

## **Healthy for Life® Grants Awarded!**

*Danielle Jessup, CMP, NEAFCS Executive Director*

NEAFCS announced to its members in May of 2021 a new grant opportunity supporting the Healthy for Life® community nutrition program, an initiative led by Aramark and the American Heart Association (AHA). The Healthy for Life® evidence-based nutrition education experiences are supported by American Heart Association science and developed by food and nutrition experts. Five Healthy for Life® community nutrition program grants were available up to \$2,500 each. The funds are to be used to implement four educational experiences over a two to three-month period for an audience of 20-25 participants each time.



NEAFCS received 27 applications, which went on to be reviewed by 5 individuals. We are excited to announce that the following 5 agencies received the full funding grant at \$2,500 to implement their program from November 2021 – April 2022. Congratulations and we look forward to hearing about your programs!

- Jennifer Shukaitis, Rutgers University - Highland Park Healthy for Life
- Mary Alice Gettings, Penn State Extension - Healthy for Life Cooking Classes
- Leigh Anne Aaron, University of Georgia Cooperative Extension - Senior Sense
- Christine Jessen, Utah State University – TBA (New Program)
- Jessie Piper, Kansas State University - Promoting Intergenerational Nutritional Wellness: An Intervention for Grandparent Caregivers

Thank you to the following NEAFCS members who spent their valuable time, knowledge, and experience to review the 27 applications.

- Mary Blackburn, California
- Diane Mason, Kentucky
- Misty Harmon, Ohio
- Kimberly Cripps, Oklahoma
- Stephanie Polizzi, Oregon