

Eastern Region Update

Lisa McCoy (MD), Eastern Region Director

The Eastern Region continues to work strong through the changing guidelines due to COVID restrictions. The Penn State Extension sponsored a Spring Professional Development day on June 3rd that was open to all members in the Eastern Region. During this multi-state session, colleagues shared successful programs they have created or continued during the pandemic. The six presentations included Responding to Financial Impacts of COVID on Consumers (New York) , Virtual 4-H Cooking Camp and follow-up cooking classes on Saturdays (Pennsylvania), WVU Extension Kinship Care Program, Home Food Preservation Series/Drinks from the Garden (Maine), Work Well – Live Well – Stay Healthy (New Jersey), Farm Stress: Building Family Farm Resilience (Delaware). Following the presentations, participants attended breakout sessions on a specific program that interests them and they would like to implement in their state.

