

Make a Statement with NEAFCS Impact Statements!

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Our impact statement highlight is from **Community Health and Wellness** and features two outstanding affiliates!

In **Utah**, Physical Health and Wellness Activities were implemented to include wellness walks, pickleball, Tai Chi, and body gratitude. This program established 49 community partners and a total of 4,024 participants. Walk with Ease, in **Oklahoma**, mentioned 28% of Oklahomans are physically inactive. The program reached 360 participants. When the program ended, 81% reported their health had improved. *"My ankles have been swelling, but through the balance, strengthening classes I have been able to get this condition under control. I am extremely pleased with my results".* Participant from Oklahoma.



Want to know more? The 2022 Impact Statements are located on the NEAFCS website under the Public Affairs section.

Happy Summer!