

Meet the Board

Lisa McCoy (MD), NEAFCS Eastern Region Director

I am in my second year serving as Eastern Region Director and it has been a great experience learning more about NEAFCS and getting to know other members in my region. I am a tenured FCS senior agent with the University of Maryland Extension. I cover the western region of the state (in the mountains) focusing on chronic disease prevention and management, mind-body medicine, food safety, nutrition for older adults, green cleaning, health insurance literacy and virtual program building. In addition to Region Director, I am active in the Leadership Experience as both a mentor as well as serving on the planning committee. I have a strong interest in mentoring; I am doing research on our UME mentor program for my doctoral dissertation. I also serve as president of the Maryland Tau ESP chapter.



I have been a Registered Dietitian Nutritionist for over 40 years and received my B.S. and M.S. from Virginia Tech. My daughter Ashleigh also graduated from VT where she met her husband (just married in 2021) so Orange and Maroon run strong in our family. I am a proud doodle mama having survived my first year with my mini golden doodle puppy, Bailey. In my spare time, I enjoy reading, visiting wineries with friends, being outdoors and traveling. I look forward to seeing everyone in Raleigh at annual session and serve on the planning committee to make the 2023 annual session in Providence a great experience!