

Central Region Updates

Barb Wollan (IA), Central Region Director

The central region is at the starting line and excited about being the host region for the 2025 annual conference in Grand Rapids! We are excited to be able to build on the foundation established by the Michigan Affiliate in 2021, when COVID forced the shift to a virtual meeting. We've accomplished Step One: Identifying our leaders! (Drum roll....) Tri-Liaisons to the National Board for the 2025 annual conference will be:

Next Steps: forming committees and digging into detailed planning for a terrific conference! The next two years will be exciting and productive years in the Central Region.



2025 Annual Conference Tri-Liaisons

 Courtney Aldrich, MI 

 Samantha Roth, MN 

 Melissa Rupp, OH 

News from North Dakota!

Kari Helgoe, President- A team of NEAFCS members in North Dakota received the statewide "Program Excellence Award" at the states fall conference for the "Fit and Strong" program. Fit and Strong is an evidence-based physical activity self-management program for people with lower extremity osteoarthritis. NDEAFCS Extension team members are master trainers Shaundra Ziemann-Bolinske, Danielle Dinger and Rhonda Gripenrog; and trainers Metta Pfilger and Amanda Dahners.



News from Iowa!



Mackenzie DeJong, President- To build visibility and promote professionalism, Iowa members are being encouraged to display the NEAFCS Creed in their offices.

Member and state literacy specialist Dr. Connie Beecher will host a book club in 2024 for the affiliate. The group will read and discuss "The Power of Moments" by Chip Heath and Dan Heath.

News from Michigan!

Courtney Aldrich, President- We are excited that due to the popularity of a session presented by Michigan members at annual session, Short-form Video Content in Extension Education, our members have been asked to present an NEAFCS webinar on this topic.

We are also excited that Michigan's Bay Mills Community College was represented on the panel of 1994 Land Grants for the NEAFCS Diversity Committee webinar in November. Brainstorming is beginning for the 2025 Annual Session in Grand Rapids.

