

The 2024 President Charity

Rick Griffiths (NM), NEAFCS President

June has come already; I have been reflecting on some of the major events of this year and I'd like to share some updates about them.

Last month the Executive Board held its yearly in-person meeting. This year's meeting was focused on developing a new strategic plan to guide us into the future. The Board was informed by the feedback generated from:

- ✓ The strategic plan leadership survey
- ✓ Members over the past several years at Annual Sessions
- ✓ the Extension Leadership Conference
- ✓ Multiple NEAFCS surveys



The Board worked together to update the Association's Mission, Vision, and Values and develop strategic priorities for the coming years. While the plan is still being finalized, **some of the key concepts include enhancing professional development opportunities, strengthening leadership training, and fostering connectedness and belonging.**

Speaking of the belonging, **we are celebrating our 90th anniversary**, if you have not had the opportunity I highly encourage you to visit the 90th anniversary website, neafcs.memberclicks.net/90th-anniversary. There, you will find out more about the activities the 90th Anniversary Committee has planned, including the Creed Contest, challenging each Affiliate to create a video highlighting the NEAFCS Creed and the top five videos being played at the Annual Session. As well as the 90th Anniversary Challenge that can be completed as an individual or as a group in recognition of our 90th Anniversary.

Annual Session is right around the corner, and I hope you will be able to join us "Under One Sky" in Tucson AZ this September. The Arizona Affiliate has been planning an outstanding meeting. The Welcome Event will take place under the Arizona night sky, with performers representing the native and southwest culture that make it one-of-a-kind. On in-depth sessions you'll have the opportunity to discover the Biosphere 2, learn about the history and culture of Tucson, or explore the science of kindness! The 2024 Annual Session is sure to be a memorable event, registration is open and you can get more information out at neafcs.memberclicks.net/2024-annual-session.

Finally, I'd like to thank everyone who has taken the time to read the newsletter this year, as well as those who have participated in the newsletter contest. The winner for this year's contest is Jennifer Seabrook-Scott of Delaware and as a prize she has received a complementary Annual Session registration. Have a Great Summer

-Rick



National Extension Association
of Family and Consumer Sciences

Questions, advice, or concerns to share with Rick? Contact him at rickgrif@nmsu.edu or call at 505-334-9496

What YOU Need to Know NOW in NEAFCS!

National Office Staff

- [NEAFCS Annual Session Registration](#) - Early Bird Deadline is August 1, 2024
- **SAVE THE DATE - NEAFCS Summer Member Town Hall Meeting - All about Annual Session**
July 18, 2024 @ 12:00pm EST
- **2024 Annual Business Meeting Delegates** - Deadline to verify August 1, 2024

Newsletter Word Scramble Winner!

Congrats, Jennifer Seabrook-Scott (DE), on receiving complimentary annual conference registration!

Thank you to every member who engaged in the newsletter word scramble! Each word came from a past or current board member and how they described their work in Extension



Curious about what is discussed at the monthly Executive Board meetings?

Log in to neafcs.org and click document library in the member center tab to find monthly meeting notes!

Share comments, concerns, and questions about the eNEAFCS network newsletter with NEAFCS Secretary Lisa Peterson at lap5981@illinois.edu

Join us for a June NEAFCS Webinar Highlighting Ways Extension is Helping Make MyPlate a Household Name

Dr. Caree Cotwright, Director of Nutrition Security and Health Equity, USDA

Please join me on Thursday, June 27th at 3:00 to 4:00 pm ET for a NEAFCS hosted webinar focused on highlighting ways Extension—each of you and your colleagues—are helping reach the Agriculture Secretary’s goal of making MyPlate a Household name.



During the webinar, I will provide an overview of the work USDA is doing to maximize Extension’s potential in our strategic approach to make MyPlate a household name. This includes a variety of presentations I have given this past year at national conferences including yours this coming September. In addition, I have used webinars like the [NIFA Food and Nutrition Security webinar](#) this past April where more than six teams shared their success stories, along with constructive input on ways we can do better, together. I have also conducted my first of seven regional listening sessions with my next happening at Virginia State University on June 11th. **The June NEAFCS webinar will be an opportunity for me to listen to NEAFCS members on ways you are using MyPlate, where we can help you maximize MyPlate’s existing and emerging new resources, and your big and bold ideas for how we can truly harness the potential of Extension and each of you in the work ahead to make MyPlate a household name, advance food and nutrition security, and reach the historic White House Conference goals to end hunger, improve nutrition and physical activity, and reduce diet-related diseases and disparities.**



I am looking forward to our time together virtually in June and for those who can make to Arizona in September! Until then, **follow MyPlate on [Instagram](#) or [Facebook](#), and share your MyPlate wins by posting to social media and tagging us using #whatsonmyplate.** Without question,

Extension colleagues have been doing an outstanding job at national conferences, a NIFA webinar, direct meetings, and MyPlate regional listening sessions sharing success stories, constructive input on ways we can better adapt the materials and messages for cultural, contextual, and linguistic purposes, and ideas for innovation! **Let’s keep the amplification of Extension’s role up including in our new social media mediums too!**



Leadership Inspiration for June
Jennifer Bridge (KY), NEAFCS President-Elect

Inspiration from your NEAFCS President-Elect



Jennifer Bridge (KY)

“ Great leaders are almost always great simplifiers, who can cut through argument, debate, and doubt to offer a solution everybody can understand. ”

-GEN. COLIN POWELL, FORMER U.S. SECRETARY OF STATE

Share comments, concerns, and questions with Jennifer at jennifer.bridge@uky.edu



Under One Sky: Exploring Tucson's Nighttime Wonders and Daytime Delights

Noel Wilkinson (AZ), Affiliate VP for Awards & Recognition and Conference Planning Committee A/V Committee Chair



Drawing inspiration from our theme, "Under One Sky," we've curated a selection of Tucson-area stargazing activities that promise to awe and inspire.

- **Kitt Peak National Observatory**: Perched atop the rugged peaks of the Quinlan Mountains, the observatory stands as a beacon of astronomical discovery.
- **Gates Pass**: Nestled within Tucson Mountain Park, Gates Pass offers panoramic views of the city below and an unobstructed vista of the night sky above.
- **Mount Lemmon SkyCenter**: Journey to the summit of Mount Lemmon, where visitors can embark on an immersive stargazing adventure led by expert astronomers.

While Tucson's skies offer mesmerizing stargazing opportunities, let's not forget that the city's nightlife offers a diverse array of activities to complement your adventures under one sky:

- **Fourth Avenue**: Explore the vibrant atmosphere of historic Fourth Avenue, where you'll find eclectic boutiques, lively bars, and live music venues.
- **Gaslight Theatre**: Step back in time and enjoy an evening of live entertainment with a retro twist. Experience the nostalgia of classic melodramas, musical revues, and comedy shows, complete with audience participation and sing-alongs.
- **Downtown Dining**: Indulge in a culinary adventure in downtown Tucson, where you'll find an array of restaurants, cafes, and eateries serving up delicious cuisine from around the world.

During the day, while you're engrossed in the conference sessions, consider suggesting to your families the following activities to enjoy in Tucson:

- **Reid Park Zoo**: Explore the wonders of wildlife at Reid Park Zoo, where families can encounter a diverse array of animals from around the world.
- **Children's Museum Tucson**: Ignite curiosity and creativity, featuring interactive exhibits and hands-on activities focused on science, art, and culture.
- **Arizona-Sonora Desert Museum**: Discover the beauty and diversity of the Sonoran Desert at this museum, where families can explore indoor and outdoor exhibits showcasing desert plants, animals, and ecosystems.
- **Mini-Time Machine Museum of Miniatures**: Step into a world of wonder. featuring an extensive collection of miniature houses, room boxes, and vignettes.

Visit Tucson is an informative resource for activities, food and places to explore in and around Tucson: <https://www.visittucson.org/>

★ Apply Now: Become a 2024 NEAFCS Ambassador! ★

Jessica Trussell (MO), Ambassador Committee Member

WE WANT YOU! The Ambassador Committee is looking for dependable, positive, professional, and passionate NEAFCS members to apply for the opportunity to represent your state, association, and chosen profession as a 2024 NEAFCS Ambassador at this year's Annual Session in Tucson, AZ!



What Ambassadors Do

Ambassadors are committed to providing quality brand representation to all speakers, exhibitors, and attendees during the annual session. They are willing to work at one or two events/activities per day in addition to other tasks as needed. Their responsibilities may include:

- Hosting concurrent sessions
- Serving as ignite hosts
- Assisting with special guests
- Providing support in the exhibit hall
- Offering assistance to attendees
- Serving and supporting the conference wherever needed

Ambassadors play a crucial role in ensuring the success and smooth operation of the event, leaving a positive and lasting impression on all participants.

HOW TO APPLY: To apply, go to the application portal or access the link on the NEAFCS website under Professional Development > [Ambassador Program](#).

Remember, this Ambassador appointment is for the current Annual Session only, so don't let this chance slip through your fingers. Join us in making a difference and shining bright at the NEAFCS 2024 Annual Session!

The registration deadline is July 8, 2024.

If you have questions, concerns, or comments about the ambassadors, contact Lisa Peterson, Secretary, at lap5981@illinois.edu

Top 10 Reasons to submit a NEAFCS Webinar Proposal

Misty Harmon (OH), Past-Chair, Webinar Committee



1. You're doing great work, why not share it with your colleagues?

Really, we WANT to hear about great programs across the country so we can replicate or use them in our state!

2. Provide your fellow NEAFCS members with a professional development opportunity.

Can we have TOO many opportunities to increase our professional capability?

3. Webinars are National. Peer. Reviewed. Presentations.

These look REALLY good on your dossier or vita, especially when you apply for promotion!

4. You don't have to leave your office.

Hello...business up top...leggings/PJ's/sweatpants down below!

5. You can partner with others from anywhere in the country/world.

It's FUN to develop a presentation and present it with a friend/colleague!

6. Requires no additional funding.

Let's face it, money is tight, so this is a BIG deal!

7. The national office handles all the behind-the-scenes logistics, and they promote your webinar.

You just need a reliable connection and a basic understanding of Zoom!

8. You don't have to compete with other presentations for attendees like at conferences.

Only show in town = more potential attendees!

9. You can reappropriate the webinar content for other uses!

Why not get as much bang for your buck as you can!

10. The Webinar Subcommittee wants you to submit so we have things to review!

We enjoy seeing your great work and sharing it with members, so submit a webinar proposal!

Use Ala carte prices to cut your expenses for attending 2024 NEAFCS Conference

Pat Brinkman (OH), Membership & Life Member Committee Member

Celebrating NEAFCS' 90th Anniversary should make travel to our Conference a must on your travel list. However, it can get expensive. **As Life Members we now have the option of choosing ala carte for conference offerings.** This can cut down your costs and allow you to choose what you want to attend or can attend for the days you are at the conference. Remember ala carte pricing is based on costs to the Association (*They are not making money on this.*).



Ala carte pricings for this year are:

- Monday, Opening General Session and Welcome Event - \$125
- Tuesday, Life Member Meeting - \$25
- Tuesday, Regional Business Meeting & Awards Luncheon - \$70
- Wednesday, Exhibit Lunch, Exhibit Hall, Silent Auction and Annual Business Meeting - \$75
- Thursday, Exhibit Hall - \$15
- Thursday, Reception and Awards Banquet - \$125

If you attended all the events listed above the total price would be \$435. This can save you \$90 over the conference member rate of \$525 and still allow you to enjoy most of the conference activities we all love, including our 90th celebration on Thursday evening at the banquet. This ala carte does not include concurrent sessions or other educational offerings or sessions. If you want to attend concurrent sessions or other educational offerings you will need to pay the full conference fee of \$525, if paid before August 1st

Don't forget to sign up for our Life member in-depth session on Tuesday morning, when the other in-depth sessions are. This is a Life Member-only tour of a 98-acre Desert Museum, a fusion of zoo, botanical garden, art gallery, natural history museum, and aquarium. You will need to register separately, and the cost is \$90, which includes bus transportation and the tour. All in-depth sessions cost extra.

Notice our Life Member meeting will be Tuesday afternoon. You will need to sign up for it with the cost of \$25. We will have coffee, tea and water available at the meeting. This meeting follows the Regional Lunch meetings.

With ala carte pricing, you can save some money and enjoy the conference. When you have time at the conference, don't forget to volunteer at the registration desk, silent auction, or other areas. See you in Tucson!

Read about our 2023 National Award Winners Monthly!

Learn more about the award winners and get inspired at <https://neafcs.memberclicks.net/2023-award-winners>.

OneOp MFRA - Family Well-Being: Navigating the Social Justice Landscape

Sara Croymans & Team
University of Minnesota Extension

OneOp's Military Family Readiness Academy, Family Well-Being: Navigating the Social Justice Landscape, addressed the intersections between engaging a social justice mindset and the ability to support the well-being of diverse military families.



1st Place National Winner:
Mary W. Wells Memorial Diversity



Master Clothing Volunteers in Action

Joanne Ureste-Armijo
Texas A&M Agrilife Extension Service

The program is designed to develop leadership and teaching skills using clothing and textile techniques.

Trained Master Clothing Volunteers work in their communities to assist youth, families, and community groups in learning how to buy, construct, and care for garments.

The goal of the program is to train individuals to learn how to sew and start a small business.



1st Place National Winner:
Master FCS Volunteer Program



Portia Johnson Alabama Cooperative Extension



Portia's academic and research agenda includes household financial literacy and education, post-secondary and career preparedness, and sustainable homeownership. Particularly, Portia seeks to explore household financial resource management, housing finance, sustainability policies, and higher education access and affordability. Portia aims to be a tenured professor whose work proves applicable and positively impactful for personal, family & community development and legislative policy.

1st Place National Winner:
Past Presidents' New Professional Award



Innovations in Divorce Education Classes for Extension Educators and Other Social Service Providers

Matthew Brosi & Team
Oklahoma State University Extension

This study reports on how parents attending divorce education classes vary in important ways, who may benefit most from classes, and Hope as a new intervention target to improve classes.



1st Place National Winner:
Program Excellence Through Research



Have a question about awards or previous award winners? Contact the VP of Awards and Recognition, Donna Jung, at donna.stangl@okstate.edu

What's a webinar got to do, got to do with promotion?

Misty Harmon (OH), Past-Chair, Webinar Committee

You may be wondering why the Webinar Committee is providing an article about promotion. Hopefully, this message will inspire you to submit a webinar proposal! Earlier this year in his president's message, Rick Griffiths encouraged members to submit a webinar proposal and to register for upcoming webinars or to watch recorded webinars on the website. NEAFCS webinars can increase your professional development AND YOU can help increase other members professional development by providing one.

Whether you are a seasoned Extension professional or are brand new, promotion is something you likely want to consider sooner rather than later. Each university and Extension system has its own requirements.

While some promotion pathways are similar, it is important for you to know your organization's promotion and tenure process and the requirements you must meet to achieve promotion.

Typically, you must have been in your 'rank' for a minimum of 3-6 years before you can apply for a promotion. **Expectations increase as you move up the levels, and you must demonstrate that you can meet them BEFORE being considered for promotion.** Some areas considered when applying for promotion include presentations, service, creative works, scholarly contributions, conference proceedings, funding, and awards. NEAFCS can help you meet the requirements in most of these categories.

NEAFCS Webinars are peer-reviewed national presentations. Some of you may not have the budget to travel to a national conference or you may not have a submission accepted each year. NEAFCS Webinars offer a great opportunity to help you meet your universities promotion expectations without leaving your office! You can partner with a colleague from anywhere in the country. All the behind-the-scenes logistics and promotion are handled by the national office. You develop your presentation then show up to teach! It doesn't get much easier than that! **So, what's keeping you from sharing the great work you are doing with your fellow NEAFCS members?**



Making Connections with NEAFCS

Michelle Wright (TX), Appointed VP Member Resources

When you join NEAFCS, you can connect with nearly 1800 Extension professionals across the country. Have you done that lately? Making those connections comes with many benefits.

Firstly, it provides priceless networking opportunities that will allow you to build relationships with your FCS peers. These powerful connections can lead to:

- * Collaborations
- * Job opportunities
- * A new best friend

Most importantly, being a part of this network will keep you informed about the latest research, which can enhance your professional knowledge and skills.

So, I want to encourage each of you to become more engaged by connecting with the like-minded professionals who are a part of NEAFCS.

Our relationships foster a sense of community and support, which are crucial for personal growth and motivation. **In the end, these connections can help you to stay competitive in the field as well as advancing the FCS profession.** So reach out and expand your connections today!



If you are interested, please contact Michelle at michelle.wright@ag.tamu.edu and she will connect you with someone from that subcommittee.

Western Region Networks for Program Collaborations

Dianne Christensen (NM), Western Region Director

Have you wanted to be involved in program collaborations at the regional level but had no idea how to make those connections beyond your own state? At the JCEP Extension Leadership Conference NEAFCS meeting, one idea that came from the Western Region group was to connect members via Zoom to share existing regional program work or to generate ideas on future projects. In June, NEAFCS members in the Western Region will be meeting to discuss the above ideas.



Examples of current projects are several state Extension agents collaborating with the National Association of Chronic Disease Directors to write an article for the Journal of Extension on the impacts of Walk with Ease in their states. They are also considering submitting for an NEAFCS award. The Western Region Mental Health and Nutrition Network is another example of strong collaborative efforts happening in the Western Region.

One of the many advantages of NEAFCS membership is the access to networking with colleagues regionally and nationally. Consider a networking meeting to discover and join collaborative program work for your region.

Share comments, concerns, and questions with Dianne at dianneec@nmsu.edu

Take a Dive into the Professional Development Archives

Marcia Parcell (IN), VP Professional Development

Back stories are fascinating to hear and discover. As the Vice President for Professional Development nearing the end of my second year and having just participated in strategic planning for NEAFCS, I wondered just what was in the webinar archives. I discovered that the **NEAFCS webinar archives contain**

111 webinars in 12 topic areas. Miscellaneous is the largest topic area.

Then, Health and Cooking/Food webinars hold the greatest number of webinars. The webinars date back to 2013.



As I think of webinars dating back to more than 10 years ago, we may want to assess our archived webinars. I know that as we were strategic planning, suggestions were made about potential name changes to committees or new professional development opportunities. Professional development may be archived, but it also has to be accessed by NEAFCS members for their benefit.

I encourage you to access the archived webinars, especially, if you cannot attend the 2024 Annual Session or seek professional development on topics in NEAFCS Archived Webinars.

You can also join the June webinar USDA Actions on Food and Nutrition Security: The Role of NEAFCS and its Members.

Registration for this webinar is free for members of NEAFCS. **But you must pre-register at** https://us02web.zoom.us/webinar/register/WN_5ZYaoWjQT_6Eo0jkdL0lg.

USDA will also be continuing this discussion at Annual Session, so you may want to participate or view this archived webinar before Annual Session. Take advantage of this benefit of NEAFCS!

Don't hesitate to contact Marcia Parcell, VP for Professional Development, should you have questions or need assistance with this process. Her email is mparcell@purdue.edu

Living Well Month Recap and Join us for the Advocacy Committee Meeting at Annual Session

Rosie Stewart (AZ), Public Affairs Advocacy Committee Chair

March 2024 was a vibrant celebration of Living Well Month, led by the Public Affairs Advocacy Committee. This annual event showcases the incredible work of Family and Consumer Sciences (FCS) professionals in promoting health and wellness. The Advocacy Committee provided resources for NEAFCS members to promote the eight dimensions of wellness. The Living Well Month webpage saw significant engagement, with 895 clicks in March.



We would love to hear how you used the materials or any ideas for enhancing Living Well Month in 2025. Please email your feedback to me at rosies@arizona.edu and Tracey Saxton, Chair-elect, at Tracey.Saxton@uga.edu. Tracey will be stepping into the role of Chair at Annual Session. Additionally, the Committee plans to survey members at Annual Session to gather your insights on making Living Well Month even more successful.



Looking ahead, **we invite all members to join the Advocacy Committee meeting at Annual Session in Tucson, Arizona. Committee meetings are scheduled for Thursday, September 19, from 2:30 pm to 3:30 pm.** This will be an opportunity to:



- Connect with fellow NEAFCS colleagues from across the nation
- Learn more about the committee's activities and programs
- Review the 2024-2025 Action Plan

If you're not currently involved in a committee, consider joining one.

It's a great first step toward active participation in your association. For more information on the Advocacy Committee, visit the [Public Affairs Activities & Programs](#) page on the NEAFCS website. We're still looking for an apprentice for the 2024-2025 term. If you're already on the committee or considering joining, this is a wonderful opportunity to take on a leadership role and familiarize yourself with the committee's focus and expectations.



Wishing you a fantastic summer, and I hope to see you at the 2024 NEAFCS Annual Session in Tucson as we continue to champion the vital work of FCS professionals and promote community well-being!



If you have questions, concerns, or comments about public affairs, contact Christine at zellers@njaes.rutgers.edu

Diversity is Moving: From 1906 to 2024 and Beyond

Darlene Minniefield (AL), Diversity Committee Member

Tuskegee Institute's George Washington Carver first used the Jesup wagon in 1906. It was a mobile classroom that allowed Carver to teach farmers and sharecroppers how to grow



crops like sweet potatoes, peanuts, soybeans, and pecans. This was one of the greatest contributions to Cooperative Extension, and variations of this vehicle are still used today to reach underserved audiences.



For example, in 2011, Alabama passed a state immigration law called House Bill 56. At the beginning, Alabama Extension's health and nutrition team at Alabama A&M had slow turnouts for Hispanic health and nutrition programs due to House Bill 56. Therefore, they devised a new marketing strategy to take nutrition education to them through the Nutrition Education Lab. The Nutrition Education Lab was equipped with a small kitchen that allowed the team to do on-site nutrition education and food demonstrations.

Today, **Alabama Extension still uses modern Jesup wagons to reach diverse audiences through the new and improved Mobile Nutrition Lab, the Mobile STEM Lab, and a water conservation lab called Water Wheels.**

Reference

Williams, W. (2022, November 17). *The Jesup Wagon: Rooted in history, still used today.* Business & Community.

We Invite You to Participate in This Year's Silent Auction at the NEAFCS Annual Conference

Awards and Sponsorships Support Committee

So, how can you help with the 2024 auction?

Donate:

As a State Affiliate: What is your state's claim to fame? Consider donating an item that is unique to your state? (e.g., Ohio: Chocolates from Grandpa's Cheese Barn, Mississippi: French Camp Pottery) We are asking each state affiliate to donate one item in this year's auction.

As an Individual: Do you have a special talent that you would like to share with your Extension colleagues? Do you knit, sew, do woodwork, paint, make jewelry, bake, etc.? Share your creativity with a handmade craft or donate a "one size fits all" item.

As you are thinking of what to donate, select an item, or items, that are easy for you to ship directly to the winner, or could be easily added to the winner's luggage to take home. Whether you work in a county- or state-based office, consider this an opportunity for a team project, and donate a basket or individual item for the Silent Auction. We would be thrilled to have a donation from every state!

Next Steps:

The Silent Auction will be open **live** and **in person, no online bidding this year**, during the first two days of the conference, **September 16 & 17**. Download and fill out the **[Silent Auction Donation form](#)** and submit to awards@neafcs.org by the September 1, 2024, deadline. If you are shipping your item to the winner, please make sure to take at least one picture (more are encouraged!) and send it along with the form when you email it to us. We place your picture on display at the auction. For items that you wish to bring to Arizona, you can drop off your donation at the registration desk.

Don't forget to prepare your shopping list so you can **participate as a bidder** even if you cannot donate this year! These auction items are always unique and thoughtful, and the auction will be held just in time for the fall season, those fall/winter birthdays, or even planning for December!

Thanks so very much for your support!

Voices from the Past – Present – Future

Christine Kniep (WI), Past President & Historian

On June 29th, 1933, in Milwaukee, WI, during the annual meeting of the American Home Economics Association, The National Home Demonstration Agents' Association became a reality. Present were twenty-one home demonstration agents from 13 states: Alabama, Illinois, Michigan, Minnesota, Missouri, New Hampshire, New Jersey, New York, North Dakota, Ohio, Vermont, Virginia and Wyoming.

The 90th Anniversary Committee has asked each of these 13 states to collect stories of their work and membership in NEAFCS from a retired or life member, the affiliate president, and a "new" member – the start of an ongoing narrative history of NEAFCS. Between now and our 100th Anniversary, stories will be collected from all of the affiliates. These stories will be included in our newsletter, on our website, and in our historical records.



It is with great pleasure that I share the next set of stories from the Ohio Affiliate, featuring:

* **Past-Marilyn Sach-Life Member, Retired**

* **Present-Misty Harmon-OEAFCS President 2024**

* **Future-Emma Horstman**

PAST

Marilyn Sachs was Home Economics Agent in Williams County, Ohio and a member of NEAFCS from 1991 until she retired in 2009.

Marilyn's mother, Bernice Smith, was a Home Demonstration Agent in Illinois, Hawaii, and Ohio from 1935-1951. Marilyn's daughter, Shannon Carter, has served as Family and Consumer Sciences Educator in Fairfield County, Ohio from 1998-2005, and again 2012 through the present.

A favorite memory of NEAFCS for Marilyn was presenting at Annual Meeting with her daughter. Marilyn and Shannon shared their unique story of 85 years of FCS Extension through three generations of educators in their family, from 1935-2020. They explored generational norms that influenced their decisions in balancing work and family and ways Extension helped audiences become resilient in the face of change.

For Bernice, Marilyn and Shannon, FCS as a career exemplifies the best of both worlds at home and at work. The name has changed over the years – home economics, applied human ecology, family and consumer sciences but the mission has stayed the same: to research and teach better practices for better living.

The job provides daily opportunities to apply what we learn on the job at home, and to apply what we learn at home on the job. Even in retirement, Marilyn is challenged to put into practice what she learned over the span of her career for a better living experience at home and in her community. **Our advice to new and current professionals - Practice what you teach and enjoy the journey!**



PRESENT



Present



My name is Misty Harmon. For almost 8 years I have worked for Ohio State University Extension as the Family and Consumer Sciences Educator in Perry County (SE Region). I was just promoted to Assistant Professor in January. I provide FCS related programming in Perry County and across Ohio through statewide team efforts and/or collaborations with other educators.

My programming focuses on health and wellness. As a Mental Health First Aid Instructor, YMHFA Instructor, and teen MHFA Instructor, I provide programming about mental health and recognizing someone may be experiencing challenges. Other programming focuses on physical health, disease prevention, parenting, and food safety.

I have been a member of NEAFCS for 7.5 years. **When I started with Extension, I had two great mentors who encouraged me to join NEAFCS and to get involved with a committee.**

They reassured me I could switch committees if I decided one wasn't for me. My mentors reinforced the importance of being involved in professional organizations and service to those organizations. I am grateful to have had their encouragement and support early in my Extension career.

One memory I have is when five Ohio educators were attending their first annual session in San Antonio. I remember feeling nervous and honored to be presenting to my peers from across the nation at my first national conference. It seems so long ago now.

My wish for NEAFCS is continued membership growth, increased recognition by others, and timely adaptation to the everchanging needs of the people we serve.

FUTURE

My name is Emma Horstman and I have been employed with The Ohio State University for six months as the Family and Consumer Science Extension Educator in Paulding County (NW Ohio). After a month in this position, I became a member of NEAFCS and traveled to Providence, Rhode Island for my first national conference. I joined NEAFCS and decided to attend a national conference so early to step out of my comfort zone and to hopefully spark some new interests.

This is my first job outside of school. I was blessed to have many opportunities so soon after graduating. I made countless memories in Providence. **My favorite memory from that week was the New Member Luncheon.** I attended by myself and sat at a table in the front of the ballroom. When I sat down, I met two nice ladies, Chris and Donna. I thought they were also attending their first conference, but I was wrong. Chris and Donna are life members! I received great advice and such kind words. Chris and Donna spoke to the entire room encouraging us to be "All In" as new members. I think of them often and cannot wait to meet with them again this year in Tucson.

Upon leaving the conference, I was inspired and have been using an add-on curriculum I learned in programming and activities! **My wish for this organization** is to continue their outstanding support of past, present, and future members, and for every NEAFCS member to be "All In."



Future



How's your checklist going for 90 ways to celebrate the 90th anniversary?

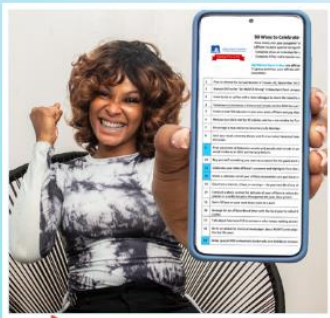


National Extension Association
of Family & Consumer Sciences

Celebrating 90 Years in 2024

CELEBRATE OUR 90TH ANNIVERSARY FROM HOME

PARTICIPATE IN EITHER OR BOTH OF THESE, AND YOU COULD BE RECOGNIZED AT THE 2024 ANNUAL SESSION.



COMPLETE 90 WAYS TO CELEBRATE OUR 90TH



SPECIAL
RECOGNITION
FOR
COMPLETING
15 GROUP
ACTIVITIES



SUBMIT 90TH ANNIVERSARY VIDEO

SEE DETAILS AT

[NEAFCS.MEMBERCLICKS.NET/90TH-ANNIVERSARY](https://neafcs.memberclicks.net/90th-anniversary)



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