

Meet the Board

Patricia Brinkman (OH), Vice President of Professional Development

Hi, NEAFCS family! I, Pat Brinkman, am honored to serve as your Vice President of Professional Development. A little about my background, I became aware of Extension through 4-H as I grew up on a dairy farm in another county in Ohio. Although I accepted a position as an FCS teacher after college, I always thought I would enjoy working with Extension. Now after working 20 years as FCS Educator in Fayette County, (half-way between Columbus and Cincinnati), I still love my job. My farming background has been helpful in this rural farming county, although I have not lived on a farm for years.



My specializations are health, wellness, and food safety including teaching ServSafe classes. I am part of the Live Healthy Live Well team providing email challenges, Facebook messages, text messages and blog articles. I try to practice what I teach so eating healthy and being physically active are important to me. I do love dark chocolate, and ice cream is part of the food groups. My dog keeps me walking, but I admit I don't like the cold so it's short walks these cold winter days.

I enjoy traveling and have lived and taught in southern Delaware and southern California. I recently moved to Columbus to live near my four grandchildren, so I could spend more time with them.

Professional Development is a way of life for me. I love learning, reading, and research, besides sewing and cooking. I want to help people live healthier, happier lives. Please contact me <mailto:brinkman.93@osu.edu> with suggestions on webinars, or how we can serve your professional development needs better.