

Central Region Update

Cindy Thompson (IA), NEAFCS Central Region Director

Iowa/Kansas - As a direct result of our 2021 Virtual NEAFCS Annual Session, a fun collaboration has developed between Kansas State University and Iowa State University. Donna Krug, District Director and FCS Agent, led a concurrent session on fermentation at Annual Session, a topic extension educators in Iowa don't deliver programs on but get lots of questions in their other offerings. Jill Weber, Human Sciences Specialist in Food and Health attended the concurrent session and learned so much she shared the session with ISU Extension and Outreach's food preservation committee. With support from the committee, Jill reached out to Donna and invited her to come to Iowa to provide professional development to Food and Health specialists. Donna responded quickly and is excited about the opportunity. Plans are underway for Donna to travel to Iowa in April for a 2-hour presentation with the purpose of providing the team with a deeper understanding of the fermentation process so they are better able to answer questions.



Ohio - The Ohio State University Extension Tai Chi Team consisting of Lorrissa Dunfee, Misty Harmon, Roseanne Scammahorn and Ken Stewart began offering a virtual Tai Chi series starting in February. There are over 50 participants ranging in age from early 40's to mid-80's. It has been such a wonderful experience and the participants are so appreciative for this opportunity. The Team has another virtual series scheduled starting at the end of March.