

## **Go In-Depth with The Poe Center**

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Tri-Liaison*

We are two months away from our 2022 Annual Session! I am Sydney Knowles, serving as a tri-liaison for the NEAFCS 2022 Annual Session planning committee. To help get you excited for September, I wanted to share a little information about one of our in-depth sessions.

One of our long-standing partners with NC Cooperative Extension is The Poe Center. The Poe Center is a nonprofit organization out of Raleigh, NC that provides health education for the public. They have a team of health educators that work across the state to provide education on nutrition & physical activity, adolescent development, substance use prevention, dental health, bullying prevention, mental wellness, and more. At your in-depth session, you'll be able to tour The Poe Center's immersive teaching center, a popular field-trip destination for our schools and 4-H summer programs.

During our in-depth session "Shopping for New Ideas," you'll be able to plan and implement a pop-up grocery store learning experience for families to improve nutrition education in your own community. Our speaker for this session is Lauren McCallum, Health Educator and Assistant Director of Nutrition and Physical Activity at The Poe Center. I have personally worked with Lauren for years across a variety of health committees and am excited to have her expertise in leading a session for us this year!

For more information about the Poe Center, visit <https://www.poehealth.org>. I hope you enjoy this session, and all of the wonderful sessions we have planned for you this year. See you in September!

