Living Well Month Recap and Join us for the Advocacy Committee Meeting at Annual Session

Rosie Stewart (AZ), Public Affairs Advocacy Committee Chair

March 2024 was a vibrant celebration of Living Well Month, led by the Public Affairs Advocacy Committee. This annual event showcases the incredible work of Family and Consumer Sciences (FCS) professionals in promoting health and wellness. The Advocacy Committee provided resources for NEAFCS members to promote the eight dimensions of wellness. The Living Well Month webpage saw significant engagement, with 895 clicks in March.



We would love to hear how you used the materials or any ideas for enhancing Living Well Month in 2025. Please email your feedback to me at <u>rosies@arizona.edu</u> and Tracey Saxton, Chair-elect, at <u>Tracey.Saxton@uga.edu</u>. Tracey will be stepping into the role of Chair at Annual Session. Additionally, the Committee plans to survey members at Annual Session to gather your insights on making Living Well Month even more successful.

Looking ahead, we invite all members to join the Advocacy Committee



meeting at Annual Session in Tucson, Arizona. Committee meetings are scheduled for Thursday, September 19, from 2:30 pm to 3:30 pm. This will be an opportunity to:

- Connect with fellow NEAFCS colleagues from across the nation
- Learn more about the committee's activities and programs
- Review the 2024-2025 Action Plan

If you're not currently involved in a committee, consider joining one.

It's a great first step toward active participation in your association. For more information on the Advocacy Committee, visit the <u>Public Affairs Activities &</u> <u>Programs</u> page on the NEAFCS website. We're still looking for an apprentice for the 2024-2025 term. If you're already on the committee or considering joining, this is a wonderful opportunity to take on a leadership role and familiarize yourself with the committee's focus and expectations.



Wishing you a fantastic summer, and I hope to see you at the 2024 NEAFCS Annual Session in Tucson as we continue to champion the vital work of FCS professionals and promote community well-being!

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If you have questions, concerns, or comments about public affairs, contact Christine at <u>zellers@njaes.rutgers.edu</u>