## Check Out the First Hot Topic Exploring AI and Opportunities in Family and Consumer Sciences

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Do you need to gain an understanding of artificial intelligence? Are you using AI already that you take for granted? Do you know that AI started in the 1950s? Brock Turner and Mandy Gary, Health and Human Science Educators from Purdue Extension, presented the first hot topic on AI. They did a great job of building your understanding of AI as well as sharing AI programs or applications that they use to save time in their roles as HHS educators or as parents.



For instance, Mandy talks about using ChatGPT to do meal planning, while she is driving. She has taught it about food allergies of her family. The application gathers recipes and a grocery list in about 3 minutes. How long does your meal planning take? I know I found this amazing!

Another way ChatGPT helps Mandy is to be creative. She uses creativity for marketing programs, social media posts, and the Extension Homemaker Newsletter. She also mentioned using it to help set her goals and objectives for the year. With these applications, Mandy again discussed saving time at these tasks.

On the flip side of these benefits, Brock and Mandy cautioned about ethical considerations and hallucinations, incorrect or nonsense information, that may result from AI. Some additional cautions were about protecting your personal information and monitoring bias that AI might generate. Be sure to view the archived webinar to develop professionally on AI.

Missed the webinar? Visit neafcs.org, click the professional development tab, click webinar archives, login, and click "HOT TOPICS: Exploring AI: Opportunities in Family & Consumer Sciences."

