

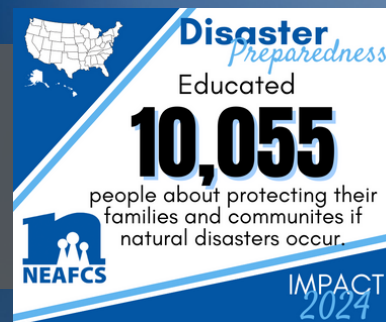


National Extension Association of Family & Consumer Sciences

National Extension Association of Family and Consumer Sciences professionals provide families with evidence and science-based programs enabling them to improve their family's well-being in health, financial management, food and nutrition, food safety, healthy homes and environments, family life and technology, improving daily lives and creating vibrant communities in which they live.

Natural disasters have life changing impacts on families. Extension FCS provides timely information on preparing for a disaster and providing information related to food safety and disinfecting following a disaster.

View the full report at <https://bit.ly/3vxu2Eg>.

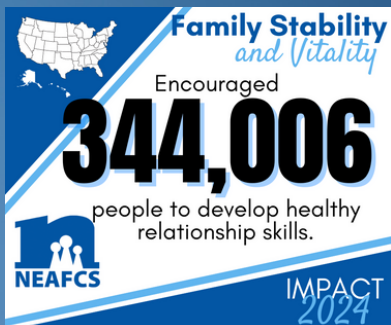
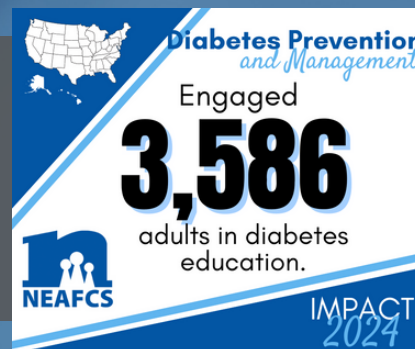


Extension FCS **community health and wellness** programs continue to positively impact communities through educational programs that encourage healthy lifestyles such as eating a nutrient dense diet, participating in regular physical activity, healthy aging, stress reduction and much more.

View the full report at <https://bit.ly/3PEH1dY>.

Diabetes is a common, serious, and expensive disease in the US with an estimated 29 million people diagnosed by health professionals. In many communities, Extension FCS is the trusted local source for nutrition information on how to live with the disease.

View the full report at <https://bit.ly/43z5JSR>.

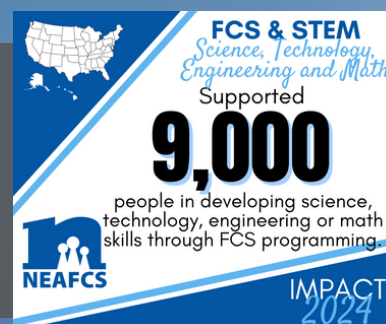


Family stability and vitality is an important part of our Extension Family and Consumer Sciences mission. FCS professionals are a community resource for family resiliency.

View the full report at <https://bit.ly/3vxxWau>.

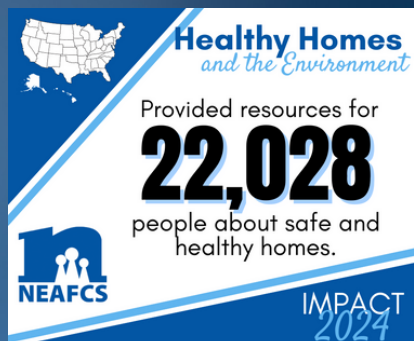
Extension Family and Consumer Sciences and **STEM (Science, Technology, Engineering, and Math)** programs provide research-based to encourage practical learning in the STEM fields that are practical for everyday application and supportive career-related resources for both youth and adults.

View the full report at <https://bit.ly/4aaoZZu>.



Extension FCS has a long history of helping consumers learn to better manage **resources and money** to improve their quality of life.

View the full report at <https://bit.ly/43Avp1w>.

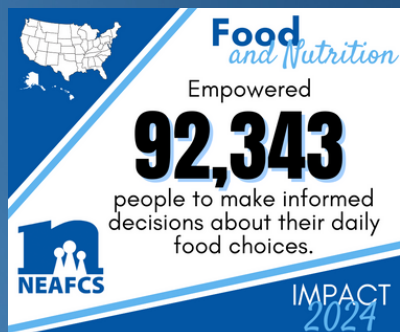
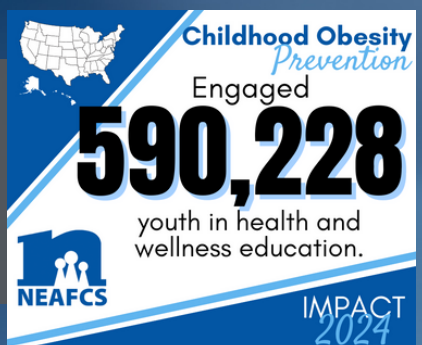


Living in a **safe, healthy home and environment** improves overall health and quality of life. Extension FCS programs and direct contact help consumers recognize and address mold, radon and indoor air quality as well as prepare for emergencies.

View the full report at <https://bit.ly/3VBFo4I>.

Childhood obesity for youth, ages 2-19, continues to be a national epidemic. Extension FCS programs and policy, systems and environmental changes are helping parents, children, and families prevent chronic childhood obesity with cooking classes, encouraging more fruit and vegetable consumption and promotion of physical activity.

View the full report at <https://bit.ly/4czCBYU>.



Access to **food and good eating habits** have a direct impact on health and nutrition. For many communities Extension FCS is the only source for nutrition education and how to prepare food at home to support better health outcomes and food security.

View the full report at <https://bit.ly/3TAMVhA>.

Home gardening and buying food locally has increased and with it the request for accurate information on **preserving and processing food**. Extension FCS is the source for accurate information by answers to questions, providing hands on classes and testing pressure canner equipment for accuracy and safety.

View the full report at <https://bit.ly/3ISkOpb>.



Learn more about the impacts we make on communities by accessing our website at www.neafcs.org/impact-statements

Get to know your local Extension Family and Consumer Sciences professionals. Find us at your local extension office, on campus at our land grant universities or out in the community helping to make living easier.

For more information contact **Christine Zellers, NEAFCS Vice President Public Affairs** at zellers@njaes.rutgers.edu.