

Just for the Health of It: Home Edition



CALL OF INTEREST

Are you looking to spice up your programming?

Are you looking to reach a larger audience?

Are you wanting be a part of a virtual programming movement?



Just for the Health of It: Home Edition (J4HI) is a monthly webinar streamed on Facebook live created by Bibb and Clayton County offices of the University of Georgia Extension.

Through research-based education and cooking demonstrations, J4HI: Home Edition teaches ways to manage and reduce the risks of chronic diseases.

Since 2020, J4HI: Home Edition episodes have been viewed by over 18,000 people in 19 states and seven countries. We want you to join us in the movement!

Scan the QR Code to let us know you are interested!



Just for the Health of It: Home Edition



WHAT DO YOU HAVE TO DO?

- Attend the 2022 interest meeting (TBD) to learn more
- Commit to present one J4HI: Home Edition Show in 2023
- Participate in 3 train-the-trainer sessions with Chef Becca
- Promote and market J4HI: Home Edition and the J4HI: Home Edition FB Page to your personal & professional network
- Share your logo to be added to our landing page
- Commit to the goal of educating the public about ways to reduce fat, sugar, and sodium in their diet and increase physical activity

WHAT WILL WE DO?

Everything else..

- Provide flyer and recipe templates with partner logos
- Provide optional recipes developed by Chef Becca
- Provide flow-of-show and guidance
- Production assistance as needed
- Train-the-trainer experience with Chef Becca

