## So Many Opportunities to Learn at Annual Session!

Pat Brinkman (OH), NEAFCS Vice President for Professional Development

North Carolina, here we come! Registration for Annual Session is open! Our affiliates in North Carolina have been working hard to provide us with a great conference. You have lots of interesting options with preconference sessions and In-Depth sessions to choose besides concurrent sessions and Showcase of Excellence.



Two of the pre-conference sessions are off-site. One is "Get Connected to Local Foods," providing insights North Carolina Extension has

learned. The other off-site one is on "Foundations of Flavors," helping you learn more about spices and their use. The onsite pre-conference is "Take Your program to New Heights," providing you with assistance in improving your impacts.

In-Depth sessions provide many options on food insecurity, community development, eating healthy for adults and another one on childcare programs, curriculum training including Dining with Diabetes or Med Instead of Meds, and sustainable living. Sign up soon so you can register for the one you want.

Watch for webinars coming! We have three being scheduled, so you will have more webinars to check out soon. Don't forget that we always record our webinars. They are posted on our <u>webinar archives page</u> under different topics. Check them out!