30 AM	Wellness Activities (<i>Walk/Jog, Line Dancing, Tai Chi</i>)
7:00 AM – 1:15 PM	Registration Desk Open
7:00 AM – 4:00 PM	Showcase of Excellence Poster Displays Open for Viewing
8:00 AM – 9:30 AM	Regional Business Meetings & Awards Breakfast
9:45 AM – 11:30 AM	Concurrent Sessions
9:45 AM – 11:30 AM	Life Member Meeting
10:30 AM – 11:30 AM	Silent Auction Drop-off
11:30 AM – 1:00 PM	Rocky Top Relaxation Room Open
11:30 AM – 1:00 PM	Hospitality Desk Open
11:30 AM – 1:00 PM	Lunch on own
12:00 PM – 1:00 PM	Focus Group
1:00 PM – 2:45 PM	Opening General Session
1:30 PM – 5:00 PM	Exhibitor Set-up
2:45 PM – 3:00 PM	Bus Loading for Dollywood (<i>travel time 3:00 PM – 4:00 PM</i>)
4:00 PM – 8:00 PM	Welcome Event & Dinner at Dollywood
8:00 PM – 8:15 PM	Bus Loading for Knoxville (<i>travel time 8:15 PM – 9:15 PM</i>)

Registration for Wellness Activities is available at the Hospitality Desk. Please note that some activities have limited availability and are offered on a first-come, first-served basis, so we encourage you to register early!



6:30 AM – 7:30 AM

Walk/Jog

Participants will meet in front of the Marriot Hotel at 6:30 AM for a morning walk around the World's Fair Park Greenway (approximately 1.5 miles round trip). The Park sits on the former fairgrounds of the 1982 World's Fair hosted in Knoxville. Attendees are welcome to do a self-paced jog or run. Weather Permitting.



6:30 AM – 7:00 AM

Line Dancing

ROOM: ROTUNDA, 3RD FLOOR

No cowboy hat necessary! Almost all line dances are built by combining a few fundamental movements. Join us for gentle exercise and lots of fun!



7:00 AM – 7:30 AM

Tai Chi

ROOM: ROTUNDA, 3RD FLOOR

Tai Chi is a gentle mind-body practice combining slow movements, deep breathing, and meditation. It improves balance, builds muscle strength, and reduces stress.

7:00 AM – 1:15 PM**Registration Desk Open***ROOM: CLINCH CONCOURSE,
3RD FLOOR***7:00 AM – 4:00 PM****Showcase of Excellence Poster
Displays Open for Viewing***ROOM: HENLEY BALLROOM
CONCOURSE, 3RD FLOOR***8:00 AM – 9:30 AM****Regional Business Meetings
and Awards Breakfast***CENTRAL REGION – BALLROOMS
BC, 3RD FLOOR**EASTERN REGION – 300 AB, 3RD
FLOOR**SOUTHERN REGION –
BALLROOMS EFG, 3RD FLOOR**WESTERN REGION – 300 CD, 3RD
FLOOR***9:45 AM - 10:30 AM****CONCURRENT SESSIONS****Addressing Opioid Misuse in Rural
Communities through Partnerships
Between Extension and Social Work***Track: Trending Topics**Presenter(s): Diane Bales, Virginia Brown, Thuy
Dung Pham, Orion Mowbray***STATE: GA****ROOM: 301D, 3RD FLOOR**

Stigma around opioid use disorder (OUD) is a challenge in rural communities. Extension specialists and Social Work faculty and students partner to create and evaluate outreach to reduce OUD-related stigma.

**Caring for Our Kin: Building National
Partnerships to Strengthen Kinship
Caregiver Support***Track: Lifespan Development and Family
Relationships**Presenter(s): Jacqueline Amor-Zitzelberger,
Cynthia Pollich, Kristina Brant***STATE: PA****ROOM: 200 E, 2ND FLOOR**

Learn how two state Extension teams developed a comprehensive support-group curriculum and partnered with community organizations across eight states to pilot and expand it to strengthen and empower kinship caregivers.

**From Assets to Well-being: Building
Community Vitality Through
Extension Programming***Track: Economic and Workforce Development**Presenter(s): Michael Wilcox, Lisa Graves***STATE: IN****ROOM: 200 A, 3RD FLOOR**

Evidence-based framework integrating Community Capitals and Policy-Systems-Environment approaches demonstrates how Extension programming strengthens community vitality and well-being across rural and urban populations in the region.

**Investing in Youth Financial
Capability: Bringing The Stock Market
Game™ to 4-H***Track: 4-H and Youth Development**Presenter(s): Becky Smith, Julie Sims, Regina
Boykins, Sharon Nettles, Ashlyn Brett Clark***STATE: MS****ROOM: 301 B, 3RD FLOOR**

Learn how to introduce The Stock Market Game™ into 4-H using ready-made training creating teachable moments that help youth, agents, and volunteers safely learn investing and build financial capability.



Mary W. Wells Memorial Award Regional Winners Co-Presentation

*Track: Education, Leadership, and
Community Engagement*

ROOM: 301 C, 3RD FLOOR

First Time Homebuyer Program Spanish-Language Education Series

Presenter(s): Jenny Rodriguez, Giovanna Benitez, Laura Valencia, Cindi Hetz, Lisa Hamilton, Shannon Horillo

STATE: FL

Florida counties who offer down payment assistance require education to support stable homeownership. To address access gaps, UF/IFAS Extension adapted its research-based First-Time Homebuyer curriculum into a Spanish-language series statewide.

Recovery Matters. You Matter.

Presenter(s): Sondra Thorne

STATE: TN

Recovery Matters. You Matter. is an innovative program developed by Sondra Thorne providing life skills, nutrition, and emotional wellness education for people in recovery.

Money Week: Building Smart Money Habits - One Young Learner at a Time

Track: Financial Health and Capability

Presenter(s): Christopher Sneed, Ann Berry, Karen Franck, Marci Hethmon

STATE: TN

ROOM: 200 D, 2ND FLOOR

In this session, participants will explore Money Week, an elementary curriculum integrating financial concepts and reading instruction. Evaluation results demonstrating improved money skills, literacy, and scalable implementation will be shared.

Proven Best Practices for Engaging and Retaining Participants in Virtual Extension Programs

*Track: Education, Leadership, and Community
Engagement*

Presenter(s): Shailja Mathur, Mikaela Kane

STATE: NJ

ROOM: 200 C, 2ND FLOOR

This session will examine the key elements that influence participant engagement in virtual extension programs. Participants will learn effective strategies for virtual engagement and retention.

What's New with Student Loans

Track: Trending Topics

Presenter(s): Dorothy Nuckols

STATE: MD

ROOM: 200 B, 2ND FLOOR

This presentation highlights a program on major federal student loan changes, covering repayment plans, PSLF updates, and borrowing limits to equip educators and borrowers with essential knowledge.

Winter Wellness

Track: Health and Well-being

Presenter(s): Shannon Carter

STATE: OH

ROOM: 301 A, 2ND FLOOR

This research-based program offers evidence-driven strategies to boost winter wellness, focusing on immunity, mental resilience, and sustainable habits, helping participants optimize nutrition, sleep, and activity levels during colder, darker months.

9:45 AM – 11:30 AM

Life Member Meeting

ROOM: 301 E, 3RD FLOOR

10:30 AM – 11:30 AM

Silent Auction Drop-off

**ROOM: HENLEY MEETING ROOM,
3RD FLOOR**

10:45 AM - 11:30 AM

CONCURRENT SESSIONS



Art for Better Living

Innovation in Programming Award

Track: Lifespan Development and

Family Relationships

Presenter(s): Melissa Cook

STATE: WY

ROOM: 301 C, 3RD FLOOR

Art for Better Living challenges the “Cowboy Up” culture by combining art and mental health education into one innovative Extension program, improving resiliency, connection, and emotional wellness for rural older adults.

Comparing Agricultural Knowledge Gains: Field Trip Outcomes for Public and Private School Students

Track: 4-H and Youth Development

Presenter(s): Mona Habibi, Kelly Nichols, Catherine Savage, Chandini Montgomery

STATE: MD

ROOM: 200 C, 2ND FLOOR

This session examines agricultural knowledge gains through pre- and post-testing of public and private school students during a hands-on field trip, highlighting disparities in learning outcomes.



Developing a New Canning Recipe Can't be That Hard...

NEAFCS Endowment Grant Recipient

Track: Food and Nutrition

Presenter(s): Shauna Henley

STATE: MD

ROOM: 301 B, 3RD FLOOR

This talk will discuss the second round of testing towards validating a seafood stock recipe.

How Professional Educators Share Digital Resources with Caregivers In-Person: Translational Practices in a Digital Age

Track: Education, Leadership, and Community Engagement

Presenter(s): Kelsie Muller, Silvia Vilches, YaeBin Kim, Amanda Griswold

STATE: IN

ROOM: 200 E, 2ND FLOOR

Professional educators integrate digital parenting resources into in-person interactions, as a national survey shows. We explore strategies for designing reliable, accessible tools that strengthen family engagement through professional guidance.

Meal Planning with Confidence: Adapting One Toolkit for Multiple Programs to Save Time, Money, Reduce Stress and Reduce Food Waste.

Track: Trending Topics

Presenter(s): Mary Snow, Sheila Gains

STATE: CO

ROOM: 200 D, 2ND FLOOR

Explore how one meal planning toolkit was adapted for multiple programs to improve confidence, reduce food waste, reduce stress, save time, support budgets, and expand reach without creating new curricula.



Spanish HED

Mary W. Wells Memorial Award

*Track: Education, Leadership, and
Community Engagement*

Presenter(s): Camden Bryan

STATE: SC

ROOM: 301 D, 3RD FLOOR

Spanish Health Extension for Diabetes enrolled 115 South Carolina participants, delivering 192 hours of culturally tailored education. Led by Camden Bryan, the program improves outcomes, and increases Hispanic engagement statewide.

Tree-mendous Teachers! A Nature-Based Early Childhood Professional Development Program

*Track: Economic and Workforce
Development*

Presenter(s): Caroline Cruz

STATE: TX

ROOM: 301 A, 3RD FLOOR

The "Tree-mendous Teachers" Early Childhood Professional Development Program uses trees as windows to the world to train educators of young children. Let's go outside – nature is our classroom!

Wellness in Action: A Ten-Lesson Curriculum for Extension Educators

Track: Health and Well-being
Presenter(s): Chris Zellers, Jennifer Shukaitis

STATE: NJ

ROOM: 200 B, 2ND FLOOR

This session introduces the Eight Dimensions of Wellness and a peer-reviewed ten-lesson curriculum that equips Extension professionals with practical tools, assessments, and strategies to teach and apply evidence-based wellness concepts.

11:30 AM – 1:00 PM

Rocky-Top Relaxation Room Open

ROOM: ROTUNDA, 3RD FLOOR

11:30 AM – 1:00 PM

Hospitality Desk Open

ROOM: CLINCH INFO DESK, 3RD FLOOR

11:30 AM – 1:00 PM

Lunch on own

12:00 PM – 1:00 PM

Institute for Advancing Health Through Agriculture -Texas A&M AgriLife Focus Group

ROOM: 200 A

1:00 PM – 2:45 PM

Opening General Session with Keynote, Christine Williamson

ROOM: BALLROOMS EFG, 3RD FLOOR

See page 35 for more information about our Keynote.

1:30 PM – 5:00 PM

Exhibitor Setup

2:45 PM – 3:00 PM

Bus Loading to Dollywood

Buses depart from Clinch Ave. (see page 27 for the map). Tickets and meal vouchers will be distributed on the bus. Driving separately? Be sure to meet one of the NEAFCS Staff at the park entrance to collect your ticket and voucher.

4:00 PM – 8:00 PM

Welcome Event - Dollywood

This event is open to all full registered attendees and those that purchased the Welcome Event ticket. Dinner will be provided.

8:00 PM – 8:15 PM

Bus Loading to Knoxville

Buses pickup from bus parking lot and will leave as soon as they are full. The last bus will depart promptly at 8:15 PM.



OPENING GENERAL SESSION AGENDA

Tuesday 1:00 PM – 2:45 PM

School shirt and comfortable attire appropriate.

TUESDAY

Opening Slideshow

Virtual Parade of States by Regional Directors

Welcome

Elizabeth Renfro, Lacy Yeley, Shay Davis

NEAFCS Tri-Liaisons

Flag Ceremony and Pledge of Allegiance

Eastern Region 4-H All Star Council

Greetings

Dianne Christensen, NEAFCS President

Dr. Keith Carver, Senior Vice Chancellor/Senior Vice President, University of Tennessee
Institute of Agriculture

Dr. Tom Broyles, Interim Associate Dean of Extension for Tennessee State University College
of Agriculture

Susan Moore, NEAFCS VP for Professional Development

Keynote Presentation: Welcome to the Volunteer State!

Christine Electra Williamson

AAFCS/FCS Alliance Presentation

Samantha Kennedy, Director-at-Large

USDA/NIFA Presentation

Dr. Martha Ray Sartor, Division Director, Division of Family and Consumer Sciences

JCEP Presentation

Jennifer Bridge, NEAFCS Immediate Past President

Candidate Introductions

Jennifer Bridge, NEAFCS Immediate Past President and Nominating Committee Chair

NEAFCS Recognition

2025-2026 NEAFCS Affiliate Leaders, Past National Presidents, and National Executive Board

Chris Kniep, NEAFCS Historian

Christi Demitz, NEAFCS Leadership Experience Chair; 2026 Class

Cindy Thompson, Secretary, Ambassador Committee Liaison
Journal of NEAFCS Contributors

2026 Sponsor & Donor Recognition

Service Project: Imagination Library in Tennessee

Announcements & Closing

OPENING GENERAL SESSION KEYNOTE

Tuesday, September 29 | 1:00 PM – 2:45 PM

ROOM: BALLROOM EFG – KNOXVILLE CONVENTION CENTER

Welcome to the Volunteer State!

Christine Williamson

Volunteerism is more than an activity—it's a mindset that shapes how we lead, serve, and show up in our communities. The Volunteer State of Mind explores what it truly means to live a life grounded in service, even amid competing demands and complex challenges. This session reframes volunteerism as an identity rather than an obligation, emphasizing the quiet, consistent ways individuals make a lasting impact.

Participants will examine how service extends beyond traditional definitions, highlighting the role of mentorship, education, and opportunity as powerful forms of volunteerism. The session underscores how those who have opened doors for us modeled service—and how we, in turn, carry that responsibility forward for others.

Through the lens of NEAFCS member work, this session will also illustrate the ripple effect of engagement at the local level. Serving one family, one classroom, or one county at a time may seem small, but it is precisely how meaningful, sustainable change is built. Attendees will leave with a renewed perspective on their role as changemakers and practical insight into amplifying their impact through everyday acts of service.

Learning Objectives:

- Participants will be able to articulate volunteerism as a personal and professional identity — recognizing how their daily work as Extension professionals reflects a sustained commitment to service beyond traditional definitions of volunteering.
- Participants will be able to identify at least one way they currently serve as a mentor, educator, or opportunity-creator for others — and apply a framework for intentionally investing in the next generation of community leaders.
- Participants will be able to describe the ripple effect of localized service efforts — connecting their individual community impact to broader systemic change and leaving with renewed confidence in the significance of their work.

Attendees will leave with a renewed perspective on their role as changemakers and practical insight into amplifying their impact through everyday acts of service.



TUESDAY

WEDNESDAY, SEPTEMBER 30, 2026

All meetings and events will be held at the Knoxville Convention Center, unless otherwise specified in the schedule below.

WEDNESDAY SCHEDULE AT A GLANCE

6:30 AM – 7:30 AM	Wellness Activities (<i>Walk/Jog, Drums Alive</i>)
7:00 AM – 10:00 AM	Silent Auction Drop-off
7:30 AM – 11:00 AM	Exhibitor Setup
7:00 AM – 5:00 PM	Registration Desk Open
7:00 AM – 5:30 PM	Showcase of Excellence Poster Displays Open for Viewing
8:00 AM – 2:00 PM	Marketplace
8:00 AM – 4:00 PM	Program Leaders Meeting – Day 1 (<i>separate registration required</i>)
8:30 AM – 12:00 PM	Concurrent Sessions
9:30 AM – 10:30 AM	NEAFCS National Board and Program Leaders Discussion
11:00 AM – 11:30 AM	Exhibit Hall Orientation (<i>Exhibitors only</i>)
12:00 PM – 3:00 PM	Hospitality Desk Open
12:00 PM – 5:30 PM	Exhibit Hall Open (<i>boxed lunch provided</i>)
	Silent Auction (<i>last bid 5:30 PM</i>)
12:30 PM – 2:00 PM	Exhibit Forums
1:00 PM – 4:00 PM	Rocky Top Relaxation Room Open
1:15 PM – 2:45 PM	Leadership Event (<i>invitation only</i>)
2:00 PM – 3:00 PM	Focus Group
3:15 PM – 4:15 PM	Showcase of Excellence Poster Staffed Time (<i>optional</i>)
3:15 PM – 5:00 PM	Annual Business Meeting
5:00 PM – 6:30 PM	State Photos
5:30 PM	States Night Out
5:30 PM – 7:00 PM	Showcase of Excellence Poster Teardown

Registration for Wellness Activities is available at the Hospitality Desk. Please note that some activities have limited availability and are offered on a first-come, first-served basis, so we encourage you to register early!



6:30 AM – 7:30 AM

Wellness Activity - Walk/Jog

Participants will meet in front of the Hilton Hotel at 6:30 AM for a sunrise walk across the Gay Street Pedestrian Bridge (approximately 1.5 miles round trip). View the Tennessee River, UT Knoxville Campus and the Knoxville Skyline. Attendees are welcome to do a self-paced jog or run. Weather Permitting.



6:30 AM – 7:00 AM

**Wellness Activity - Drums
Alive**

ROOM: ROTUNDA, 3RD FLOOR

Join us for a high-energy, research-backed fitness class that combines traditional aerobics with the rhythm of drumming. Using stability balls and drumsticks, participants get a full-body workout that boosts cognitive function, reduces stress, and improves cardiovascular health.



7:00 AM – 7:30 AM

**Wellness Activity - Drums
Alive**

ROOM: ROTUNDA, 3RD FLOOR

See description above.

7:00 AM – 10:00 AM

Silent Auction Drop-off

**ROOM: HENLEY MEETING ROOM,
3RD FLOOR**

7:30 AM – 11:00 AM

**Exhibitor Setup/Silent Auction
Setup**

**ROOM: BALLROOMS A-D, 3RD
FLOOR**

7:00 AM – 5:00 PM

Registration Desk Open

**ROOM: CLINCH CONCOURSE,
3RD FLOOR**

7:00 AM – 5:30 PM

**Showcase of Excellence Poster
Displays Open for Viewing**

**ROOM: HENLEY CONCOURSE,
3RD FLOOR**

8:00 AM – 2:00 PM

Marketplace

**ROOM: CUMBERLAND
CONCOURSE, 3RD FLOOR**

8:00 AM – 4:00 PM

**National Program Leaders
Meeting Day 1**

(separate registration required)

ROOM: 300 AB, 3RD FLOOR

**8:30 AM – 9:15 AM
CONCURRENT SESSIONS**

**Beyond More Effort: How Structural
Redesign Transformed High Demand
Extension Programming**

Track: Trending Topics

*Presenter(s): Suzette Barta, Susan Routh,
Jennifer Hedges, Kelsey Ratcliff*

STATE: OK

ROOM: 301 B, 3RD FLOOR

This session illustrates how statewide coordination and team-based delivery transformed a resource-intensive poverty simulation program, improving efficiency, consistency, educator support, and scalability through intentional systems-based program design.

Building Stronger Programs Together: A Cross-Disciplinary Model for Integrating Health and Horticulture Education

Track: Education, Leadership, and Community Engagement

Presenter(s): Melissa Bales, Briana Naumuk, Weatherly Thomas

STATE: SC

ROOM: 200 E, 2ND FLOOR

An interdisciplinary partnership model improved participation, outcomes, and program scalability in integrated health and horticulture education. This session shares strategies for collaborative program development, implementation, and evaluation alignment.

From Awe to Action: Implementing and Evaluating Dark Sky Experiences for Rural Mental Health

Track: Health and Well-being

Presenter(s): Troy Allan

STATE: UT

ROOM: 200 A, 2ND FLOOR

This session explores how awe-based dark sky experiences can be implemented and evaluated as practical, evidence-informed strategies to support mental health and well-being in rural communities.

Leveraging Learning Management Systems (LMS) to Build Online Extension Courses

Track: Skill-based

Presenter(s): Troy Anderson

STATE: MD

ROOM: 200 B, 2ND FLOOR

Discover how leveraging Learning Management Systems (LMS) can revolutionize Extension teaching. This session addresses adaptive learning technologies, personalized learning paths, and data analytics to enhance engagement and retention across communities.

Listening to Learn: What Secondary Educators Need to Effectively Teach Personal Finance

Track: Financial Health and Capability

Presenter(s): Ann Berry, Christopher Sneed, Karen Franck, Marci Hethmon

STATE: TN

ROOM: 200 D, 2ND FLOOR

In this session, participants will examine educator experiences teaching high school personal finance, identify confidence and resource gaps, and explore Extension-informed strategies to strengthen instruction, training, and school partnerships.



Penn State Extension Food & Health Social Media Education Initiative

Social Media Education Award

Track: Technology

Presenter(s): Becky Smith, Andy Hirneisen, Sarah Davis, Nicole McGeehan, April Miller

STATE: PA

ROOM: 301 D, 3RD FLOOR

By leveraging creative formats and high-impact reels, the Penn State Food & Health team reached younger, previously underserved audiences with compelling, research-grounded nutrition and food safety education.



The People's University - Relationships Matter

Track: Education, Leadership, and

Community Engagement

Presenter(s): Chris Kniep, Donna Donald

STATE: MULTI-STATE

ROOM: 301 C, 3RD FLOOR

AI, Google or Extension – why choose 160-year-old Extension Education? Learn how trusting relationships among educators, participants and partners has been essential to Extension Education in the past and key to its relevance in the future.

Teaching Healthy Eating and Grocery Budgeting through Grocery Store Tours

Track: Food and Nutrition

Presenter(s): Shari Bresin

STATE: FL

ROOM: 200 C, 2ND FLOOR

Food price hikes have driven families to skip meals or choose processed foods. Extension grocery store tours taught healthier, affordable shopping, boosting knowledge and habits, improving nutrition and saving money.

The Mental Wellness Conversation Curriculum

Track: Health and Well-being

Presenter(s): Michelle Grocke-Dewey, Alison Brennan, Jennifer Munter

STATE: MT

ROOM: 301 A, 3RD FLOOR

Learn about the Mental Wellness Conversation Curriculum, which includes a deck of cards and facilitator manual for Extension professionals to deliver research-based stress management strategies to communities via informal conversations.

9:30 AM – 10:15 AM
CONCURRENT SESSIONS

Addressing Substance Use in Rural Communities Through a Community Engaged Mapping Framework

Track: Education, Leadership, and Community Engagement

Presenter(s): Kenneth Stewart, Gwynn Stewart, Kelly Cabral

STATE: OH

ROOM: 200 C, 2ND FLOOR

Presenters will share insights from a pilot program demonstrating how Extension professionals can use community-driven ROSC mapping to strengthen coalitions, identify service gaps, enhance rural substance-use prevention and recovery efforts.



Awards, What NOT to Do

Track: Committee

Presenter(s): Natalie Snowden, Jamie Mahlandt, Sara Laite, Diane Reinhold

STATE: MULTI-STATE

ROOM: 301 B, 3RD FLOOR

Avoid common pitfalls and build confidence when writing successful award applications. Gain a deeper understanding of strategies to craft applications: highlighting impact, aligning with criteria, and clearly communicating program outcomes. Participants will leave the session with a better understanding of the awards submission process.

Beyond the Budget: Leveraging Multimedia Tools for Holistic Financial Well-Being

Track: Financial Health and Capability

Presenter(s): Luke Erickson, Lance Hansen

STATE: ID

ROOM: 200 D, 2ND FLOOR

This session explores holistic financial well-being using multimedia tools to address emotional, physical, social, and environmental influences on money behavior, equipping practitioners with practical, research-informed strategies.

Breaking Through Tough Conversations: Communication Skills for All

Track: Skill-based

Presenter(s): Alexander Chan

STATE: MD

ROOM: 200 B, 2ND FLOOR

This session will provide attendees with the communication skills to break through tough or repetitive conversations they may be having in their professional and / or personal lives.

Exploring the Germ Cave!

Track: Food and Nutrition

Presenter(s): Quincy Vidrine, Shakera Williams, Sandra May, Jennifer Duhon, Brittney Newsome

STATE: LA

ROOM: 301 A, 3RD FLOOR

The Germ Cave is an innovative, walk-through educational exhibit designed to increase awareness of how germs spread and to promote effective handwashing, food safety and hygiene practices.



Extension's Collaborative Response to Calamitous Weather Events: Project Recovery Iowa

Extension Disaster Education Award

Track: Environmental Health & Sustainability

Presenter(s): David Brown, Tammy Jacobs, Danielle Day, Suzanne Bartholomae

STATE: IA

ROOM: 301 C, 3RD FLOOR

ISU offered crisis counseling, education, and networking after 2024 disasters, delivering mental health training, finance education, and outreach that supported hundreds across 21 Iowa counties.

From Pandemic Response to Sustainable Practice: Creating Effective Online Learning for Parents and Caregivers

Track: Lifespan Development and Family Relationships

Presenter(s): Courtney Aldrich, Caroline Shrier

STATE: MI

ROOM: 200 E, 2ND FLOOR

Explore Extension's development of online adult learning programs for parents and caregivers, including design, marketing, implementation, and evaluation strategies that expanded reach, improved participant outcomes, and strengthened support for children.

Strengthening Vaccine Conversations During Measles Outbreaks Through Motivational Interviewing

Track: Health and Well-being

Presenter(s): Aaron Hunt, Taryn Wahlquist

STATE: UT

ROOM: 200 A, 2ND FLOOR

A brief, evidence-based Motivational Interviewing training equipping health professionals to navigate vaccine hesitancy during measles outbreaks, rebuild trust, and improve real-world vaccine conversations across diverse community settings.

Stretch. Breathe. Imagine.: A Resource of Themed Yoga Routines for Youth

Track: 4-H and Youth Development

Presenter(s): Ashleigh Geurin, Christina Garner

STATE: GA

ROOM: 301 D, 3RD FLOOR

This session introduces a research-informed resource of themed yoga routines that easily integrate movement, breath, and imagination into youth programs, supporting positive mental health and physical activity across diverse settings.

9:30 AM – 10:30 AM

NEAFCS Board and Program Leader Discussion

ROOM: 300 AB, 3RD FLOOR

10:30 AM – 11:15 AM
CONCURRENT SESSIONS



Access Is Not Enough: Building Trust, Engagement, and Opportunity Through Extension

Track: Committee

Presenter(s): Deon Littles, Kyleigh Brown, Lorrie Coop, Maranda Brooks, Darlene Minniefield, Carla Carter Shailja Mathur, Flora Williams, Diana Romano, Courtney Aldrich, Silvia Vilches

STATE: MULTI-STATE

ROOM: 301 C, 3RD FLOOR

Strengthen your Extension practice through strategies that address barriers to participation, enhance community responsiveness, and support development of inclusive, evidence-based programs that improve outcomes

Addressing College Food Insecurity by Incorporating Fresh Produce Distributions with Budget-Friendly Microwave Recipes

Track: Food and Nutrition

Presenter(s): Cecilia Tran, Jamille Hawkins

STATE: GA

ROOM: 200 C, 2ND FLOOR

Learn how we engaged urban university students to incorporate fresh fruits and vegetables into their diets in simple and delicious ways to make healthy eating more accessible and approachable.

Beyond the Menu: Committee-led Community Dinners Bring Local Resources to the Table

Track: Trending Topics

Presenter(s): Kimberly Moore

STATE: DE

ROOM: 200 D, 2ND FLOOR

Quarterly community dinners convene multi-sector partners to connect local youth and families with food, education, and mental health resources, increasing awareness of essential community services and exposure to healthy foods.

Designing Learning That Sticks: Gamification in Family Financial Education Programming

Track: Financial Health and Capability

Presenter(s): Noel Wilkinson, Deborah Curley, Ashley Dixon-Kleiber, Daniel McDonald, Madeleine DeBlois, Natalie Quiroz

STATE: AZ

ROOM: 301 A, 3RD FLOOR

This session shares evidence-based gamification strategies that engage youth and parents in financial education, featuring an interactive escape room and adaptable tools which support learning, confidence, and sustained behavior change.

Development and Evaluation of a Nutrition Education Program for Emerging Adults

Track: Lifespan Development and Family Relationships

Presenter(s): Stephanie Rogus

STATE: TX

ROOM: 200 E, 2ND FLOOR

This session describes development, implementation, and evaluation of a nutrition education program tailored to emerging adults, highlighting curriculum design and preliminary process and outcome evaluation results.

Dining with Diabetes Curriculum Updates

Track: Skill-based

Presenter(s): Gwen Crum, Dan Remly, Lisa Graves, Becky Smith, Jennifer Brown, Margaret Jenkins

STATE: MULTI-STATE

ROOM: 301 D, 3RD FLOOR

Dining with Diabetes was updated in 2025 featuring new slides. A panel of experienced instructors share creative approaches for marketing and delivering the program for proper evaluation and nationwide impact.

Effective Program Design for Curriculum Development

Track: Education, Leadership, and Community Engagement

Presenter(s): Kelly May, Nichole Huff

STATE: KY

ROOM: 301 E, 3RD FLOOR

This session demonstrates a model for effective program design as applied to STATE's award-winning financial literacy CURRICULUM. The curriculum addresses financial stress in substance use recovery, to build recovery capital.



Financial Fridays

Financial Management Award in Memory of Dean Don Felker

Track: Financial Health and Capability

Presenter(s): Z. Tennille Short, Sarah Poole, Rachel Erwin, Priscilla Short, Rebecca Seratt, Lauren Wells, Jenny Smith, Deanna Poole

STATE: TN

ROOM: 301 B, 3RD FLOOR

A team of Extension Educators from West Tennessee collaborated for a virtual program, helping clientele get instant answers to their financial questions about reducing debt and building wealth.

Influencing Change through Storytelling: A Workshop for Extension Professionals

*Track: Education, Leadership, and Community
Engagement*

*Presenter(s): Cindy Jenkins, Christina Pay,
Sadie Wilde, Kristen Koci, Anna Gilliam, Taryn
Schroeder*

STATE: UT

ROOM: 200 A, 2ND FLOOR

Storytelling has long been a tool for motivating individuals and fostering connections. Today, leadership storytelling helps professionals represent themselves effectively. Participants will create a first draft of their own story.

Strong Bodies Program Shows Benefits for Aging Adults

Track: Health and Well-being

Presenter(s): Gabriela Murza

STATE: UT

ROOM: 200 B, 2ND FLOOR

Utah is one of the latest to bring Strong Bodies into their communities! Participants improved various health metrics, attitudes toward strength training, and expressed enthusiasm to continue.

11:00 AM – 11:30 AM

Exhibitor Orientation

This is open to exhibitors only.

**11:30 AM - 12:00 PM
CONCURRENT SESSIONS**

Age-Friendly Ocean County: The Implementation of a Multisector Plan for Aging

*Track: Lifespan Development and Family
Relationships*

Presenter(s): Kathleen Cullinen

STATE: NJ

ROOM: 200 D, 2ND FLOOR

Results from a countywide project using evidence-based, culturally responsive strategies to support aging in place through cross-sector partnerships engaging older adults, people with disabilities, and caregivers will be presented.

Behind the Scenes of Empowering Parenthood: How to Plan and Execute a Meaningful Maternal Health Expo

*Track: Lifespan Development and Family
Relationships*

Presenter(s): Victoria Presnal

STATE: GA

ROOM: 200 A, 2ND FLOOR

Empowering Parenthood Expo brings together expert-led sessions, hands-on workshops, and community resources to support expectant and new parents in confident, healthy, and informed parenting journeys.

Field to Fork

Track: Food and Nutrition

Presenter(s): Julie Garden-Robinson

STATE: ND

ROOM: 200 B, 2ND FLOOR

A multidisciplinary program delivered webinars and resources to improve gardening, food safety, and preservation practices, which increased fruit and vegetable consumption and sustainable behaviors among thousands of participants nationwide.

Making Older Adults' Wellness a National Priority: Understanding Educational Needs Across Eight Dimensions of Wellness

Track: Education, Leadership, and Community Engagement

Presenter(s): Shauna Henley, Mona Habibi, Dorothy Nuckols, Mariana Fernandez, Cory Larsson

STATE: MD

ROOM: 301 A, 3RD FLOOR

This session focuses on a comprehensive statewide wellness needs assessment for older adults, the fastest-growing population, aimed at developing programs that align with the eight dimensions of wellness.

Reality Money Check: An Experiential, Research-Based Approach to Youth Financial Decision-Making

Track: Financial Health and Capability

Presenter(s): Mengya Wang, Kathy Enyart, Amanda Lewis, Connie Wollenberg

STATE: OK

ROOM: 301 B, 3RD FLOOR

Reality Money Check is an interactive financial education simulation designed to teach students the realities of adult life.

Stitch By Stitch: Supporting Mental Wellbeing Through Hand Stitchery

Track: Health and Well-being

Presenter(s): Patricia Mathis

STATE: UT

ROOM: 200 E, 2ND FLOOR

This presentation explores how hand stitchery supports mental well-being through mindfulness, stress reduction, and sensory engagement, highlighting evidence-based benefits and practical applications for Extension and community wellness programs.

Strong People Strong Bodies Fosters Social Connections and Supports Sustained Engagement in Strength-building Activities Among Middle and Older Adults

Track: Health and Well-being

Presenter(s): Patrick Zayas

STATE: FL

ROOM: 200 C, 2ND FLOOR

Learn about the importance of strength training for older adults, how to facilitate discussion throughout Strong People Strong Bodies to build social connections, and how to complete a Senior Fitness Test.

12:00 PM – 3:00 PM

Hospitality Desk Open

ROOM: CLINCH INFO DESK, 3RD FLOOR

12:00 PM – 5:30 PM

**Exhibit Hall Open/
Silent Auction Open**

Last bid 5:30 PM



12:00 PM – 1:00 PM

Lunch in Exhibit Hall

12:30 PM – 2:00 PM

Exhibit Forums

See page 46 for details and times.

1:00 PM – 4:00 PM

**Rocky-Top Relaxation Room
Open**

ROOM: ROTUNDA, 3RD FLOOR



1:15 PM – 2:45 PM

Leadership Event

*ROOM: 301 DE, 3RD FLOOR
(invitation only)*

2:00 PM – 3:00 PM

**Institute for Advancing Health
Through Agriculture -Texas
A&M AgriLife Focus Group**

ROOM: 300 C

3:00 PM – 3:15 PM

**Delegate Check-In for Annual
Business Meeting**

ROOM: BALLROOMS EFG, 3RD FLOOR

3:15 PM – 4:15 PM

**Showcase of Excellence Staffed
Time (optional)**

ROOM: HENLEY CONCOURSE, 3RD FLOOR

3:15 PM – 5:00 PM

Annual Business Meeting

ROOM: BALLROOMS EFG, 3RD FLOOR

This meeting is open to all members.
Delegates are required to attend.

5:00 PM – 6:30 PM

State Photos

*3RD FLOOR - SEE MESSAGE BOARD
FOR DETAILS*

5:30 PM or after

States Night Out

5:30 PM – 7:00 PM

**Exhibitor and Showcase of
Excellence Teardown**

2026 EXHIBIT FORUMS

Wednesday, September 30 | 12:30 PM - 2:00 PM



12:30 PM – 1:15 PM

News in Preserving with the Ball® Brand of Fresh Preserving Products

Company: Newell Brands

Presenter(s): Stephen Galucki

ROOM: 301 A, 3RD FLOOR

The Product Development Team from Newell Brands, the makers of Ball(r) Mason Jars, will share a deep dive on new products and the latest recipe book updates.

1:30 PM – 2:00 PM

The Next Great Extension Mission: Metabolic Health

Company: Society of Metabolic Health Practitioners

Presenter: Peter Ballerstedt, PhD

ROOM: 301 A, 3RD FLOOR

Could metabolic health become Extension's next major public health mission? Explore emerging evidence, educational opportunities, and partnerships that can help communities address today's chronic disease epidemic.

WEDNESDAY

LEADERSHIP
Builds leaders for the future.

GROWTH
Provides innovative professional growth and development opportunities.

RESOURCE
Serves as a nation-wide resource for education, information, networking and partnerships.

RECOGNIZE
Recognizes and promotes excellence and scholarship in Extension Family and Consumer Sciences programming.

PROMOTE
Promotes Extension Family and Consumer Sciences and the mission and goals of the Land Grant University Extension System.

NEAFCS
www.neafcs.org

THE NEAFCS CREED

As an Extension educator, my prime concern is people. I believe it is my responsibility to give the best of my ability and develop myself to be an effective educator. I accept the opportunity to empower individuals, families, and communities to meet their needs and goals through a learning partnership. May I always be willing to accept the challenges of the changing times.

THURSDAY, OCTOBER 1, 2026

All meetings and events will be held at the Knoxville Convention Center, unless otherwise specified in the schedule below.

THURSDAY SCHEDULE AT A GLANCE

6:30 AM – 7:30 AM	Wellness Activities (<i>Walk/Jog, Chair Yoga, Stay Strong Stay Healthy</i>)
7:00 AM – 8:00 AM	Showcase of Excellence Poster Display Teardown
7:00 AM – 12:00 PM	Registration Desk Open
8:00 AM – 9:30 AM	Closing Session & Breakfast
9:30 AM – 10:30 AM	Silent Auction Winners Announced
9:45 AM – 11:30 AM	Concurrent Sessions
9:45 AM – 12:30 PM	Program Leaders Meeting – Day 2 (<i>separate registration required</i>)
10:00 AM – 11:30 AM	National Post-Board Meeting
10:30 AM – 12:00 PM	Silent Auction Pick-up
11:30 AM – 1:00 PM	Lunch on own
11:30 AM – 1:00 PM	Rocky Top Relaxation Room Open
12:00 PM – 2:00 PM	Hospitality Desk Open
12:00 PM – 2:00 PM	Past-President's Lunch
1:00 PM – 2:45 PM	Concurrent Sessions
3:00 PM – 4:00 PM	Affiliate Officer Meetings Dinner on own
6:00 PM – 6:45 PM	President's Appreciation Event
6:45 PM – 8:30 PM	Closing National Awards Ceremony (<i>dessert, coffee</i>)

Registration for Wellness Activities is available at the Hospitality Desk. Please note that some activities have limited availability and are offered on a first-come, first-served basis, so we encourage you to register early!



6:30 AM – 7:30 AM

Wellness Activity - Walk/Jog

Participants will meet in front of the Cumberland House Hotel at 6:30 AM for a morning walk around the University of Tennessee Campus (approximately 2 miles round trip). Get a close up view of



6:30 AM – 7:00 AM

Wellness Activity - Chair Yoga

ROOM: ROTUNDA, 3RD FLOOR

Chair Yoga is excellent for all fitness levels -delivering increased flexibility, improved strength, reduced joint strain, and significant mental stress relief without requiring floor work or heavy impact.

THURSDAY



7:00 AM – 7:30 AM

**Wellness Activity - Stay Strong
Stay Active**

ROOM: ROTUNDA, 3RD FLOOR

Stay Strong, Stay Healthy is an evidenced-based progressive strength training program for older adults. This program provides safe, structured and effective exercises to improve strength, balance and flexibility.



7:00 AM – 12:00 PM

Registration Desk Open

**ROOM: CLINCH CONCOURSE,
3RD FLOOR**

8:00 AM – 9:30 AM

**Closing Session &
Breakfast**

**ROOM: GRAND BALLROOM,
3RD FLOOR**

See agenda next page.

9:30 AM – 10:30 AM

**Silent Auction Winners
Announced**

7:00 AM - 8:00 AM

**Showcase of Excellence Poster
Display Teardown**

Must be down by 8:00 AM



The Southern Region of the USDA funded Farm and Ranch Stress Assistance Network grant represents 13 states and 2 US territories. Our goal is to expand our collective capacity to serve farmers, ranchers, and other agriculture-related workers experiencing stress in our communities.

Contact Us

✉ frsan_south@ncsu.edu

☎ 919-675-1511

Visit our website

🌐 frsansouth.org

NC STATE

Visit us at Table 10 in the Exhibit Hall



CLOSING GENERAL SESSION & BREAKFAST

Thursday 8:00 AM – 9:30 AM

ROOM: GRAND BALLROOM, 3RD FLOOR

Welcome

Dianne Christensen, NEAFCS President

State of NEAFCS Presentation

Dianne Christensen

Showcase of Excellence Poster Awards

Ken Stewart, Ambassador Committee Chair

Keynote Presentation: Consumed: The Science Behind What Families Choose

Undrae Johnson - Founding Pastor of Family Life Fellowship Church in Brownsville, Tennessee

Friend of NEAFCS Award Presentation

Dianne Christensen

Announcements & Closing

Dianne Christensen

Consumed: The Science Behind What Families Choose

Presenter: Undrae Johnson

This speech explores how families consume—examining not just what families buy, but the science behind how they make decisions, form habits, and influence one another. Drawing from research in behavioral science, psychology, and community studies, the message unpacks the patterns that shape family choices around health, finances, media, and lifestyle. Through discovery and practical insight, the audience will gain a deeper understanding of the forces that drive consumption and how intentional decisions can transform family outcomes for generations.

Learning Objectives:

- Financial Affordability
- Cultural Habits
- Available Resources



THURSDAY

9:45 AM – 10:30 AM
CONCURRENT SESSIONS

**A Recipe for Stronger Families:
 Delivering Literacy, Nutrition, and
 Parenting Education through Family
 Programming**

*Track: Education, Leadership, and Community
 Engagement*

*Presenter(s): Tammy Barnard, Samara Purvis,
 David Diehl, Jessica Hart*

STATE: FL

ROOM: 200 C, 2ND FLOOR

This interdisciplinary, series-based community program for parents and their children demonstrates significant improvements in family outcomes through implementing the curriculum with fidelity and fostering participant engagement.

**From Burnout to Belonging:
 Research-Informed Strategies to
 Strengthen Professional Fulfillment,
 Psychological Capital, and Faculty
 Self-Efficacy**

Track: Trending Topics

*Presenter(s): Kristin Miller, Jessica Trussell,
 Amber Allen*

STATE: MO

ROOM: 200 D, 2ND FLOOR

This session integrates findings from three research studies to demonstrate how individual, interpersonal, and organizational strategies can reduce burnout and strengthen professional fulfillment, psychological capital, and faculty self-efficacy.

**Growing Healthy Connections:
 Relationship Education for Youth**

Track: 4-H and Youth Development

*Presenter(s): Adrienne Duke-Marks, Leigh Akins,
 Brianna Goodwin*

STATE: AL

ROOM: 301 A, 3RD FLOOR

Emerging Relationships is a curriculum for early adolescents (10-12) that strengthens self-regulation, communication, and boundary setting. In this session, we will discuss the implementation and evaluation of the program.



**On the Move: How a Mobile
 Kitchen Cart is Taking FCS Into
 the Community**

NEAFCS Endowment Grant Recipient

Track: Food and Nutrition

Presenter(s): Niki Maness

STATE: NC

ROOM: 301 C, 3RD FLOOR

When your kitchen isn't available, you build one that moves. This session shares how a small, rural county in NC used an NEAFCS Endowment Award and plant sale funds to launch a mobile teaching kitchen that supports year-round nutrition education, youth programming, and community outreach.

**Planning for Life After High School:
 Helping Families Navigate What's
 Next**

Track: Economic and Workforce Development

*Presenter(s): Hannah Zellmer, Katie Gellings,
 Christa VanTreeck*

STATE: WI

ROOM: 301 B, 3RD FLOOR

This session highlights a research-informed program that builds student and parent readiness for life after high school through structured planning, practical tools, and family engagement.

Promoting Dignity and Access: Tackling Stigma in Food Security and School Meals

Track: Health and Well-being

*Presenter(s): Ricardo Kairios, Jennifer Salt
Taylor, Veronica Jones, Jenna DeSimone*

STATE: NJ

ROOM: 200 B, 2ND FLOOR

Examines how stigma affects SNAP and school meal utilization and presents equity-centered strategies to reduce stigma, promote participation in nutrition assistance programs, and improve food security outcomes.

Seizing the Moment: How Cooperative Extension Can Capture the News Cycle

Track: Technology

*Presenter(s): Weatherly Thomas, Michelle
Altman, Hannah Wilson, Donna Bowen*

STATE: SC

ROOM: 200 E, 2ND FLOOR

Stop being the “best kept secret.” Discover how to turn your program’s content into compelling, newsworthy stories and information that is regularly featured on mainstream broadcast media.



Stronger Together: The Power of Rural Collaboration for Suicide Prevention and 988 Awareness Community Partnership Award

Track: Health and Well-being

Presenter(s): Chi Catalone

STATE: PA

ROOM: 301 D, 3RD FLOOR

Through a powerful rural partnership, Penn State Extension united schools, industry, artists, and health leaders to distribute 30,000 988 coins, reducing stigma and connecting communities to lifesaving mental health support.

Using Book Clubs to Build Financial Capability and Foster Extension Collaboration

Track: Financial Health and Capability

*Presenter(s): Andrea Schmutz, Melanie Jewkes,
Amanda Christensen, Lendel Narine*

STATE: UT

ROOM: 200 A, 2ND FLOOR

Learn how Extension educators facilitated virtual finance book clubs to build financial capability and foster meaningful cross-departmental collaboration.

9:45 AM – 12:30 PM

National Program Leaders Meeting

ROOM: 300 AB, 3RD FLOOR

(separate registration required)

10:00 AM – 11:30 AM

National Post-Board Meeting

ROOM: 300 D, 3RD FLOOR

10:45 AM – 11:30 AM CONCURRENT SESSIONS



Cottage Foods 101 Pilot: Program Outcomes from Hillsborough and Wakulla, Florida

Food Safety Award

Track: Food and Nutrition

*Presenter(s): Terri Keith, Stephanie Brown,
Samantha Kennedy, Joshua Payne, Allison
Williams, Shari Bresin*

STATE: FL

ROOM: 301 D, 3RD FLOOR

Florida’s Cottage Food Law provides a pathway for income generation through home-based food businesses. An introductory cottage foods program provides targeted education on food safety best practices and regulatory compliance.

Leveraging Artificial Intelligence (AI) to Advance Nutrition Education: Developing and Deploying Evidence-Based AI Chatbots for Health Behavior Change

Track: Technology

Presenter(s): Azin Pourkhalili

STATE: CA

ROOM: 301 B, 3RD FLOOR

This session explores developing and evaluating evidence-based AI nutrition chatbots to deliver accurate, culturally responsive health education and support behavior change across diverse audiences.

Organize this! Explore, Adapt, and Implement for Local Impact

Track: Financial Health and Capability

Presenter(s): Leacey Brown, Lorna Saboe-Wounded Head, Shannon Sand

STATE: SD

ROOM: 301 A, 3RD FLOOR

Administrative work associated with legal and financial planning is daunting. It is complicated by emotions around declining health and end-of-life. This session outlines the Organize This! program's development and outcomes.

Paper or Digital: Comparison of Data Collection Methods of In Person Co-Parenting Education

Track: Skill-based

Presenter(s): Kyleigh Brown

STATE: MO

ROOM: 200 E, 2ND FLOOR

We will discuss differences in data collection for paper versus digital survey methods for in person and virtual programming as well as accessibility and capacity concerns related to data collection.

Respect: What, Why, and How

Track: Lifespan Development and Family Relationships

Presenter(s): Marie Economos, Heather Reister, Pam Perrino

STATE: OH

ROOM: 200 C, 2ND FLOOR

Have you ever struggled to help children be more respectful in their interactions with others? Intentionality is the key. Explore how to create learning opportunities to master respectful skills.

Translating Evidence into Action: Empowering Families to Reduce Food Allergy Risk Through Early Introduction

Track: Food and Nutrition

Presenter(s): Alison Berg, Quadarius Whitson, Beth Kindamo, Diane Bales, Ashleigh Geurin, Christina Garner, Gwen Hawn, Ines Beltran, Leslie Wagner, MaryBeth Hornbeck, Megan Applebaum, Mitzi Parker, Nancy Adams, Olivia Tumlin, Victoria Presnal

STATE: GA

ROOM: 200 B, 2ND FLOOR

Learn how Extension translated food allergy prevention research into impactful education for parents, caregivers, childcare providers, and school nutrition professionals, and how to adapt this content for your Extension program.

Unlocking Community Capacity for Diabetes Self-Management

Track: Health and Well-being

Presenter(s): Susan Conner, Lydia Hoskins, Soghra Jarvandi, Megan Shelton

STATE: TN

ROOM: 200 D, 2ND FLOOR

Learn how Extension agents empowered participants through a diabetes support program by connecting clinical expertise, community resources, applying asset mapping, and building partnerships to enhance self-management creating sustainable community-clinical linkages.

Youth Leading Change: An Experiential 4-H Model to Reduce Food Waste

Track: 4-H and Youth Development

Presenter(s): Palak Gupta, Kelsey Romney

STATE: UT

ROOM: 200 A, 2ND FLOOR

An experiential, teen-led 4-H model engages youth in food waste reduction through hands-on learning, leadership development, and environmental education while building sustainable household food management skills.

10:30 AM – 12:00 PM

Silent Auction Pick-up

ROOM: HENLEY MEETING ROOM, 3RD FLOOR

11:30 AM – 1:00 PM

Lunch on own

11:30 AM – 1:00 PM

Rocky-Top Relaxation Room Open

ROOM: ROTUNDA, 3RD FLOOR

12:00 PM – 2:00 PM

Hospitality Desk Open

ROOM: CLINCH INFO DESK, 3RD FLOOR

12:00 PM – 2:00 PM

Past-President's Lunch

LOCATION: THE DEN, MARRIOTT KNOWVILLE DOWNTOWN

Meet at the NEAFCS Registration Desk in the Convention Center at 11:30 AM for a picture.

1:00 PM – 1:45 PM

CONCURRENT SESSIONS



Cultivating Capacity and Improving Food Security Through Hands-on Gardening

Education

Access, Engagement, and Outreach Award

Track: Food and Nutrition

Presenter(s): Veronica Jones

STATE: NJ

ROOM: 200 B, 2ND FLOOR

This greenhouse-centered intervention integrates structured gardening and nutrition education to address food insecurity, strengthen participant skill development, and support sustainable nutrition behaviors in a transitional housing setting.



Cultivating Wellness in Farm Communities Through Collaboration: Action Steps from a Statewide Forum

Access, Engagement, and Outreach Award

Track: Health and Well-being

Presenter(s): Chi Catalone

STATE: PA

ROOM: 200 D, 2ND FLOOR

This session highlights how Extension united agricultural, health, and community partners through a statewide forum to address farm stress, strengthen mental health support, and inspire collaborative solutions empowering farming communities.

Empowering Entrepreneurs

Track: Economic and Workforce Development

Presenter(s): Kellie Jordan, Karen Fifield, Kara Lynch

STATE: MI

ROOM: 301 D, 3RD FLOOR

Home food entrepreneurs are provided education opportunities for comprehensive training on the Cottage Food Law, regulations for selling honey and maple syrup, and strategies for expanding beyond cottage food production.

Expanding Reach: The Power of Multi-State Online Teaching

Track: Technology

Presenter(s): Surine Greenway, Amy Robertson, Jennifer Brown, Elizabeth Renfro, Keishon Thomas, Abby Weber, Sindy Martinez, Danielle Scott, Katie MacFarland, Joey Peutz

STATE: MULTI-STATE

ROOM: 200 E, 2ND FLOOR

Multi-state virtual programming increases Extension's ability to educate new and returning clientele. This session highlights how to create a successful collaborative Family & Consumer Sciences program.

Growing on Purpose: Three Laws Every Extension Professional Can Use to Lead and Thrive

Track: Education, Leadership, and Community Engagement

Presenter(s): Lori Korthals

STATE: IA

ROOM: 301 A, 3RD FLOOR

Discover simple, practical strategies for boosting personal and professional growth. Learn how awareness, motivation, and intentional habits can strengthen leadership and help you grow with confidence and purpose.

Many Hands Working Towards a Change: Youth Health and Wellness Ambassadors, A Peer-Led Approach to Community Well-Being

Track: 4-H and Youth Development

Presenter(s): Christina Garner, Ashley Carroll

STATE: GA

ROOM: 200 C, 2ND FLOOR

This session highlights a state-level youth Health and Wellness Ambassador model that builds leadership while promoting nutrition, physical activity, and well-being through evidence-based training, experiential learning, and community engagement.

More Than a Refund: Transforming Tax Appointments Into Financial Education Moments

Track: Financial Health and Capability

Presenter(s): Halie Corbitt

STATE: FL

ROOM: 301 B, 3RD FLOOR

Learn how partnerships and resource integration enhance financial education within a tax-assistance program, increase client knowledge, improve financial behaviors, and expand community impact through a service offered by Extension.



Skyward: Recalibrating Life Under the Stars

Innovative Youth Development Programming Award

Track: 4-H and Youth Development

Presenter(s): Anna Gilliam, Troy Allan, Sadie Wilde

STATE: UT

ROOM: 301 C, 3RD FLOOR

Skyward: Recalibrating Life Under the Stars is an innovative nature-based curriculum for teen wellness and connection, grounded in phenomenological research and the effects awe has on youth.

Using Creative Activities and Health Education Information to Build Community Protective Factors: Overview of the Crafting Change Program

Track: Skill-based

Presenter(s): Cara Murray, Cris Meier, Kate Chappell, Emma Parkhurst

STATE: UT

ROOM: 200 A, 2ND FLOOR

The Crafting Change program is an education program that combines creative activities and educational information to combat substance misuse and initiation. This session describes the program components and evaluation findings.

2:00 PM – 2:45 PM

CONCURRENT SESSIONS



Bring Innovation to Your Extension Effort Story In The Changing World

Track: Committee

Presenter(s): Dhruti Patel, Lorrie Coop, Linda Burgard, Dylan Gentry, Ann Davis

STATE: MULTI-STATE

ROOM: 301 B, 3RD FLOOR

The presentation highlights newer methods of story/impact telling of extension efforts that aligns with changing technological, marketing, and research framework and how NEAFCS Public Affairs committee help tell this story with broader invitation to participate in committee efforts. Join us to learn newer methods of developing and sharing impacts, building advocacy using novel and existing technological tools, and to learn about the NEAFCS Public Affairs committee and ways to engage.

Engaging Consumers in Local and Nontraditional Food Retail to Improve Food Access and Healthy Eating Behaviors

Track: Food and Nutrition

Presenter(s): Lynn Matava

STATE: MD

ROOM: 200 A, 2ND FLOOR

This session explores how pairing experiential foodways learning with engagement in local and nontraditional food retailers can expand food access, build consumer confidence, and support nutrition security.



Examination of the Utility of Implementing Dr. Yum's Food Adventure through FCS Extension Program

Excellence Through Research Award

Track: Education, Leadership, and Community Engagement

Presenter(s): Carla Carter, Ashley Board, Asa Conkwright, Kenna Knight, Debbie Messenger, Anna Morgan, Ronda Rex, Debbie Shepherd, Christy Stearns, Hannah Thornsberry, Anna Cason, Courtney Luecking

STATE: KY

ROOM: 301 C, 3RD FLOOR

Dr. Yum's Food Adventure piloted through Extension showed reach, engagement, and adaptability, supporting agents in delivering evidence-based, nutrition education in diverse early childhood settings.

From Research to Relevance: Using Canva and CapCut to Create Engaging Educational Content

Track: Technology

Presenter(s): Caroline Shrier, Courtney Aldrich

STATE: MI

ROOM: 200 E, 2ND FLOOR

Learn how educators can use Canva and CapCut to transform research-based content into engaging graphics and short form videos that increase reach, retention, and community impact.

From Training to Impact: A Two-Year Evaluation of Mental Health First Aid for Extension Workforce Competency

Track: Health and Well-being

Presenter(s): Tesha Humphrey, Katie Conrad, Matthew Devereaux, Lynne Middleton

STATE: TN

ROOM: 301 D, 3RD FLOOR

Two-year Mental Health First Aid workforce initiative demonstrates significant competency gains, sustained field application, and strong prevention value, offering a scalable Extension model for trauma-informed mental health response.

Home Price Halt: How CLTs Let Families Keep More in Their Pockets

Track: Financial Health and Capability

Presenter(s): Giovanna Benitez

STATE: FL

ROOM: 200 B, 2ND FLOOR

The Extension program equips aspiring homeowners with the knowledge and practical skills to purchase through Community Land Trusts, ensuring long-term affordability, local stewardship, and resilient community development.

Let's Go Outside! Can You Find?

Track: Lifespan Development and Family Relationships

Presenter(s): Lisa Poppe, LaDonna Werth, Jackie Steffen, Erin Kampbell

STATE: NE

ROOM: 301 A, 3RD FLOOR

This session demonstrates how a digital, nature-based learning campaign increased outdoor engagement, family connection, and provider wellness through social media, evidence-based design, and scalable technology-supported delivery.

Strengthening Health and Communities through Immunization Supplemental Messaging and Resources for EFNEP Professionals: Preliminary Results of a Regional Pilot

Track: Health and Well-being

Presenter(s): Diane Oliver, Jacqueline Wilkins

STATE: DE

ROOM: 200 D, 2ND FLOOR

EXCITE and EFNEP have partnered to provide immunization education during adult lessons. Results suggest that EFNEP's immunization messaging has a positive impact on adult knowledge and intent to get vaccinated.

Youth Exploring, Empowering and Experiencing 4-H Financial Health and Capability

Track: 4-H and Youth Development

Presenter(s): Candace Heer, Margaret Jenkins, Rhonda Williams

STATE: OH

ROOM: 200 C, 2ND FLOOR

Empower youth to build healthy financial habits, strengthen decision-making skills, and gain confidence through 4-H project books—an engaging, community-based resource that addresses educational gaps and supports lifelong financial learning.

3:00 PM – 4:00 PM

Affiliate Officer Meetings

These meetings are open to Affiliate Officers and/or delegated representatives for all positions.

**AFFILIATE PRESIDENTS/
PRESIDENTS-ELECT – 200 A**

AFFILIATE VP FOR AWARDS – 200 B

**AFFILIATE VP FOR MEMBER
RESOURCES – 200 C**

TREASURERS – 200 D

PUBLIC AFFAIRS – 200 E

**PROFESSIONAL DEVELOPMENT –
301 A**

4:00 PM – 6:00 PM

Dinner on own

6:00 PM – 6:45 PM

President's Appreciation Event Honoring Dianne Christensen

**ROOM: CUMBERLAND CONCOURSE,
3RD FLOOR**

(Business dress to semi-formal)

NEAFCS invites you to join us for an appreciation event honoring President Dianne Christensen

6:45 PM – 8:30 PM

Closing National Awards Ceremony

**ROOM: GRAND BALLROOM, 3RD
FLOOR**

See National Awards Ceremony agenda on the next page.

NATIONAL AWARDS CEREMONY AGENDA

Thursday, October 1

National Extension Association of Family & Consumer Sciences invites you to a

APPRECIATION EVENT HONORING PRESIDENT DIANNE CHRISTENSEN

6:00 PM – 6:45 PM | Cumberland Concourse, 3rd Floor

Business dress to semi-formal

CLOSING AWARDS CEREMONY

6:45 PM – 8:30 PM | GRAND BALLROOM, 3rd FLOOR

Opening Remarks

Dianne Christensen, NEAFCS President

NEAFCS Hall of Fame Presentation

Dianne Christensen

Awards Program

Carla Farrand, Vice President Awards & Recognition

NEAFCS Awards Presentation

Christy Stearns, Awards Ceremony Committee Chair

2027 Annual Session Call to Action

Samantha Kennedy, Halie Corbitt, Teron Speer – 2027 Tri-Liaisons

Recognition/Appreciation of 2025-2026 Outgoing Board Members

Elizabeth Renfro – Affiliate Tri-Liaison

Lacy Yeley – Affiliate Tri-Liaison

Shay Davis – Affiliate Tri-Liaison

Lisa Fishman – Eastern Region Director

Sheila Gains – Western Region Director

Susan Moore – Vice President Professional Development

Troy Anderson – Vice President Member Resources

Cindy Thompson – Secretary

Christine Zellers – President-Elect

Jennifer Bridge – Immediate Past President

Dianne Christensen – President

Gavel Presentation

Dianne Christensen, 2025-2026 NEAFCS President Outgoing Remarks

Christine Zellers, 2026-2027 NEAFCS President Incoming Address

ANNUAL SESSION SERVICE PROJECT

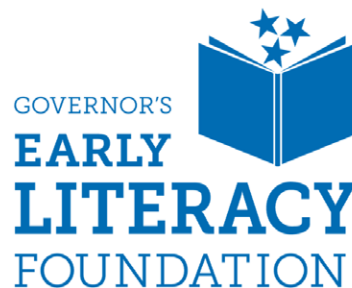
Imagination Library in Tennessee

Governor's Early Literacy Foundation partners with **Dolly Parton's Imagination Library** and local program partners across Tennessee to mail one, age-appropriate book each month to children from birth until age five at no cost to families. Imagination Library books arrive in the child's name and are meant to inspire a love of reading.

SCAN TO DONATE

- Donors can click yes to “Would you like to designate your gift to a County Imagination Library program?”
- Use the drop-down menu to scroll to the bottom to select Statewide.

Funds raised through the NEAFCS Annual Session will provide financial support to Imagination Library local program partners with the greatest need, helping ensure all eligible children in their counties receive one book mailed to their home each month, at no cost to the family.



SHOWCASE OF EXCELLENCE

Showcase of Excellence Posters will be displayed Tuesday and Wednesday.
The optional staffed time is Wednesday from 3:15 PM - 4:15 PM.

ROOM: HENLEY CONCOURSE, 3RD FLOOR

#1 Becoming Your Personal Best: Extension's Role in Expanding A Novel Youth Resilience Program

Track: 4-H and Youth Development

Presenter(s): Sue Schneider

STATE: CO

As today's youth navigate increasing social and mental health challenges, Extension educators can offer essential tools to build and strengthen resilience through the Becoming Your Personal Best program.

#2 Behind the Scam: Understanding Scam Tactics and How to Combat Them

Track: Education, Leadership, and Community Engagement

Presenter(s): Troy Anderson

STATE: MD

This presentation explores scam tactics and offers strategies to detect and combat scams. Participants will gain skills in scam identification, critical thinking, and community advocacy to enhance digital safety.

#3 Community Driven Credit Education: Reducing Debt and Enhancing Financial Resilience in the Cost of Living Crisis

Track: Financial Health and Capability

Presenter(s): Giovanna Benitez

STATE: FL

This session illustrates how consumers reduce credit card debt by mastering core credit principles and actionable financial management techniques that foster prudent borrowing decisions.

#4 Community Health Worker Training Program

Track: Education, Leadership, and Community Engagement

Presenter(s): James Keys

STATE: OH

This comprehensive, culturally responsive training program equips participants with the skills needed to connect people with health services, provide basic health education, and support communities experiencing inequalities.

#5 Cultivating Connection and Collaboration: Fostering Successful Community Partnerships

Track: Skill-based

Presenter(s): Shailja Mathur, Jennifer Korneski, Mikaela Kane

STATE: NJ

This poster will share how multiple innovative communication strategies were developed to build on existing relationships and foster new collaborations with community partners, thereby maximizing educational outreach to our audience.



#6 Elevate Couples Georgia: A Scalable Extension Model for Strengthening Couple Relationships

Human Development & Family Relationship Award

Track: Lifespan Development and Family Relationships

Presenter(s): Ted Futris, Evin W. Richardson, Karen DeMeester, Kim Gregson, Erin Cooper, Rachel Brown, Shuangyue Cui, Candace Woods, Latroy Rittenberry, Brigitte Love, Brittney Thompson, Matt Hampl, Catherine Walker O'Neal, Kristi Farner, La Keshia Levi, Brad Averill, Suzanne Williams, Zoe Soltanmammedova, Brittany Harrison, Amanda Harner

STATE: GA

Elevate Couples Georgia is a statewide Extension initiative strengthening couple relationships by expanding access to evidence-based education through hybrid delivery and community partnerships.

#7 Empower Her: Essential Insights into Women's Health

Track: Health and Well-being

Presenter(s): Sara Olsen

STATE: WY

This program was designed to help women in my community navigate perimenopause and menopause! Being informed and having open conversations with healthcare providers can make this transition easier to navigate.

#8 Engaging Families Through Integrated Parent-Child Parenting Education: A Theory-Based Extension Model

Track: Lifespan Development and Family Relationships

Presenter(s): YaeBin Kim

STATE: NV

This session presents a theory-based Extension model integrating parents and children in shared learning, demonstrating improved parenting skills, family engagement, and child developmental outcomes across multiple program areas.

#9 Evidence to Practice: Implementing Trauma-Informed Nutrition for Substance Use Disorder Recovery

Track: Food and Nutrition

Presenter(s): Kristin Riggsbee, Katie Conrad, Karen Franck

STATE: TN

Experiences piloting Nourish Recovery, a trauma-informed nutrition program for SUD recovery. Panel shares implementation strategies, evaluation methods, and anecdotal impacts on participants.

SHOWCASE OF EXCELLENCE, CONTINUED



#10 Expanding Outreach and Impact: UF/IFAS Extension and FAMU Housing Education

Extension Housing Outreach Award

Track: Financial Health and Capability

Presenter(s): Lisa Hamilton, Judy Corbus, Jenny Rodriguez, Cyndi Longley, Giovanna Benitez, Katherine Allen, Halie Corbitt, Terri Keith, Ella Dinkins, Cindi Hetz, Stephanie Clamer McMinds, Natasha Parks, Jill Breslawski, Melanie Taylor, Carla Adams-Lippett, Claire Davis, Pam Hughes, Laura Valencia, Cheyenne Martin

STATE: FL

A partnership between UF/IFAS Extension and FAMU expanded HUD-approved housing education to reach 59% of Florida counties, improving financial management, increasing home ownership and housing stability, and reducing evictions.



#11 Extending Health: A Multi-Platform Marketing Strategy for Rural Communities

Marketing Package Award

Track: Trending Topics

Presenter(s): Elizabeth Josey, Hannah Shifflette

STATE: SC

A multi-platform marketing strategy using radio, TV, blogs, and social media increases rural communities' health literacy, raises awareness of Extension programs, and boosts engagement across the region.



#12 Green Cleaning Across State Lines

Excellence in Multi-State Collaboration Award

Track: Environmental Health and Sustainability

Presenter(s): Janette Burkes, Sharlee Whiddon, Pamela Turner

STATE: GA

Green Cleaning extension workshops teaches adults green cleaning practices that improve indoor air quality, reduce chemical exposure, promote sustainability, and lower household costs.



#13 In My Homesteading Era

Excellence in Teamwork Award

Track: Trending Topics

Presenter(s): Victoria Presnal, Paula Burke, Rebekah Claar

STATE: GA

This program is a collaborative program empowering participants with practical skills in gardening, food preservation and animal care fostering teamwork while promoting self-sufficient communities

#14 Let's Go Outside! Can You Find?

Track: Lifespan Development and Family Relationships

Presenter(s): Lisa Poppe, LaDonna Werth, Jackie Steffen, Erin Kampbell

STATE: NE

This session demonstrates how a digital, nature-based learning campaign increased outdoor engagement, family connection, and provider wellness through social media, evidence-based design, and scalable technology-supported delivery.



#15 Making a Difference: A Journey of Purpose, Partnership, and Impact

Extension Educator of the Year Award

Track: Health and Wellbeing

Presenter(s): Sondra Thorne

STATE: TN

Sondra Thorne has spent the past 21 years educating Hardin Countians on health and well-being through timely, innovative programs that promote healthier lifestyles and stronger communities.



#16 My Wellbeing- Addressing the Health and Wellness of Individuals with Intellectual and Developmental Disabilities

Family Health & Wellness Award

Track: Health and Well-being

Presenter(s): Kimberly Cavalier, Connie Beecher, Virginia Atwell, Cathy Drost, Karie Foster, Korissa Lassen, Nicole Leidal, Jeannette Mukayisire, Morgan Newell, Cassie Odland, Malisa Rader, Mackenzie Schelling, Vera Stokes, Hailey Walker, Ashley Wilson, Barb Wollan

STATE: IA

My Wellbeing is a research-based program empowering adults with disabilities. Through inclusive education and strategic partnerships, it has enhanced the health, financial, and social independence of over 500 individuals.

#17 NourishEd: A Policy, Systems, and Environmental Extension Model for Youth Nutrition and Food Waste Reduction

Track: Food and Nutrition

Presenter(s): Palak Gupta, Amberly Lambertsen, Cindy Jenkins, Emma Parkhurst, Mary Anna Henke, Cris Meier, Kelsey Braithwaite, Madison McArthur

STATE: UT

NourishEd integrates surplus produce recovery with hands-on youth nutrition education to improve healthy eating, reduce food waste, and build food literacy through scalable, community-based Extension programming.

SHOWCASE OF EXCELLENCE, CONTINUED



#18 NourishSmart: Environmental Education for Food Waste Reduction

Environmental Education Award

Track: Environmental Health and Sustainability

Presenter(s): Palak Gupta, Kelsey Romney, Bekka Israelsen, Meggan Callister, Callie Ward, Carson Johnson, Amberly Lambertsen, Sharon Bee, Deborah Ivie, Kristin Black, Robyn Handley, Davis Francis, Heidi LeBlanc

STATE: UT

NourishSmart equips youth and educators with hands-on skills to reduce food waste, protect resources, and build sustainable, community-centered food systems.

#19 Online Vaping Education for Parents: Lessons Learned in Designing the Program

Track: Technology

Presenter(s): Adrienne Duke-Marks, Nana Adjoa Konadu Attiah, Angela Mintah

STATE: AL

Our session discusses the design and implementation of an online parent vaping education program for parents. We will share the research-informed practices and strategies to create and launch the program.



#20 Passport to Early Childhood Education: Teacher and Staff

Orientation

Early Childhood Child Care Training Award

Track: Lifespan Development and Family Relationships

Presenter(s): Shannon Wilson, Lesia Oesterreich, Mona Berkey, Melissa Wagner, Cindy Thompson, Kristin Taylor

STATE: IA

Passport to Early Childhood Education: Teacher and Staff Orientation is designed to assist center-based programs in their onboarding process and build upon state-wide required trainings.

#21 Preserve the Abundance/ Preservando Con Propósito La Abundancia: Developing and Delivering Bilingual Home Canning Resources and Community Classes

Track: Food and Nutrition

Presenter(s): Gretchen Manker, Grace Whitman, Siew Guan Lee, Annie Nelsen

STATE: ID

Recognizing a gap in accessible, research-based food preservation materials for Spanish-speaking audiences, Extension educators developed and delivered bilingual home canning resources and community classes to promote safety and confidence.



#22 Read and Ride

School Wellness Award

Track: Health and Wellbeing

Presenter(s): Cathy Agan, Brittney Newsome, Markaye Russell, Quincy Vidrine

STATE: LA

The Read and Ride program was initiated to combine reading with physical activity. Stationary bikes with desks were placed in school and public libraries to promote reading while riding the bikes.

#23 Reclaiming Real Childhood: A Family-Based Program to Reduce Screen Overuse, Improve Sleep, and Strengthen Youth Mental Health

Track: Lifespan Development and Family Relationships

Presenter(s): Aaron Hunt, Taryn Wahlquist

STATE: UT

A pilot family education program helping parents reduce youth screen overload, improve sleep, and strengthen mental health through practical routines, tech boundaries, and play-based strategies grounded in developmental research.

#24 Regional Collaboration as a Strategy to Strengthen the 100 Miles, 100 Days Program

Track: Health and Well-being

Presenter(s): Rachel O'Halloran, Sarah Barks, Tyler Hall, Maria Calvert

STATE: MO

Targeted, locally adaptable strategies increased participation and engagement in the 100 Miles, 100 Days program, demonstrating the value of flexible, community-focused physical activity campaigns across Extension regions.

#25 Standing Out in the Crowd: Using Partnerships, PSE, and Technology to Stay Relevant in High-Density Communities

Track: Trending Topics

Presenter(s): Kristin Miller

STATE: MO

This session explores how Policy, Systems, and Environmental change, technology, and strategic partnerships help Extension increase reach, sustainability, and impact in densely populated, resource-saturated urban communities.

#26 Stirring Up Success with Positive Youth Development: Cooking Quest Fosters Teamwork, Cooking Skills, and Nutritional Knowledge

Track: 4-H and Youth Development

Presenter(s): Christina Garner

STATE: GA

Stirring Up Success uses hands-on cooking challenges and nutrition education to build teamwork, problem-solving, food safety, and workforce-ready skills, preparing youth for healthy, confident, Beyond Ready futures.

#27 Succession Planning: The Intersection of FCS and Agricultural Extension

Track: Financial Health and Capability

Presenter(s): Alexander Chan, Jesse Ketterman, L. Paul Goeringer

STATE: MD

FCS and Agriculture Agents make a perfect team to teach farmers about succession planning. FCS brings expertise in family life, Ag agents cover legal and production matters.

SHOWCASE OF EXCELLENCE, CONTINUED

#28 The Nourish Program: Assessing the Results of an Extension Outreach Program Delivered Face-to-face or Online

Track: Trending Topics

Presenter(s): Julie Garden-Robinson, Sherri

Statstny, Nathaniel Johnson

STATE: ND

Two series of online and face-to-face “Nourish” Extension programs for adults have been developed, implemented, and evaluated. Participants have shown positive behavior changes in nutritional intake and physical activity.



#29 Tracking Sustained Health Outcomes Through Collaborative SNAP-Ed Series SNAP-Ed

EFNEP Educational Program Award

Track: Food and Nutrition

Presenter(s): Joanne Ureste

STATE: TX

Five SNAP Programs were offered to address the high prevalence of diet-related chronic diseases within the Sacred Heart Community Church congregation



#30 Voices of Rural Missouri Mothers Exploring The Experiences Of Breastfeeding Mothers In Rural Communities

Endowment Grant Recipient

Track: Health and Well-being

Presenter(s): Sara Bridgewater

STATE: MO

Explore rural Missouri mothers’ breastfeeding experiences through a socio-ecological lens, examining self-efficacy, barriers, and supports while discussing implications for Extension programming and maternal health initiatives.



American Income
life insurance company

Special Risk Division

The AIL Special Risk Division has specialized in providing blanket group accident coverage for 4-H and Cooperative Extension programs since 1952.

Our motto is “Serving Those Who Serve Others” and our partnership with NEAFCS is a key part of how we live up to that.

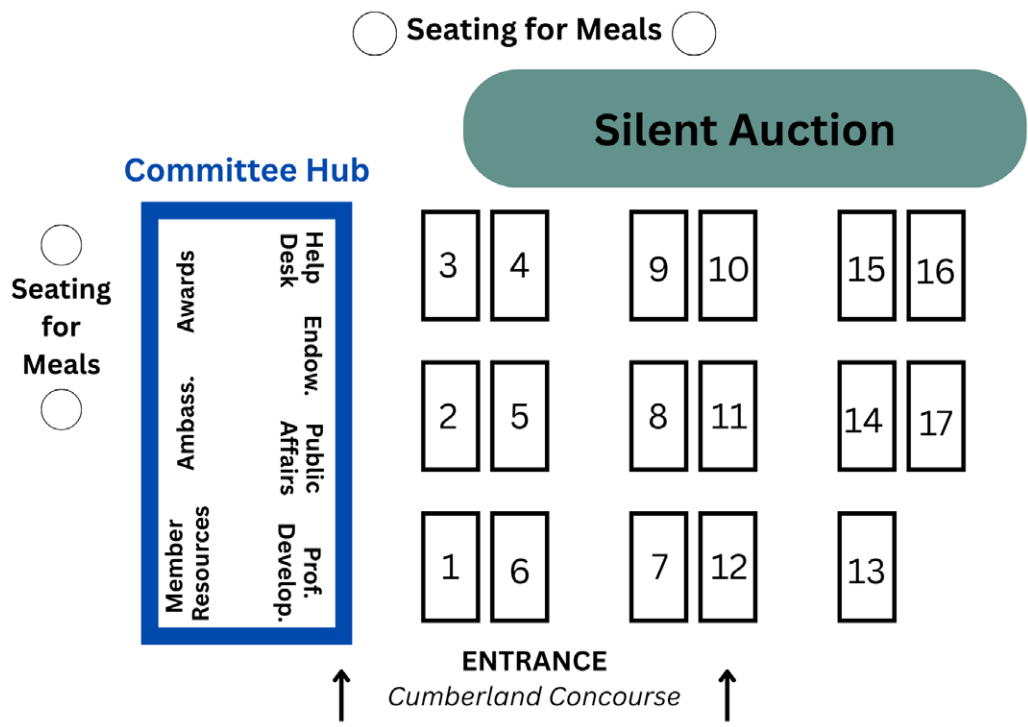
Contact Erin Bain, AIL SRD Director for more information about protecting your program!

efbain@ailife.com

EXHIBIT HALL FLOOR PLAN

Exhibit Hall

Knoxville Convention Center, Ballroom E-G, 3rd Floor



COMPANY	TABLETOP
2027 Annual Session, Ft. Lauderdale, FL	5
American Association of Family & Consumer Sciences (AAFCS)	2
Canopy, a Public Benefit Company	6
Farm and Ranch Stress Assistance Network (FRSAN) South	10
Money Habitudes	15
National Presto Industries, Inc.	13
National Restaurant Association	11
NCTI/Real Colors	8
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EXHIBITORS

ANNUAL SESSION EXHIBITORS

2027 Annual Session, Ft. Lauderdale, FL **Tabletop #5**

Florida invites you to their booth to discover Coastal Connections and get a sneak peek at the exciting plans for the 2027 NEAFCS Annual Session in Fort Lauderdale!

American Association of Family & Consumer Sciences (AAFCS) **Tabletop #2**

1410 King St. 2nd Floor
Alexandria, VA 22314
Phone: (571) 534-4074
Email: staff@AAFCS.org
Website: www.aafcs.org

AAFCS is a 501c3 nonprofit organization located in Alexandria, VA which supports Family and Consumer Sciences Professionals through education, research, community engagement, advocacy, credentialing and more.

Canopy, A Public Benefit Company **Tabletop #6**

120 North Juliette Ave
Manhattan, KS 66502
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Email: info@canopyteam.org
Website : <https://canopyteam.org/>

PEARS is a user-friendly, customizable software platform built to track the full spectrum of community engagement from partnership development and planning through implementation and evaluation. Built on the "Plan it, Do it, Prove it" framework, PEARS helps you gather the evidence needed to tell your impact story.

Farm and Ranch Stress Assistance Network (FRSAN) South **Tabletop #10**

4101 Beryl Rd Room 215J
Raleigh, NC 27606
Phone: (919) 381-7243
Email: FRSAN_south@ncsu.edu
Website: www.frsansouth.org

Providing information to assist Extension Professionals as they work with rural populations and farmers. The FRSAN South network provides resources such as a 24/7 Concern Line and clearinghouses of resources to help farmers as they deal with mental health issues.

Money Habitudes, LLC **Tabletop: #15**

1850 Lee Rd Suite 122D
Winter Park, FL 32789
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Email: info@moneyhabitudes.com
Website: www.moneyhabitudes.com

Money Habitudes® offers engaging behavioral finance tools that help participants explore how their attitudes and behaviors influence financial decisions. Through assessments, activities, and facilitation resources, educators create meaningful, nonjudgemental conversations that build financial awareness, confidence and lasting behavior change.

National Presto Industries, Inc.

Tabletop: #13

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Email: bmilkert@gopresto.com
Website: www.gopresto.com

National Presto Industries dates back to 1905 when the company began manufacturing industrial size pressure canners known as “canner retorts” Today Presto remains a recognized industry leader in home food preserving

National Restaurant Association

Tabletop #11

233 S. Wacker Dr. Suite 3600
Chicago, Illinois 60606
Phone: (312) 261-5350
Email: eweiss@restaurant.org
Website: www.restaurant.org

The National Restaurant Association supports the food service industry through advocacy, research, education, and operational resources. Its products and services include ServSafe® food safety certification.

NCTI/Real Colors

Tabletop: #8

20815 N. 25th Place, Suite A103
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Phone: (602) 452-5511
Email: info@realcolors.org
Website: www.restcolors.org

Real Colors is a dynamic workshop experience using a personality type test. The goal is to provide participants with skills to understand human behavior, uncover motivations specific to each temperament and improve communication with others.



Newell Brands (Ball Home Canning)

Tabletop: #7

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Phone: (404) 807-9046
Email: ashley.pierce@newellco.com
Website: www.healthycanning.com

As a trusted mason jar brand for 140 years, Ball home canning products inspire all to make, create and share

Society of Metabolic Health Practitioners

Tabletop: #1

13833 Hawksnest Bay Drive
Corpus Christi, TX 48418
Phone: (619) 246-4553
Email: support@thesmhp.org
Website: www.thesmhp.org

The Society of Metabolic Health Practitioners (SMHP) is a nonprofit professional organization providing education, conferences, evidence based resources, and a peer-reviewed journal to advance metabolic health. Explore opportunities for collaboration and Extension programming.

Southern Peanut Growers

Tabletop: #3

1025 Sugar Pike Way
Canton, GA 30115
Phone: (770) 309-7018
Email: southernpeanutgrowers@gmail.com
Website: www.peanutbutterlovers.com

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Texas A&M Institute for Advancing Health Through Agriculture **Tabletop: #4**

17360 Coit Rd
Dallas, TX 75252
Phone: (972) 231-5362
Email: nutritionhub@ag.tamu.edu
Website: www.nutritionhub.tamu.edu/

The USDA Nutrition HUB at Texas A&M is designed to improve food and nutrition security, reduce diet-related chronic diseases, and improve population health throughout Texas and the United States, through developing and enhancing transdisciplinary collaboration and partnerships.

The Dibble Institute **Tabletop: #12**

PO Box 7881
Berkeley, CA 94707
Phone: (800) 695-7975
Email: relationshipskills@dibbleinstitute.org
Website: www.dibbleinstitute.org

The Dibble Institute offers relationship and emotional well-being curricula for youth and young adults, trusted by Extension professionals nationwide. Visit our booth, the "Growing Healthy Connections" workshop, or our Extension Toolkit (<http://tinyurl.com/4dxwfd4s>) to learn more!

UF/IFAS Books & Cooks **Tabletop #9**

1702 S. Hwy 17
Bartow, FL 33830
Phone: (786) 239-4722
Email: jesa13c@ufl.edu

UF/IFAS Books & Cooks is a series-based literacy and nutrition program rooted in four pillars: children's literacy, food as medicine, diabetes prevention, and family connection. Through fun, hands-on activities, families work to support the enjoyment of reading and build healthy habits, including cooking and physical activity.

University of Tennessee Martin **Table Top # 16**

538 University Street 340 Gooch Hall
Martin, TN 38238
Phone: (731) 881-7116
Email: mwood85@utm.edu

UT Martin offers a fully online Master of Science in Family & Consumer Sciences degree to full-time students and working FCS professionals across the country. The program of study includes courses in child development, family studies, gerontology, and more

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805 Pennsylvania Ave
Kansas City, MO 64105
Phone: (330) 810-6111
Email: Martha.Sartor@usda.gov
Website: www.nifa.usda.gov

Through scientific research and its application; strategic partnerships with federal, state, and local agencies; extension education; and preparing the next generation of Family and Consumer Sciences professionals, USDA NIFA's Division of Family and Consumer Sciences (DFCS) advances family well-being and community vitality across the nation.

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Natalie A. Thomas, AK	Sharon Mader, OH	
Nettie Ruth Brown, FL	Sheila Craig, MN	
Norma Morgan, IA		

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SESSION / WORKSHOP NOTES

Session 1 Notes:

Session/Workshop Title: _____

What did I learn? _____

What will I apply to my work? _____

Session 2 Notes:

Session/Workshop Title: _____

What did I learn? _____

What will I apply to my work? _____

Session 3 Notes:

Session/Workshop Title: _____

What did I learn? _____

What will I apply to my work? _____

Session 4 Notes:

Session/Workshop Title: _____

What did I learn? _____

What will I apply to my work? _____

SESSION / WORKSHOP NOTES, CONTINUED

Session 5 Notes:

Session/Workshop Title: _____

What did I learn? _____

What will I apply to my work? _____

Session 6 Notes:

Session/Workshop Title: _____

What did I learn? _____

What will I apply to my work? _____

Session 7 Notes:

Session/Workshop Title: _____

What did I learn? _____

What will I apply to my work? _____

Session 8 Notes:

Session/Workshop Title: _____

What did I learn? _____

What will I apply to my work? _____

SESSION / WORKSHOP NOTES, CONTINUED

Session 9 Notes:

Session/Workshop Title: _____

What did I learn? _____

What will I apply to my work? _____

CONNECTIONS MADE

Connection 1:

Who did I meet that is new to me? (name and contact info): _____

What did I learn about them? _____

Did I make plans to connect with them after the conference? _____

Connection 2:

Who did I meet that is new to me? (name and contact info): _____

What did I learn about them? _____

Did I make plans to connect with them after the conference? _____

Connection 3:

Who did I meet that is new to me? (name and contact info): _____

What did I learn about them? _____

Did I make plans to connect with them after the conference? _____

SESSION / WORKSHOP NOTES, CONTINUED

Connection 4:

Who did I meet that is new to me? (name and contact info): _____

What did I learn about them? _____

Did I make plans to connect with them after the conference? _____

Connection 5:

Who did I meet that is new to me? (name and contact info): _____

What did I learn about them? _____

Did I make plans to connect with them after the conference? _____

Connection 6:

Who did I meet that is new to me? (name and contact info): _____

What did I learn about them? _____

Did I make plans to connect with them after the conference? _____

Connection 7:

Who did I meet that is new to me? (name and contact info): _____

What did I learn about them? _____

Did I make plans to connect with them after the conference? _____

NOTES

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

NOTES

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

NOTES

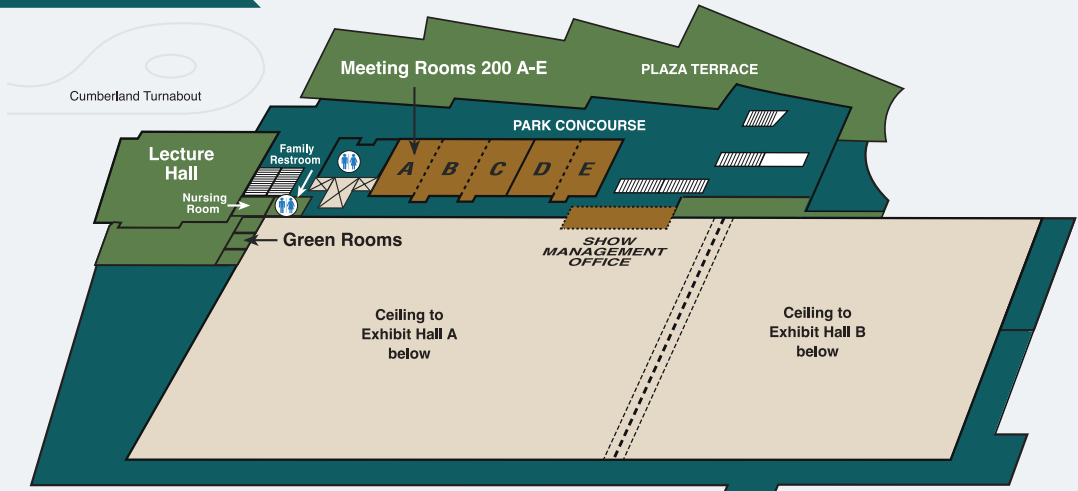
[illegible]

ATTENDEE MAPS

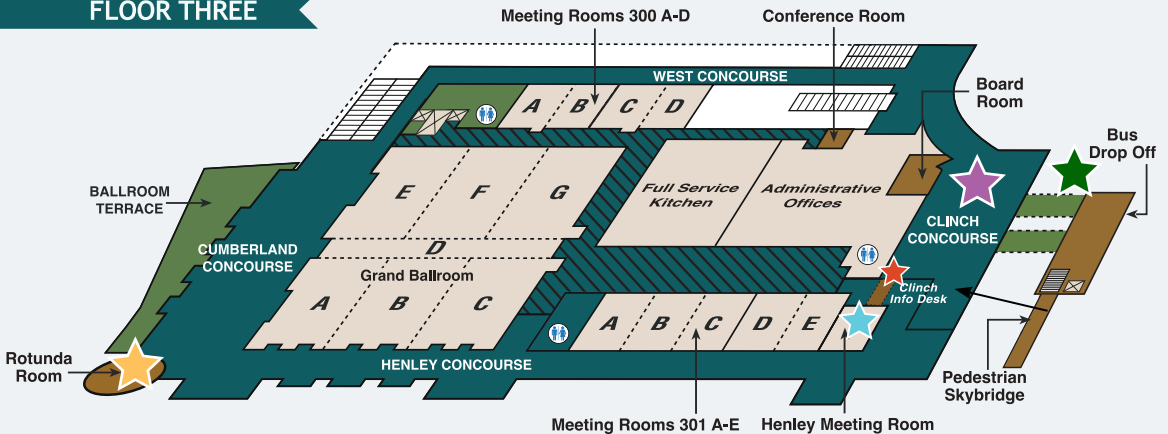
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