

Let's celebrate...it's Living Well Month!

Rosie Stewart (AZ), Public Affairs Advocacy Committee Chair

It's March which means it's Living Well Month. Check out the resources available to you on the Living Well Month webpage on the NEAFCS website under the Public Affairs tab. The Public Affairs Advocacy Committee has tried to make sharing the work of Family and Consumer Sciences (FCS) easy.



Post the colorful Living Well Month calendar on your social media to help your community live well. Use the weekly calendar to post ideas about living well each week.



Videos on each of the eight dimensions of wellness are available for NEAFCS members to use. Add the Living Well Month logo to your email signature to let people know about our profession and Living Well Month.



Find the materials that work best for you at

<https://neafcs.memberclicks.net/living-well-month-campaign>, and share how you're using them on the NEAFCS social media page!



If you have questions, concerns, or comments about public affairs, contact Christine at zellars@njaes.rutgers.edu