

## **National Extension Association** of Family & Consumer Sciences

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November 2015

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### Important Dates

Annual Session Recap Webinar •

Dining In • Dec 3

Affiliate Presidents Webinar • Dec 15

Making A Winning Proposal Webinar Dec 17

JCEP Leadership Conference • Feb

Public Issues Leadership Conference · April 10-13

NEAFCS 2016 Annual Session • Sept 12-15 Big Sky, MT

NEAFCS 2017 Annual Session • Oct 15-19 Omaha, NE

NEAFCS 2018 Annual Session • Sept 24-27 San Antonio TX

## President's Message

Debby Mathews (AL), NEAFCS President

What a privilege it was to begin my year as president at The Greenbrier! Annual Session 2015 is just a memory now, and our 650 plus attendees are already back home drawing on all they learned and experienced. We applaud the West Virginia Affiliate for a job well-done. From opening session to the awards banquet, we enjoyed smoothly run events and satisfying meals.



A special thank you to our West Virginia liaisons, Hannah Fincham and Ami Cook, for leading this effort. Speaking of effort, Ami Cook gracefully hung in there with us through the week although she was full term in her pregnancy. Early Sunday morning she safely delivered Emmitt Ryder Cook who weighed 10 pounds one ounce and was 21 inches long. Ami, we are all impressed!

Another impressive number is that of the concurrent session proposals for the JCEP Leadership conference. As of November 9 there were 45 total submissions. Only twenty can be accepted, so if you make the cut for that you should feel proud! The other JCEP Conference, PILD, has fifteen proposals so far. JCEP Associations work together to strengthen our members and advocate for Extension work in all its aspects. By submitting proposals you help tell the NEAFCS "story" too.

Best wishes to all of you as you engage in your work to help families live well! Keep reading the eNEAFCS and look for the hidden engaged gear symbol in each issue. Each month the first person to let me know you found it by emailing me at matheen@aces.edu will be entered into a drawing for a free registration to Annual Session 2016.

Sincerely,

Debby

Look for this gear in every eNEAFCS issue!

### Site Search

Search our Articles...

Search

### **Upcoming Events**

2016 PILD Conference Concurrent Session RFP Deadline • Nov 17

NEAFCS 2016 Annual Session • Sept 12-15

Big Sky, MT

NEAFCS 2017 Annual Session • Oct 16-19

Omaha, NE

NEAFCS 2018 Annual Session • Sept 24-27

San Antonio, TX

View All Events...



winners!

### Follow Tweets **NEAFCS** 5 Nov @Tweet\_NEAFCS Way to go NEAFCS award



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# National Extension Association of Family & Consumer Science

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## 2016 PILD Conference to Explore Extension's Innovative Side

Theresa Mayhew, (NY), President-Elect and Glenda Hyde (OR), Vice President for Public Affairs



The Public Issues Leadership
Development (PILD) conference is an
excellent venue to learn how to advocate,
educate and communicate about the
Cooperative Extension system and the
Family & Consumer Sciences profession.
Set just outside our nation's capital in
Arlington, VA, this Joint Council of
Extension Professionals conference
takes place April 10-13, 2016 at the

elegant Hyatt Regency Crystal City, which is just minutes away from the Ronald Reagan Washington National Airport. Designed for Extension professionals and volunteers from across the land-grant system, this annual conference prepares participants to engage in public policy discussions as they apply to the legislative process. The conference culminates with the opportunity to meet with their congressional representatives to discuss Extension impacts and issues. PILD updates will be provided via this newsletter, e-blasts and the NEAFCS websites and you can also visit <a href="https://www.jcep.org">www.jcep.org</a> to learn more. Applications for 20 PILD First Timer Scholarships will open soon so stay tuned and stay connected!

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# Membership Renewal - December 31 Deadline Nancy Stehulak (OH), Treasurer



The time is approaching for 2016 membership renewal. You should be receiving details from your state affiliate treasurer identifying your state deadline and specific instructions. Each member is asked to send a copy of your member renewal form and dues payment to your

state treasurer or other designated officer. Below are the steps to ensure renewal.

- 1. Log in with your member username and password.
- Under the "Member Resources" tab, click "Dues Renewal."
- Update your profile information in the online renewal form.
- 4. Print the Confirmation Page that comes up after you click submit.
- Send the printed page to your Affiliate Officer, along with your \$100 check for your 2016 dues. Note that state and/or district dues may also apply.

If you encounter any problems or have trouble with the process, please do not hesitate to contact me at <a href="mailto:stehulak.1@osu.edu">stehulak.1@osu.edu</a>.

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# Support Dining in for Healthy Families - December 3 Daryl Minch (NJ), Eastern Region Director



NEAFCS joins with the American Association of Family and Consumer Sciences in promoting *Dining In for Healthy Families* on December 3. You will find NEAFCS materials in the NEAFCS.org Member Center under Documents. There is a project

overview with tips, news release, proclamation, and 2 posters. Take the pledge to eat together, and encourage your clientele to do the same at <a href="http://www.aafcs.org/FCSday/commitment.html">http://www.aafcs.org/FCSday/commitment.html</a>. You will also find more resources on the site, including links to Face Book and Twitter.

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# Friend of NEAFCS Award Peggy Ehlers (IN), Past-President



The Friend of NEAFCS Award was initiated in 2005, the annual *Friend of Extension Award* is the highest honor bestowed by the Association in recognition of an individual who has made significant contributions to The Extension Family and Consumer Science education program. This year at the 2015 NEAFCS session Bill Viar of American Income Life, was selected as the 2015

Friend of NEAFCS. Thank you, Bill for your support.

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### **Upcoming Webinars**

Julie Cascio (AK), Webinar Subcommittee Member

Upcoming Professional Development Webinars to add to your calendar:

You Can! Write a Winning NEAFCS Proposal Submission December 17 at 2 pm EST

Practical Guidelines for Presenting a Webinar for NEAFCS
January 26, 2016 at 2 pm EST

### Webinar Subcommittee Report

Ten professional development webinars were held this past year. Subcommittee members served as host/moderator for each webinar. The webinar software being used has a capacity of 100 attendees. Guidelines for moderators were updated this year. An online (SurveyMonkey) evaluation survey was developed and implemented beginning in July 2015. A link to the survey is included in the follow-up email to webinar attendees. Survey response summaries have been shared with presenters.

Members are invited to contact the chair, Gisele Jefferson (CO), gisele.jefferson@colostate.edu with proposals to present a webinar.

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### Happy Thanksgiving and Celebrate Diversity! Diana Romano (OK), Diversity Sub-Committee



I agree totally with the National Education Association, which believes a diverse society enriches all individuals. Similarities and differences among race, ethnicity, color, national origin, language, geographic location, religion, gender, sexual orientation, gender identification, age, physical ability, size, occupation, and marital, parental or economic status form the fabric of a society.

Most of us think of Diversity as culture, race or ethnicity, but it is much more than that. As I was researching information to write this article, I learned that October and November encompass many holidays and celebrations regarding diversity.

Here are some of them:

- Italian American Heritage Month: Recognizes the achievements and contributions made to American culture by persons of Italian heritage.
- LGBT History Month: Brings awareness to the problems and the achievements of lesbian, gay, bisexual, or transgender people.
- German American Day: Oct 6<sup>th</sup> commemorates the 1683 arrival of 13 German families on board a sailing vessel
- Columbus Day: Oct 12<sup>th</sup> or 2<sup>nd</sup> Monday honors all explorers and commemorates Columbus' sighting of the New World in 1492.
- Muharram (Islamic New Year): October
   13-November 12. The Islamic year begins on the first day of Muharram, and is counted from the year of the Hegira, when Muhammad emigrated from Mecca to Medina
- World Food Day: October 16, Increase awareness, understanding, and informed year-round action to alleviate hunger, malnutrition, and poverty.
- United Nations Day: October 24, 1945, representatives of fifty nations gathered to finish the Charter of the United Nations.
- Statue of Liberty Dedication: October 28, 1886. This universal symbol of freedom and democracy was a gift of friendship from the people of France to the people of the United States.
- National Organization for Women: Founded in 1966, to take action to bring equality for all women.
- Multicultural Diversity: Celebrates the diverse cultures that contribute to America's heritage. Now days we have more opportunities to learn about different backgrounds, countries, experiences, languages, and cultures. In order to increase your knowledge of diversity you can do some of these: learn a new language, browse the internet, talk with a friend, coworker or neighbor, take folk dance classes or search for videos online, read a book about it, visit local ethnic markets and restaurants, listen to music from different countries, cook recipes from different countries. There are many things we can do at home and at the workplace to increase awareness of diversity.
- Thanksgiving: The arrival of the Pilgrims and Puritans brought new Thanksgiving traditions to the American scene. Today's national Thanksgiving celebration is a blend of two traditions: the New England custom of rejoicing after a successful harvest, based on ancient English harvest festivals; and the Puritan Thanksgiving, a solemn religious observance combining prayer and feasting. I hope all of you have a happy thanksgiving surrounded by friends and family and giving thanks for everything in

your life! To read more about the history of this important tradition visit <a href="www.si.edu/encyclopedia">www.si.edu/encyclopedia</a>

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