



### **My Perception of a Person's Worth Based on Age**

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Individuals from each generation bring with them values and opinions that have been influenced by economic, political, and social events happening at that time. We work and interact with all generations from traditionalists to generation Z! When I was young, I loved to listen to the stories of my great-grandparents. I learned so much. Today, the art of communication, the exchange of information, is rarely practiced in the workplace or our society.

When we relate how we view someone's opinion based on age, gender, or race we narrow the possibilities for finding solutions to address societal challenges. At one point, I thought millennials were rude because every response was through an email or text. Why can't they just pick up the phone to talk? Lessons I learned in a diversity training taught me that it is just how millennials communicate. You might be able to tell that I am not a millennial. Since then, my perception of younger workers has changed. I learned something new and changed how I interact with them.

Take the time to talk to someone that is not in your current generation. Imagine the opportunities that you can create together. We like what we know and are resistant to change. Well, a change will happen whether we want it or not. You may have heard this quote by Tony Robbins before, "If you do what you've always done you'll get what you've always gotten."