

21 Tips for 2021

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I am so excited that 2021 is finally here! I hope this year will be a great deal better than 2020 for everyone! I am excited to be able to share my "Two Tips for 2021" with my NEAFCS family.

My two tips for 2021:

- 1) Challenges are like hurdles. Jumping high enough will help you clear them all.
- 2) Pessimism is like a flat tire. You cannot get anywhere until it's changed.



I wanted to share these two tips because life is filled with highs and lows. When hit with the "lows", it is sincerely important to stay positive during those times. With so much happening in the world today, it is so critical to "choose" to look at life in an optimistic way. I often reflect on these tips both professionally and personally. They really apply to both aspects of our lives. Most importantly, I find solace in them when faced with life's hiccups. The positive thing about life's hiccups..... most are temporary. I truly believe the outlook we take when faced with these moments, can surely make the difference.

Hoping what you have read is not only good food for the soul but something to contemplate throughout the entire year. Enjoy and I wish each of you a fantastic 2021! Be sure to make the best of it!