

Region Highlights: Eastern Region

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Greetings from the Eastern Region! This is one of the more beautiful times in our region as the leaves on the trees radiant in different colors. Small towns host fall festivals featuring apple butter. It reminds me of the important work many of our educators do with food safety and preservation. It takes me back to the days of helping mom prepare food for canning. Such great memories.

I thought I would take this opportunity to provide a brief introduction. It is interesting how life moves you in different directions. Prior to my work in Extension, I worked about twenty years in student affairs on university campuses. My work involved supervising residence halls, leading wellness initiatives, and dealing with student behavior. Then I found Extension! My primary role is to teach financial programs in my area. Given my wellness background, I am also involved in health insurance literacy and farm stress management. I have enjoyed the transition and look forward to being a resource for the Eastern Region.

The highlight for the Eastern Region was the Multi-State Professional Development Session coordinated by the Pennsylvania Affiliate at the end of October. It was a wonderful event that highlighted many programs throughout the region. Many thanks to the Pennsylvania Affiliate for putting it together.